

University of California, San Francisco
CURRICULUM VITAE

Name: Jayme Marie Mejia, RN, MS, FNP-C

Position: HS Assistant Clinical Professor, Step 3
Family Health Care Nursing
School of Nursing

Address: UCSF School of Nursing
Dept. Family Health Care Nursing
2 Koret Way N411Y Box 0606
San Francisco, CA 94143-0606

Voice: 415.476.4578

Fax: 415.753.2161

Email: Jayme.Mejia@ucsf.edu

EDUCATION

1998 - 2001	City College of San Francisco, CA	A.A	
2002 - 2004	University of California, Berkeley	B.A.	Political Science, Ethnic Studies emphasis
2005 - 2006	University of California, San Francisco	MEP N	Nursing
2006 - 2008	University of California, San Francisco	M.S.	Family Nurse Practitioner

LICENSES, CERTIFICATION

2006	Registered Nurse Licensure, CA Board of Registered Nursing. Expires 11/30/2021
2007	Public Health Nurse Licensure, CA Board of Registered Nursing. Expires 11/30/2021
2008	Nurse Practitioner License, CA Board of Registered Nursing. Expires 11/30/2021
2009	Nurse Practitioner Furnishing License, CA Board of Registered Nursing. Expires 11/30/21
2009	National Family Nurse Practitioner Certification, American Nurses Credentialing Center (ANCC). Expires 03/24/2024
2009	National Provider Identifier. US Centers for Medicare/Medicaid Services
2009	DEA Registration License, US Drug Enforcement Administration. Expires 01/31/24

PRINCIPAL POSITIONS HELD

08/2018 - 01/2021	Roots Community Health Center	Family Nurse Practitioner/Consult Coverage	Dream Youth Clinic, Dream-catchers & Covenant House Youth Shelters
11/2008 - 06/2018	Native American Health Center. Oakland, CA	Family Nurse Practitioner	7 Directions, Alameda High School, Encinal High School, Island High School, United For Success Middle School, Rising Heart Wellness Center at Fred Finch, Skyline High School
01/2016 - present	University of California San Francisco, School of Nursing	HS Assistant Clinical Professor	Dept of Family Health Care Nursing
01/2016 - present	University of California San Francisco Medical Center UCSF Young Women's Clinic	Nurse Practitioner on-call	Young Women's Clinic (perinatal services)

OTHER POSITIONS HELD CONCURRENTLY

2005 - 11/2017	In-Home Support Services	Care Assistant	Department of Human Services, San Francisco
6/2016 - present	Merck, Nexplanon Insertion and Removal	Clinical Training Faculty	various sites/institutions

HONORS AND AWARDS

2007	Deloras Jones RN Academic Excellence Scholarship	Kaiser Permanente
2007	UCSF-Mexico Spanish Immersion Scholarship	UCSF
2008	Professional Nurse Traineeship Scholarship	During time as UCSF SON student

KEYWORDS/AREAS OF INTEREST

Health Equity, Structural Racism in Healthcare, School Based Health Centers, Adolescent/ Young Adult Primary and Reproductive Healthcare, Indigenous Health, Immigrant Health, BIPOC Urban Youth, Structurally Vulnerable Populations, Family Primary Care, LARC and Outpatient Procedure Skills, Care of Commercially Sexually Exploited Children, Youth Advocacy, Pipeline/Pathways to Nursing, Youth Leadership Development.

CLINICAL ACTIVITIES

CLINICAL ACTIVITIES SUMMARY

Since 2016 I provide prenatal and women's health services and precept students as a backup fill in provider at UCSF's Young Women's Program.

NATIVE AMERICAN HEALTH CENTER

In 2018, I spent was invited to join 2018-19 at Roots Community Health Centers Dream Youth and Covenant House Clinic at the initial stages of that clinic being built, and working with unhoused youth and their children. I precepted UCSF FNP students during my time there.

After an extended maternity leave due to complications and the pandemic I am now actively working on restarting at Native American Health Center where I spent 10 years doing family and school based primary care. In the meantime, I will continue my clinical practice at UCSF Young Women's Clinic during the first part of 2021-2022 academic year.

