

# ANNA-MARIA ALVARES, MS, APRN, FNP-C

## NURSE PRACTITIONER



West Hartford, CT



860.874.1438



AnnaMaria.Alvares@gmail.com

### EDUCATION

MASTER OF SCIENCE: NURSING  
University of Connecticut;  
May 2023

BACHELOR OF SCIENCE:  
NURSING  
University of Connecticut  
2013

POST-BACCALAUREATE  
CERTIFICATE IN NURSING  
University of Connecticut  
2009

BACHELOR OF SCIENCE:  
BIOLOGICAL SCIENCES  
University of Connecticut  
2005

### LICENSURE & CERTIFICATIONS

Advanced Practice Registered  
Nurse (APRN)  
State of Connecticut  
Licensed September 2023  
License #12314

RN  
Registered Nurse, CT  
License #92271  
Expires September 2024

### OBJECTIVE

To obtain a position as a Family Nurse Practitioner in a community health setting, utilizing my 12+ years of medical-surgical nursing experience on the corrections unit at UConn Health to provide compassionate and high-quality healthcare.

### PERSONAL STATEMENT

As a newly certified Family Nurse Practitioner backed by over 12 years of service as a Registered Nurse in UConn Health's prison unit, I am dedicated to delivering empathetic, evidence-based care within community health and correctional settings. My approach prioritizes safety, respect for human dignity, and maintaining professionalism in challenging environments. Leveraging my extensive medical-surgical background and personal values, I am prepared to contribute effectively as a dedicated member of any healthcare team.

### CLINICAL PRACTICUM EXPERIENCE

#### APN PRACTICUM III; January 2023-May 2023

Walker Correctional Institution; Suffield, CT  
Cybulski Correctional Institution; Enfield, CT

- Provided evidence-based comprehensive primary care to incarcerated population
- Performed focused patient histories, assessments, and interventions for acute sick call visits
- Chronic disease management for a wide range of conditions including asthma, COPD, diabetes mellitus, CKD, hypertension, and hyperlipidemia with referrals to specialists as appropriate
- Developed evidence-based plans of care including medication management and follow-up care

#### APN PRACTICUM II; September 2022-December 2022

Carl Robinson Correctional Institution; Enfield, CT

- Provided evidence-based comprehensive primary care to incarcerated population
- Chronic disease management for a wide range of conditions including asthma, COPD, diabetes mellitus, CKD, hypertension, and hyperlipidemia with referrals to specialists as appropriate
- Developed evidence-based plans of care including medication management and follow-up care

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### DEA REGISTRATION

Controlled Substance  
Registration Certificate  
MA8393922  
Expires June 2026

### BLS

Basic Life Support  
Expires August 2025

### ONS/ONCC Chemotherapy Immunotherapy Certificate

ID# 474417  
Expires February 2025

### PROFESSIONAL MEMBERSHIPS

#### AANP

Since 2023

### SPECIAL EXPERIENCE

- Corrections population
- Chemotherapy and immunotherapy administration
- Oncology care
- Phlebotomy
- Epic electronic health record

### Hartford Healthcare Medical Group; Windsor, CT

- Provided evidence-based comprehensive primary care management across the lifespan including the pediatric population
- Chronic disease management for a wide range of conditions including asthma, COPD, diabetes mellitus, CKD, hypertension, and hyperlipidemia with referrals to specialists as appropriate
- Provided women's health including pelvic and breast exams
- Performed focused patient histories, assessments, and interventions for scheduled acute/episodic visits
- Developed evidence-based plans of care including medication management and follow-up care

### APN PRACTICUM I ; January 2022-May 2022

#### UConn Health Primary Care; Simsbury, CT

- Provided evidence-based comprehensive primary care management for a wide range of patients
- Chronic disease management for a wide range of conditions including asthma, COPD, diabetes mellitus, CKD, hypertension, and hyperlipidemia with referrals to specialists as appropriate
- Provided women's health including pelvic and breast exams
- Performed focused patient histories, assessments, and interventions for scheduled acute/episodic visits
- Developed evidence-based plans of care including medication management and follow-up care

#### School-Based Health Clinic at New Britain High School

- Provided evidence-based comprehensive primary care management for an adolescent population ages 13 to 18
- Provided contraception counseling and STI screening and treatment
- Performed focused patient histories, assessments, and interventions for scheduled acute/episodic visits
- Developed evidence-based plans of care including medication management and follow-up care

### CLINICAL EXPERIENCE

#### REGISTERED NURSE, CORRECTIONAL UNIT, MED-SURG 5

UConn Health/JDH; Farmington, CT; July 2010-Present (currently per diem)

- Care for a diverse medical-surgical incarcerated population with conditions and medical issues including: sickle cell anemia, dialysis, HIV/AIDS, neurological disorders, gyn-oncology, oncology, behavioral/psychiatric care, traumatic brain injury, diabetes, various gastrointestinal diseases and disorders, COPD,

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infectious diseases, orthopedic surgical patients, various pre- and post-operative surgical patients, alcohol withdrawal, post-partum, CMO/palliative care

- Unique experience working on a unit which has dual inpatient and outpatient-clinic sides and experience working in both settings
- Chemotherapy certified and experienced with the administration of various chemotherapy regimens; nursing care of patients with a variety of oncological and hematological disorders
- Utilize skills including IV drug administration, phlebotomy, IV insertion, port access, blood transfusion, colostomy care, various wound dressing changes, urinary catheterization, tracheostomy care, chest tube management, nasogastric tube management, central line blood draws and dressing changes, exchange-transfusion for treatment of sickle cell anemia
- Work alongside and collaborated with a multidisciplinary team including physical therapy, occupational therapy, social work, dietary, medical and surgical teams, Department of Correction

### REGISTERED NURSE, POSTPARTUM UNIT, PER DIEM

Hartford Hospital; Hartford, CT; (December 2014-March 2017)

- Cared for a diverse population of postpartum and cesarean section patients and their newborns including all related nursing care and monitoring, medication administration and teaching, emergency management
- Cared for and performed all related protocols involving 35 and 36 week newborns as well as SGA; LGA; babies born to diabetic, GBS positive mothers and women with chorioamnionitis; early term and full-term newborns
- Performed vital signs, glucose monitoring, hyperbilirubinemia monitoring, oxygen saturation monitoring, care of newborn in an isolette, Finnegan's scoring for narcotic withdrawal, monitoring of babies born to GBS positive mothers as well as babies with suspected infection, circumcision nursing care and related teaching
- Performed teaching regarding lactation and breastfeeding and experience regarding unique problems and concerns in this area

### REGISTERED NURSE, LONG-TERM CARE AND REHAB, PER DIEM

Hughes Health and Rehab; West Hartford, CT; November 2013-December 2014

- Cared for residents in a long-term health setting as well as sub-acute rehabilitation patients
- Experience working with an elderly population with a variety of acute and chronic conditions as well as mental health and dementia-related challenges

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### PROFESSIONAL REFERENCES

LINDA OESER, M.S., APRN, FNP-BC  
Nurse Practitioner  
Department of Corrections, Robinson C.I., Enfield, CT  
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SARAH SCHAUER, M.S., APRN, FNP-C  
Nurse Practitioner  
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VANESSA BOLLING, DNP, APRN, FNP-BC  
Nurse Practitioner, Adjunct Faculty  
University of Connecticut, Storrs, CT  
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MEREDITH BERTRAND, M.S., AGPCNP-BC  
Nurse Practitioner  
UMG Internal Medicine, Simsbury, CT  
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