## IJEOMA GOODNESS AHAGHOTU 12308 EUGENES PROSPECT DR. BOWIE, MD 20720 Phone numbers: 240-478-4938 (Mobile), 240-467-8671 (Mobile) Email address: <u>ijechris2000@yahoo.com</u>

#### **PROFESSIONAL SUMMARY**

An educated, trained and Board-Certified Family Nurse Practitioner with excellent skills in providing compassionate, high quality, efficient, dedicated and evidence-based appropriate care to acute, chronic, out-patient, and families. A detailed-oriented, and highly motivated, and well-organized professional who can successfully manage multiple patients in primary care and multicultural population.

#### LICENSES, CERTIFICATIONS, AND SKILLS

- Family Nurse Practitioner Board Certified
- Certified Family Nurse Practitioner in Maryland, Virginia and District of Columbia
- Basic Life Support (BLS) Certification Advanced Cardiac Life Support Certificate (ACLS)
- Proficient in EMR systems: Epic, Meditect, Medconnect, Surginet, Eccentrics, Athena, Kareo etc

#### EDUCATION AND TRAINING

- Master's in Nursing: Purdue University Global School of Nursing Nov., 2020
- Bachelor of Science Nursing: Catholic University of America May, 2010
- General Studies: Montgomery College Silver Spring, Takoma Maryland May, 2008
- Bachelor of Science in Microbiology: Federal Polytechnic Owerri (NIG) Dec., 2003

# **PROFESSIONAL EXPERIENCES**

# EDGE MEDICAL CARE 9740 ANNAPOLIS RD LANHAM MD (FAMILY NURSE PRACTIONER)(JAN-APRIL; AUG-NOV 2020)

- Examine, take history of medical and present condition to make diagnosis and treatment plan.
- Monitor patient status of health condition with follow-up visits as necessary.
- Collaborate with PAs and physicians and refer patients to proper specialist as needed.
- Order labs, tests, analyze labs results, and diagnostic result to make diagnosis and treatment.
- Educate patients on preventative care practices and guide them to a healthy lifestyle.
- Document patient's data in the electronic medical record in timely manner.
- Follow the approved standard of care and latest evidenced-based practice guidelines in treatment.

#### WOMEN HEALTH SPECIALIST, 7525 GREENWAY CENTER DR SUIT 202, GREENBELT MD 20772 (FAMILY NURSE PRACTITIONER) (MAY-AUG 2020)

- Provide patient counseling, preventive measures, breast exams, Pap smear and std testing.
- Education on safe sex practices, contraceptive management and birth control methods.
- Prenatal, antenatal and postnatal care as well as breast feeding education.
- Removal of implanted contraceptives like IUD, Nexplanon and education of the outcome.
- Pre-contraceptive counseling and referral to fertility specialist.
- Family planning, menopausal counseling, and management of common women illness.
- Infection treatment; UTI, vaginitis, cervicitis, trichomonas's, Chlamydia, HPV, etc
- Well women and gynecological exam from adolescence to post-menopausal.

# MARYLAND CHILDREN'S HEALTH CENTER, 12150 ANNAPOLIS RD SUIT 208 GLENN DALE MD20721 (FAMILY NURSE PRACTIONER) (MAY-AUG 2020)

- Examine and treat common illness and injuries in children and adolescents.
- Perform wellness baby and child physical examinations and administer vaccines.
- Take history of present illness and perform routine checkups and education.
- Perform developmental screening, school and sports physical on adolescents.
- Provide lactation support to new moms, newborn assessment, and documentation.
- Adhere to approved health guideline, evidence-based practice, and documentation on the electronic medical records.

#### WALTER REED NATIONAL MILITARY HOSPITAL, MARYLAND (JUNE 2017-PRESENT) CARDIAC/CARDIOTHORACIC UNIT (REGISTERED NURSE)

- Educate patients about cardiac issues and perform diagnostic tests as per order.
- Monitor basic cardiac rhythm monitoring techniques, interpretation, and treatment.
- Administer medications including infusion and monitor patient for effects of medications.
- Monitor patients before, during and after invasive procedures.
- Observe and recognize the signs and symptoms of cardiopulmonary and respiratory emergencies and initiate standard interventions to stabilize the patient.

# MEDSTAR WASHINGTON HOSPITAL CENTER DC (Dec. 2013-2019) ENDOSCOPY UNIT (RN)

- Provides and manage care in the pre-op, intra op, and post op inpatient and outpatient.
- Participate in procedures like EGD, Colonoscopy, Enteroscopy, Flexible sigmoidoscopy, EUS, FNA, ERCP, Bronchoscopy and other procedures.
- Works collaboratively with physicians and the anesthesia providers during procedures.
- Help during diagnostic and therapeutic Endoscopic procedures.
- Full knowledge of computer charting system and chart auditing.

# KAISER PERMANENTE LARGO MARYLAND (July 2016-Feb 2018) ENDOSCOPY UNIT (RN)

- Provides and manage care in the pre-op, intra op, and post op inpatient and outpatient.
- Participate in procedures like EGD, Colonoscopy, Enteroscopy, Flexible sigmoidoscopy, EUS with FNA, ERCP, Bronchoscopy and other procedures.
- Works collaboratively with physicians and the anesthesia health care providers to determine patient needs during Endoscopic procedures.

# PROVIDENCE HOSPITAL WASHINGTON DC, (July 2011-Nov 2013) ICU (RN)

- Trained and mentored by doctors and nurses with excellent experience in managing critically ill patients in a 12 beds ICU, IMCU, and Telemetry units.
- Provided advanced life support care, such as treated wounds, ET tube care, chest tubes, wound vac, provided TPN, placed Foley catheters, emptied and documented drainage bags, conducted EKGs and assessed.

# REFERENCES

Available on request