CLINICAL SERVICES

2016 - 2017	Native American Health Center- School Based Health Centers, Nurse Practitioner for adolescent reproductive care	16 hours per week
2008 - 2018	Native American Health Center- School Based Health Centers, Nurse Practitioner for adolescent reproductive care	40 hours per week
2017 - present	UCSF Young Women's Program, Nurse Practitioner for perinatal care	8 hours per week during summer and extra coverage as needed
2018 - 2021	Roots Community Health Center, Dream Youth Clinic, Nurse Practitioner adolescent primary and reproductive care, prenatal care, infant primary care	8.5 hours weekly

PROFESSIONAL ACTIVITIES

MEMBERSHIPS

2008 - 2017	California Association of Nurse Practitioners (CANP)
2016 - 2018	National Organization of Nurse Practitioner Faculties (NONPF)
2017 - 2018	National Organization of Nurse Practitioner Faculties (NONPF) Special Interest Group Diversity Committee

INVITED PRESENTATIONS - NATIONAL

2017	National Organization for Nurse Practitioner Faculty (NONPF)	Presenter
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INVITED PRESENTATIONS - REGIONAL AND OTHER INVITED PRESENTATIONS

2004	National Latina Health Organization. Self Empowerment Workshop. Oakland, CA	Workshop Facilitator
2011	CA School-Based Health Alliance Conference. "IUD Program Design and Implementation in the School Based Health Center" Oakland, CA	Presenter
2013	SF Bay Area Chapter of the National Association of Pediatric Nurse Practitioners (NAPNAP) Conference. "Commercially Sexually Exploited Children Screening and Intervention in the School-Based Health Center" Stanford University, CA.	Keynote Speaker
2014	CA Youth Radio Organization. Panel on Health Careers. Oakland, CA	Presenter
2017	Native American Health Center Youth Summit Panel on Health Careers	Presenter
2017	VOCES Latina: Class of 2017 Graduation Ceremony for the Latina/o UCSF Graduate Student Organization.	Keynote Speaker
2017	Inside UCSF: Underrepresented Prospective SON Students UCSF Weekend Tour	Featured Faculty Speaker

CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT ACTIVITIES

- 2010 Adolescent Relationship Abuse: Prevention and Intervention, CA Adolescent Health Collaborative. Oakland, CA
- 2010 Gastroenterology Specialty Guidelines, Alameda County Medical Center. Oakland, CA
- 2010 IUD Implementation at School Based Health Centers, Native American Health Center. Oakland, CA
- 2010 Assuring Better Child Health & Development, First 5 Alameda County. Oakland, CA
- 2011 Increasing Access to IUDs, SBHC Reproductive Health Project. Oakland, CA
- 2011 Eating Disorder Prevention, Detection and Treatment. Alameda Family Services, Alameda, CA
- 2011 Response to Commercially Sexually Exploited Children, Alameda County Behavioral Health Care Services. Alameda, CA.
- 2011 Beyond Abstinence & Risk: Exploring A New Paradigm for Adolescent Sexual Health, National Alliance of School Based Health Centers(NASBHC). Oakland, CA
- 2011 Diabetic Day for Primary Care Physicians, Postgraduate Institute of Medicine. San Francisco, CA.
- 2011 Expanding Oral Health Services, Fluoride Varnishing, NASBHC. Chicago, IL.
- 2012 Addressing Health Care Needs of Young Lesbian and Bisexual Women, Adolescent Health Collaborative. Oakland, CA.
- 2012 Prevention of Cardiovascular Disease in Adolescents, School Based Health Alliance Conference. Oakland, CA.
- 2012 Integrative Health at School Based Health Centers, NASBHC. Albuquerque, NM.
- 2012 Disaster Preparedness in Community Based Health Centers, Native American Health Center. Oakland, CA.
- 2013 Screening and Care for Depression in Primary Care, Children's Hospital & Research Center. Oakland, CA.
- 2013 Safety Issues in Prescribing SSRIs in Pediatrics, Children's Hospital & Research Center. Oakland, CA.
- 2014 Trauma Screening and New Immigrant Clients for School Based Health Centers, UCSF. Oakland, CA.
- 2014 Responding to Disasters and Crisis in Community Health Centers, Native American Health Center. Oakland, CA.
- 2015 Management of Chronic Disease in Primary Care, Contemporary Forums. Las Vegas, NV.

