

# JOAN UDEJIOFOR MSN, CRNP, FNP-C

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## NURSE PRACTITIONER

Compassionate and versatile medical professional delivering exemplary patient care and education. Demonstrate professionalism in all patient interactions, diagnostics and case management. Maintain a high productivity level with heavy workloads. Successfully manage time and prioritize tasks. Deliver expertise in caring for patients of all ages. Work closely with patients and families to evaluate needs and create a comprehensive roadmap. Coordinate medications, perform research, monitor and track patient conditions/progress, and analyze data. Work in conjunction with patients and physicians to ensure appropriate care plan delivery. Ensure clear communication to achieve comprehension by a diverse population.

### Areas of Excellence

Patient Assessment/Care • Physicals • Disability Physicals • DOT Physicals • Acute Care Issues • EKG. Chronic Care • Geriatric Care • Pediatrics • Test Scheduling Consultation • Patient Education • Pap Smears/Screening • Primary Care • Family Medicine • Wound Care • Med/Surg Orthopedics • IV Therapy • Joint Injection and Aspiration • Nail Avulsions (full and partial) with Ablation and Trephination • Carpal Tunnel Injections • I&D • Trigger Point Assessment and Injections • Destruction Methods (cryo, cautery, shave, punch) Anesthetics- Local Block • Digital Block • Field Block • Suturing  
Pain Management • Charting • Team Collaboration • Leadership/Training • Communication

## EDUCATION AND PROFESSIONAL DEVELOPMENT

**FAMILY NURSE PRACTITIONER**, Chamberlain College of Nursing, IL  
**BACHELOR OF SCIENCE - NURSING**, Frostburg State University, Frostburg, MD  
**ASSOCIATE OF SCIENCE - NURSING**, Howard Community College, Columbia, MD  
*Nursing Student Association*

**CERTIFICATIONS AND LICENSES:** Certified Registered Nurse Practitioner-Maryland, Registered Nurse - State of Maryland; CDS-Maryland, DEA-Maryland; Certified Registered Nurse Practitioner -Washington D.C, Registered Nurse- Washington D.C, Licenses Nurse Practitioner -Virginia, Registered Nurse-Virginia, BLS, ACLS, Wound care Certification (WCC)

**TECHNOLOGY:** Epic, MS Office, Meditech, Cerner, Practice Fusion Health,

## PROFESSIONAL WORK HISTORY

CVS Minute Clinic  
Nurse Practitioner

May 2020 to Present

Serve an average of 20-25 patients per day in practice

- Assessment, diagnosis and treatment of variety of acute medical conditions
- Preventative care including immunizations, travel health, counselling, physicals and health screenings.
- Educate patients on treatment options, medical needs and non-medical options for treatments and therapy.
- EMR, chart and lab order review, signage and closure.
- Follow state specific regulations and policies.

Family Care NP LLC  
Nurse Practitioner

Dec 2019 to July 2020

Serve an average of 8 to 10 patients per day in the practice with 1 more Nurse Practitioner seeing up to 15 patients on a daily basis.

- Direct the tasks and performance of 3 clinical assistants per day.
- Administer immunizations according to CDC guidelines and preventive care.
- Provide Health assessment, suture removal, patient assessment, basic diagnostics, weight management and Aesthetics, while accurately charting and communicating.
- Review new patients by taking vital signs, diagnosing lab results / x-rays and taking visual assessment of patients to identify priority of care.
- Formulate treatment strategies, and plan in collaboration with supervising Nurse Practitioner.
- Educate patients on treatment options, medical needs and non-medical options for treatments and therapy.

*Best Care Home Health*  
2020

*December 2019 to April*

*Nurse Practitioner*

Providing primary care to patients in their homes.

- Perform physical exams and patient observation
- Record patient medical histories and symptoms
- Order, administer and analyze diagnostic tests
- Monitor and operate medical equipment
- Train patients and families on managing illness and disease prevention

*Kaiser Permanente*

*September 2014 to April 2020*

**REGISTERED NURSE**

Deliver optimal patient care in the podiatry department that sees over 400 patients weekly. Coordinated patients in the first podimetric study conducted by Kaiser Permanente

- Promoted team nursing as unit coordinator managing a total of 6 doctors and 4 medical technicians
- Management of diabetic foot ulcers with wound care, dressing changes and triaging postop complications
- Management of peripheral lines, IV antibiotic administration
- Diabetes teaching and patient education
- Responding to life threatening emergency situations using BLS protocols and algorithms
- Engage in accurate charting using Epic system
- Functioned under direct supervision of Clinical Operations Manager (COM)

*Patient First Bowie*

*August 2016 to December 2018*

**REGISTERED NURSE (Part Time)**

Expertly triage walk-in patients with varying health issues based on their acuity. Serving an average of 50-60 patients per day in the practice.

