

CHERYL TSHUMA

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## HEALTHCARE ASSISTANT

## CONTACT

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username

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## KEY SKILLS

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Personal Care

Taking observations

Hygiene

Health and safety

Patient communication

Dressing wounds

Best practice

Organization

Team player

## ABOUT ME

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**A qualified and compassionate Healthcare Assistant.**

Confident providing personal care to children, adolescents and adults. Able to monitor and record vital signs and observations in line with professional guidelines. Takes pride in maintaining patient confidentiality and treating every individual with dignity, offering emotional support and empathy in addition to medical advice and practical care.

## EDUCATION

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**Course:** Care giving I | 2023  
Alison

**Course:** CPR First Aide | 2023

Alison

**Course :** Elderly and Disability Care

Alison

**Course :** Understanding Traumatic Brain Injury

Wicking Dementia Center

**5 GCSEs** (Including English) | 1998

## PROFESSIONAL EXPERIENCE

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### Healthcare Assistant

**Working in the community to provide healthcare support to patients in their own homes**

- Dressing wounds in compliance with best practice and safety standards
- Building trusting relationships with a wide range of patients
- Providing personal assistance to elderly patients, including bathing, dressing and feeding
- Administering medication
- Treating patients with compassion, empathy and respect

**Key achievements:**

- Recording vital signs such as temperature and blood pressure
- Carrying out pre-and post-operative checks

**Key achievements**

- Maintaining a perfect attendance record.

**FURTHER DETAILS**

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**Security:** Current, clean DBS check

**Availability:** Available immediately and willing to work flexibly as the role demands