- 2015 Nexplanon Insertion Training, Merck. San Francisco General Hospital, San Francisco, CA.
- 2015 Injuries in Youth Sports, PESI, Inc. Oakland, CA.
- 2015 Traumatic Brain Injury, Online CME Course, PESI, Inc.
- 2015 Building Resiliency. Effective Management of Vicarious Trauma. NASBHC, Oakland, CA.
- 2016 Contraceptive Technology, Contemporary Forums, San Francisco, CA.
- 2016 Behavioral Health Updates in Primary Care, Depression, Anxiety, ADHD, Psychosis, UCSF SON & UCSF Benioff, San Francisco, CA.
- 2016 National School-Based Health Alliance Conference, Washington, DC.
- 2016 Increasing Staff-Student Interaction in Challenging Environments, Motivational Interviewing, NAHC SBHC, Oakland, CA.
- 2016 UCSF Vulnerable Populations Conference, UCSF, San Francisco, CA.
- 2016 American Academy of Pediatrics National Conference, AAP, San Francisco, CA.
- 2016 Procedure Teaching, Teach for UC, UCSF, San Francisco, CA.
- 2016 Goal Setting & Expectations, Teach for UC, UCSF, San Francisco, CA.
- 2016 SOAP Framework to Professionalism, Teach for UC, UCSF, San Francisco, CA.
- 2017 National Organization of Nurse Practitioner Faculty Conference, NONPF, Washington, DC
- 2017 Small Group Teaching, Teach for UC, UCSF, San Francisco, CA.
- 2017 FUERTE: A Multidisciplinary Approach to School Based Mental Health for Immigrant Youth, UCSF/ZSFG, San Francisco, CA.
- 2017 UCSF Antepartum and Intrapartum Management Conference, UCSF, San Francisco, CA.
- 2017 UCSF Sports Medicine Sports Injury and Rehabilitation Conference, UCSF, San Francisco, CA.
- 2017 Pharmacology of Infectious Disease and Immunizations, PESI Healthcare, Palo Alto, CA.

UNIVERSITY AND PUBLIC SERVICE

SERVICE ACTIVITIES SUMMARY

Since 2017 I have continued to serve on the MEPN Screening **Committee** until 2019.

In Fall 2020 I represented the SON in a UCSF Health De-escalation Committee where representatives from numerous branches of the organization reviewed current practices, gaps, and community input for redesigning the hospital's response to patient escalation from an antiracist lens. Since Fall of 2020 I have been on the DART Task Force to support antiracism efforts in the FHCN department. We developed survey, and recommendations based on data collected. I continue to be faculty advisor for Nursing Students of Color student organization.

SCHOOL OF NURSING

2010 - 2015	Volunteer Clinical Preceptor for UCSF School of Nursing's Pediatric and Family Nurse Practitioner Programs.	Clinical Preceptor
2016 - 2018	MEPN Screening Committee	Member

SERVICE AT OTHER UNIVERSITIES

2010 - 2015	Volunteer Clinical Preceptor for Samuel Merritt University's Family Nurse Practitioner Program.	Oakland, CA
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COMMUNITY AND PUBLIC SERVICE

2001 - 2002	Pilipinos for Education, Art, Culture, and Empowerment. City College of San Francisco	President
2001 - 2001	Associated Students. City College of San Francisco	Executive Assistant
2003 - 2003	Education in Action. City College of San Francisco	Bay Area Contingent Coordinator
2005 - 2005	AMURTEL Universal Relief Team. Houston, TX	Hurricane Katrina Relief Coordinator
2010 - 2015	City College of San Francisco Associated Students Health Career Panel	Alumni Guest Speaker
2015 - 2107	African American Arts and Cultural Center. San Francisco, CA	Co-Founder, Youth Boxing Program
2013 - present	USA Boxing, Amateur Youth Boxing	Youth Mentor, Combat Sports Care
2017 - present	Path of Bliss Diversity Committee	Member

CONTRIBUTIONS TO DIVERSITY**CONTRIBUTIONS TO DIVERSITY**

I continue to mentor current, prospective, and former students from underrepresented backgrounds in nursing towards healthcare careers. Since completing our Pipeline to Healthcare Careers Youth Program Partnership with Highland Hospital we published an article highlighting the importance of including youth from diverse underserved communities as Standardized Patients in an empowering role, first program and resulting article of its kind. I continue to mentor students from that program, some of which have entered nursing school! I continue to be faculty advisor for Nursing Students of Color on Campus, and support faculty and students in collaboration with the campus mediation resource team to heal around the current issues in the country presenting within the classroom dynamics. Through the OSHPD grant I have been working with Lisa Mihaly for the last school year to develop an antiracist FNP faculty curriculum for AY 2021-22 based on the toolkit from the SOM.

