

ASHLOVE VARAIDZO MUNYORWI

Contacts: +263774827312/+263773390704, Email: ashlovevarie@yahoo.com,

Location: Harare Zimbabwe

Professional Profile

Compassionate and enthusiastic Clinical psychology Intern with over 1500 hours in 2 years of experience in delivering high-quality care to clients with diverse mental health conditions. Demonstrated success in utilising various therapeutic techniques including CBT to help clients manage their symptoms and reduce relapses. Strong collaborator with multidisciplinary teams, experienced in crisis intervention, psychological assessments and psychosocial interventions.

Core Skills

Client-centered care	Psycho pharmacological
Counselling skills	Teletherapy
Psychological assessments	Treatment Planning
Psychosocial interventions	Crisis interventions
Cognitive Behavioural Therapy	Group facilitation
Treatment planning	Advanced Research skills
Interpersonal and communication skills	
SPSS	Proficient in Microsoft office

Work Experience

June 2022 – Present

**University of Zimbabwe Psychology Teaching Clinic
Volunteer Clinical Psychologist Intern**

Outline

Work with students and staff members with acute mental health needs and supporting mental health care assistants and insuring the safety and well-being of students and staff members.

Key Responsibilities

- Conducting thorough psychological screening and assessments using different psychometric tools in ethical and professional way to clients
- Providing counselling and behavioural health services to students and staff members who experience psychological difficulties in an ethical and professional way to the clients
- Developing and implementing treatment plans to help clients live their healthiest life.
- Establishing therapeutic relationship with clients and engaging in mental health issues
- Leading therapeutic groups and activities such as art therapy and music therapy for different behavioural problems in an ethical and professional way.
- Liaising with other healthcare professionals such as psychiatrist to ensure effective multidisciplinary care.

Key Achievement

- Spearheaded a self-harm reduction program that reduced self-harm and suicides incidents by 75% last February to June 2023 semester

Jan 2023 – June 2023

**Parerinyatwa Psychiatric Hospital Annexe
Student Clinical Psychology**

Outline

Completed 900 hours of clinical placement working as part of multidisciplinary team of health professionals to treat outpatients and inpatients with acute and complex mental health disorders, conducting Parerinyatwa main hospital and psychiatric hospital psychological assessments and developing treatment plans.

Key Responsibilities

- Conducted comprehensive assessments and provided evidence-based therapeutic interventions to patients with mental health disorders in an ethical and professional way

- monitored psychotropic medications, providing psycho-education and support to patients regarding side effects and medication management.
- Liaise with other healthcare professionals, such as psychiatrist, mental health nurses to ensure effective multidisciplinary care.
- Conducted individual and group therapy sessions, utilizing various therapeutic modalities, such as cognitive behavioural therapy (CBT) and psycho-dynamic therapy.
- Participated in ongoing professional development and training to stay current with best practice in mental healthcare.

Key Achievement

- Implemented a patient-led care plan whatsapp group that improved patient engagement and satisfactory by 80 %

June 2022 – Nov 2022

**Harare Hospital Psychiatric Unity
Student Clinical Psychologist**

Outline

Practical placement for my Master of Science in Clinical Psychology was shadowing psychiatric doctors, attending ward rounds and supporting psychologists in history taking and psycho-educating client for further psychological interventions.

August 2017 – July 2019

**Harare Children's Home
Volunteer Psychosocial Supporter**

Outline

Worked within a multidisciplinary team to provide psycho-social support to more than 30 children at Harare Children's home.

Key responsibilities

- Supported children and adolescents who had experienced trauma, abuse, or neglect, providing emotional support and facilitating their psychosocial development.
- Conducted individual and group counselling sessions, addressing issues such as grief, self-esteem, and behavioural challenges.
- Collaborated with caregivers and social workers to develop comprehensive care plans, ensuring the well-being of the children.
- Organized recreational activities and therapeutic interventions to create a nurturing and supportive environment for the children.

Key Achievements

- Initiated a discussion group for teen girls survivors of sexual and domestic violence and group emphasized on health and HIV/ AIDS, which reduced stigma and discrimination on children with HIV/AIDS at Harare Children's Home by 80%.

Education

Masters of Science in Clinical Psychology (2021 to 2023)

University of Zimbabwe Class: Credit.

Bachelors of Science Psychology Honours Degree (2013 to 2017)

Midlands State University Degree Class: 2.1

Executive Certificate in Programme and Project Monitoring and Evaluation (2019 to 2021)

University of Zimbabwe Class: Credit

Work related online training certificates

Mental Health, Recovery and Community Inclusion, issued by **World Health Organization Quality Rights**, December 2021

Preventing Dementia, issued by **University of Tasmania, Wicking Dementia Research and**

Available upon request