

# MARY CATHERINE PLYMEL

FAMILY NURSE PRACTITIONER STUDENT, REGISTERED NURSE

## CONTACT

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## OBJECTIVE

Hard-working and compassionate Registered Nurse and soon to be Family Nurse Practitioner with experience providing comprehensive care to patients in various environments. Works well with a diverse patient population and cultivates trusting patient relationships to deliver high quality patient care. Excellent time management and communication skills. Always maintains a positive attitude and places a high value on teamwork.

## EDUCATION

### MASTER OF SCIENCE IN NURSING

Valdosta State University  
Expected Graduation - July 2022

### BACHELOR OF SCIENCE IN NURSING

Valdosta State University  
2018

### BACHELOR OF SCIENCE IN PSYCHOLOGY

Valdosta State University  
2016

## LICENSES AND CERTIFICATIONS

- Registered Nurse: eNLC - License # RN281174 - expires Jan. 2023
- Registered Nurse: CA - License # 95198574 - expires Oct. 2022
- BLS: 165508515743 - expires Dec. 2022

## WORK EXPERIENCE

### REGISTERED NURSE

COLQUITT REGIONAL MEDICAL CENTER / 2018-2019, 2020 - PRESENT

- Med-Surg and PCU registered nurse
- Manage up to 7 patients each shift
- Nursing acquired skills including intravenous therapy, wound care, Foley catheter initiation and management, PICC care, telemetry monitoring, and more
- Complete assessments and administer medications to patients in a safe and effective manner
- Communicate patient needs to physicians and other staff as appropriate

### REGISTERED NURSE

TURNING POINT HOSPITAL / 2021 - PRESENT

- Detox/ rehab and mental health registered nurse
- Manage up to 22 patients each shift
- Complete assessments on each patient as well as administer medications as appropriate according to physician order
- Communicate patient needs to physicians and other staff as appropriate

### REGISTERED NURSE

DIGNITY HEALTH- ST. MARY MEDICAL CENTER / 2018 - 2020

- Med-Surg and Telemetry registered nurse
- Managed up to 5 patients each shift
- Nursing acquired skills including intravenous therapy, wound care,

## SKILLS

- Experience with computer programs such as: Eclinical , Epic Mckesson, Meditech, Merge, and Soarian
- Patient assessments
- Patient and family education
- Time management
- Patient and family advocacy
- Teamwork

Foley catheter initiation and management, PICC care, telemetry monitoring, and more

- Completed assessments and administered medications to patients in a safe and effective manner
- Communicated the patient's needs to physicians and other staff as appropriate

## TRIAGE AND BILLING

PHYSICIAN'S INSTITUTE FOR PAIN MANAGEMENT / 2015 -2018

- Assisted patients with their appointments and answered any questions or concerns
- Recorded and reported vital signs of approximately 40 patients each day
- Assisted with billing needs