

EDUCATION

Internal Medicine Residency

University of Texas Dell School of Medicine, Austin, Jun 2024

Doctor of Medicine (M.D.)

University of Texas Medical Branch, Galveston, Jun 2021

- Graduated Magna Cum Laude

Bachelor of Science (B.S.): Molecular Biology, Endocrinology, Neuroscience

University at Buffalo, State University of New York, Buffalo, Jun 2015

- Graduated Magna Cum
- Dean's List for every semester attended
- International Student Scholarship of USD 40,000

EXPERIENCE

Resident Physician

Dell Seton Medical Center, Austin, TX, Jun 2021 - Current

- Gained experience delivering high value care in both outpatient and inpatient settings
- Collaborated with multidisciplinary teams including medical students, pharmacy, case management, therapy services and nursing among others to execute patient care plans
- Handled challenging situations like codes, goals of care discussions, near misses and complex discharges

MCAT Instructor

Kaplan Inc, Buffalo, NY, Jul 2013 - Jun 2016

- Delivered structured lessons to prepare students for the MCATs
- Gained valuable experience in effective presentation and teaching techniques
- Built important customer service experience in a client facing role

Instructor

Science and Technology Enrichment Program, Buffalo, NY, Jun 2012 - Jun 2013

- Worked with Buffalo inner city socioeconomically disadvantaged students through afterschool programs
- Developed and delivered lessons designed to foster interest in STEM fields
- Served as coach and mentor for STEM trivia competitions

PRESENTATIONS POSTERS AND PUBLICATIONS

- "*Fasciola - Analysis of Year Long Data from a Slaughterhouse, Cusco, Peru.*" Publication, Vector Borne Zoonotic Dis. Sep 2021.
- "*Coronary Abscess and Stent Infection: A Case of an Unusual Presentation and Successful Surgical Management.*" Manuscript in development, August 2023.
- "*LGBTQI+ Health Training in Medical Education: a Qualitative and Quantitative Investigation.*" Poster presentation, May 2020.

- "Scratch That Diagnosis: Systemic Bartonella Henselae Mimicking Metastatic Malignancy in a Patient with History of Breast Cancer." Poster, May 2023.
- "Hyponatremia Demystified: A Basic Science Approach." Presentation, August 2023.
- "Maternal-fetal Health Workshop in Peru: Shifting from Assistance to Capacity Building" in Cusco, Peru. Presentation, June 2019.

PROFESSIONAL SERVICE AND CERTIFICATIONS

- CtropMed eligible with intensive field training in tropical diseases
- Basic and advanced cardiac life support certifications
- Comfort with procedures like central lines, arterial lines and paracentesis
- Served on social media, wellness and curriculum committees during residency
- IHI basic certificate in quality improvement
- QI work includes SGLT2i use in CKD and screening for diabetic retinopathy
- PADI open water and advanced open water SCUBA certifications
- American Sailing Association basic keelboat certification

LEADERSHIP AND VOLUNTEER WORK

- *Student Officer, Allies in Medicine.* Worked on fostering LGBTQI+ inclusivity in medical practice. June 2017 - June 2020.
- *Commodore, UTMB Sailing Club.* Exposed my fellow classmates to principles of fluid dynamics with applications in medical physiology through sailing. June 2018 - June 2021.
- *Student Ambassador, UTMB.* Assisted in recruitment activities. June 2018 - June 2019.
- *Staff, Maternal Fetal Medicine Workshop, Cusco, Peru.* Workshop on obstetric complications in extremely remote and resource limited settings. Summer 2019.
- *Volunteer, Urban Gardening Project & Resource Crisis Center.* Galveston. June 2018 - June 2020.

SKILLS

- Indomitable inquisitiveness, openness to feedback, and intentional self reflection.
- Basic science driven approaches to clinical decisions.
- Creating practical, patient tailored, value based management plans.
- Holistic awareness of the societal and structural drivers of metabolic syndrome.
- Comfort with gender and sexual health of LGBTQI+ patients.
- Special interest in wilderness and high altitude medicine.
- Leveraging phylogeny, embryology and anthropology for clinical pearls.
- On the fly chalk talks rooted in physiology and molecular biology.
- Personal pursuits include permaculture, hydroponics, food forestry, motorized unicycle riding, AI painting and hiking.

LANGUAGE

Kannada

 Native


English

 Native

Hindi

 Fluent

Spanish

 Conversational