TEACHING AND MENTORING

TEACHING SUMMARY

Didactic teaching in the FNP Program:

I continue to teach PBL in the Fall and Spring. Since 2018 Lisa Mihaly and myself revamped the N217A/B FNP Vulnerable Populations series into N217F. For 2020-2021, N217F "Racism, Healthcare, and Social Justice" was expanded to double the learners to include FNP, PNP, AC-PNP, and Neonatal NP students. The focus was updated from cultural humility to structural racism framework and aligns with the structural core competency requirements for MS students. We joined with Linda Stephan and consulted with the Structural Competency Working Group to examine course content and teaching strategies. We have just been approved to provide the course as a core course for all MS student in the SON in AY 2021-2022.

Procedural skills lab teaching: Created formal course for FNP program Advanced Practice Outpatient Procedure Skills.

I have completed x workshops within the Teach for UCSF certificate program and would like to return to continue refining my skills. I am also looking for a EdD program that can fit my needs as FNP faculty to improve the way we teach structural racism and competency to healthcare providers.

FORMAL TEACHING

	Academic Yr	Course No. & Title	Teaching Contribution	School	Class Size
	2016 - present	N217B Care of Vulnerable Populations II	Co-FOR to provide clinical seminar support for FNP students	Nursing	33
	2016 - present	N246.02 Seminar: Family Primary Care	Co-FOR for clinical seminar using Problem Based Learning (PBL)	Nursing	10
	2016 - present	N247.02B Seminar: Advanced Family Primary Care	Co-FOR to provide clinical seminar support in PBL format for FNP students	Nursing	10
	2016 - present	N241.10 Professional Seminar	FOR for clinical course on professional development and Advanced Clinical Procedure Skills	Nursing	33

INFORMAL TEACHING

- 2003 - 2004 Health and Medical Apprenticeship Program. UC Berkeley. Developed course reader, lesson plans and facilitated discussion sections in various Public Health topics including violence, mental health, environmental and occupational health, nutrition, and international health. Coordinated program recruitment and interviews of prospective teaching assistants and student participants.
- 2010 - present Volunteer clinical preceptor for Samuel Merritt and UCSF Nurse Practitioner Students. Also trained new Nurse Practitioners at Native American Health Center during initial orientation for new hires. Acted as medical consult for new hires. Gave presentations on health topics relevant to clinical practice during staff trainings.
- 2010 - 2014 Clinical Instructor. Nurse Practitioner Volunteer Clinical Preceptor for Samuel Merritt University
- 2015 - present Training and supervision of current Nurse Practitioner staff for IUD and Nexplanon procedures at Native American Health Center in order to facilitate their clearance by the agency to execute above procedures independently.

MENTORING SUMMARY

On a daily basis I am in touch with prospective, current, and former NP students supporting them at whatever stage in their journey they are in. I informally mentor high school and college

students at our School Based Health Centers towards their goals in pursuit of careers in healthcare and specifically in nursing. In the Pipeline to Health Careers Project, I am a key liaison with the youth participants. I will continue this work and further my skills in formal mentoring of UCSF Family Nurse Practitioner students.

I also have a panel of 9-10 advisees from the FNP program annually, first and second year graduate students whom I support in classroom and clinical training, comp exam preparation and research, and development as new professionals. In addition to my formally assigned advisees I have become a large support for numerous other underrepresented students in the FNP program as well as in the other specialties who seek my advice and counsel around numerous issues affecting their progress as underrepresented students. I continue to support prospective students whom I meet in the various UCSF outreach programs.

PREDOCTORAL STUDENTS SUPERVISED OR MENTORED

Dates	Name	Program or School	Mentor Type	Role	Current Position
2011 - 2012	Zena Harvill	UCSF Pediatric Nurse Practitioner Program		Clinical Preceptor	Pediatric Nurse Practitioner Childrens Hospital Oakland
2012 - 2012	Rebecca Goodstein	Samuel Merritt University		FNP Clinical Preceptor	FNP, Balboa High School Health Center
2012 - 2013	Kyle Walsh	Samuel Merritt University		FNP Clinical Preceptor	Family Nurse Practitioner, Native American Health Center, Oakland
2016 - 2016	Ruth Rhee	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Recent Graduate
2016 - 2016	Christine Salera	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Recent Graduate
2016 - 2016	Faith Mwit	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Recent Graduate
2016 - 2016	Luiza Savin	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Recent Graduate