- Liaised between patients and physicians to ensure patient compliance.
- Instructed patients and family members on proper discharge care.
- Ensured HIPPA compliance.
- Trained new staff on quality control procedures.
- Adhered to infection control polices
- Multitasking and prioritizing responsibilities based on patient's condition
- Perform CPR, cardiac monitoring, implement stroke protocol, admit and discharge patient
- Strong clinical leadership, acted as charge nurse

*Kaiser Permanente*

*October 2013 to September 2014*

**REGISTERED NURSE**

Expertly triage walk-in patients with varying health issues serving an average of 50-60 patients per day in the practice.

- Provide care to patients of all ages from infant to elderly, including psychiatric patients.
- Administer immunizations according to CDC guidelines.
- Implement care within nursing guidelines including lab draws, medication administration, breathing treatment's, NG tubes and cardiac monitoring.
- Assessment and re-assessment of patients and communication of change in condition with team members.
- Close monitoring of acute patients and coordination of recovery care of patients post sedation, CHF management while accurately charting and communicating with team members.
- Liaised between patients and physicians to ensure patient comprehension of treatment plans.
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Howard County General Hospital (Johns Hopkins Medicine), Columbia, MD

May 2009 to October 2013

**REGISTERED NURSE**

Delivered patient care on the Telemetry Unit to oversee acutely ill and pre/post-surgical patients. Performed patient assessments and education, and worked in collaboration with the interdisciplinary team to deliver holistic care.

- Assumed responsibility and accountability for delivery of all patient care which involves identifying and interpreting life threatening arrhythmias and initiating protocols used in treating patients
- Implemented advanced critical analysis and nursing skills in the assessment, planning, diagnostics and evaluation of nursing care for individual patients on the 30-bed unit while overseeing the performance of two CNAs per shift.
- Provided IV therapy, accessing/de-accessing of mediport, blood administration, wound care, phlebotomy, medication administration, admission procedures and discharge processes.
- Accurately documented observations, identifying trends and critical findings, and effectively communicated with the care team to ensure optimal decision-making.
- Served as a preceptor to new staff and charge nurse, assisting in the comprehension of expectations and standards of care.
- Completed accurate charting in the Epic system.
- Joined the Diabetes Committee in 2015 and continue service.
- Delegated patient care assignments to CNAs and LPNs. Coordinated rehabilitation care and provided discharge education.

Encore Turf Valley Nursing Home (Lorien Health Systems), Columbia Maryland

(May 2012- June 2015)

**REGISTERED NURSE**

Responsibility includes assessing residents' condition and contacting NP/Physician as needed

- maintained awareness of comfort and safety needs for 10-12 patients
- Monitored total knee or hip replacement surgery patients, as well as debilitated patients
- Involved in ongoing teaching with the patient and their families regarding home care and additional therapy on an outpatient basis or home health
- Initiated and maintained IV access, foley catheters, nasogastric tubes, administered blood, and assisted with prn medications
- Acted as a preceptor for new and upcoming nurses, Certified Nursing Assistants, and all types of therapists including education on new procedures and equipment, wound care, and keeping skills up to date and proficient

**EARLY CAREER HISTORY**

**Certified Nursing Assistant (CNA)**, Morningside House of Friendship, Hanover, MD (2007-2009)

**FAMILY NURSE PRACTITIONER CLINICAL ROTATIONS**

Healthy Choice Family Clinic and Urgent Care  
8700 central Avenue, #302A, Landover, MD 20785  
Green Belt Pediatrics  
7313 Hanover Pkway #B, Greenbelt, MD 20770

*"Joan will be an outstanding Nurse practitioner. She has excellent interpersonal skills, and readily establishes rapport with a diverse patient population. Her clinical skills are impressive, and she would be an asset to any primary care practice."*

*-Supervisor Comments*