Dates	Name	Program or School	Mentor Type	Role	Current Position
2016 - 2017	Douglas Fischer	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor, Career Mentor	Faculty Advisor	Recent Graduate
2016 - 2017	Nisha Patel	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor, Career Mentor	Faculty Advisor	Recent Graduate
2016 - 2017	Rebecca Liskin	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Recent Graduate
2016 - 2017	Tammy Hwang	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Recent Graduate
2016 - 2017	Faith Mwititi	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Recent Graduate
2017 - 2017	Sonia Lai	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Current Student
2017 - 2017	Tamana Mehdavi	UCSF Family Nurse Practitioner Program		FNP Clinical Preceptor	Current Student
2017 - 2017	Katherine Chang	UCSF Family Nurse Practitioner Program	Project Mentor	Faculty Mentor	Recent Graduate

Dates	Name	Program or School	Mentor Type	Role	Current Position
2016 - 2018	Vicky Lin	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor, Career Mentor	Faculty Advisor	Current Student
2016 - 2018	Maria Morales	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Current Student
2016 - 2018	Connie Moreno	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Current Student
2016 - 2018	Jason Walsh	UCSF Family Nurse Practitioner Program	Research/Scholarly Mentor	Faculty Advisor	Current Student

RESEARCH AND CREATIVE ACTIVITIES

RESEARCH AND CREATIVE ACTIVITIES SUMMARY

In collaboration with Naomi Schapiro and Linda Stephan from the Pediatric Nurse Practitioner Program, we developed the Pipeline to Health Careers Project collaborating with Oakland Unified School District and Highland Hospital. Through that grant I worked on the UCSF Adolescent Standardized Patient Internship, training the first adolescent standardized patients to be used at the UCSF Kanbar Center. For this program, I adapted and updated a Youth Standardized Patient curriculum, recruited and worked closely with a high school drama teacher to train the adolescent actors in character development, and community building with the youth interns as well as community collaborators.

The program focused on increasing UCSF graduate students awareness and responsiveness of youth healthcare access and nurturing interest in healthcare careers and advocacy skills of the interns and is the first program we are aware of that specifically recruits underrepresented youth interested in health careers to teach them these skills. We published an article in 2019 about the program highlighted in the publication section. I continue to mentor the youth who passed through the program and some have entered nursing and other health careers.

I was also invited to co-author an article on threats to adolescent confidentiality for Women's Health issue of Nursing Clinics of North America, which was published in 2018. It has continued to be cited by other authors highlighting contribution and relevance to the field.

RESEARCH AWARDS - CURRENT

1. P0514925	Faculty	15% % effort	Schapiro (PI)
Alameda County Health Care Services Agency (subcontract)		03/01/2016	06/30/2018
Pipeline to Health Careers School Health Center Pathways to Health Careers Program		\$ 47,795 direct/yr 1	\$ 150,000 total

Our aim is to increase the exposure of Oakland youth to health careers at UCSF, and to work with Oakland school based health centers to provide meaningful internships to high school youth. As our showcase project in Year 2 we developed and evaluated the first adolescent standardized patient training program explicitly designed to increase self-confidence and career exploration in adolescents from disadvantaged backgrounds who are interested in health care careers. We evaluated their authenticity and ability to give feedback to NP students, as well as the impact on their self-efficacy and deeper understanding of health care through multiple methods. Using grounded theory methods, we will analyze the first sets of data and refine questionnaires and qualitative data collection for year 3.

REVIEW ARTICLES

- 1.
- 2.

OTHER PUBLICATIONS

1. Consider the root of the problem: increasing trainee skills at assessing and addressing social determinants of health. *Transl Behav Med.* 2019 05 16; 9(3):523-532. Sisler SM, Schapiro NA, Stephan L, Mejia J, Wallace AS. PMID: 31094436.
2. Adolescent Confidentiality and Women's Health: History, Rationale, and Current Threats. *Nurs Clin North Am.* 2018 06; 53(2):145-156. Schapiro NA, Mejia J. PMID: 29779509.

ADDITIONAL RELEVANT INFORMATION

I had complications during pregnancy, gave birth at 28 weeks 12/23/2019, baby was in NICU for 2 months. As a result of the unexpected early delivery and leave of absence, the DEI pilot arranged with Judy Martin Holland ended early. Due to this and start of pandemic with medically vulnerable neonate with frequent medical visits, and homeschooling 3 children in elementary school, I took an extended medical leave. I enthusiastically returned to teaching and engaging with students Sept 2020, taught PBL and worked intensely with Linda Stephan and Lisa Mihaly for the expansion of N217F. My clinic position at Roots was not held and I was informed Dec 2020. I continue to work at YWP as fill-in NP, and am actively working on restarting clinical contract and precepting at Native American Health Center this summer/fall. My next priority is pursuing EdD and continuing faculty development classes/programs specifically around anti-racism curriculum development.