

Josette Arismendi

NURSE PRACTITIONER

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PROFILE SUMMARY

Dynamic Nurse Practitioner adept at orchestrating patient-centered care across diverse healthcare environments. Proficient in conducting thorough assessments, diagnosing conditions, and devising personalized treatment plans. Collaborative team player fostering holistic care, championing patient education, and implementing innovative wellness strategies. Committed to continuous professional growth, merging compassion with clinical expertise to drive exceptional outcomes.

SKILLS

PROFESSIONAL SKILLS

Diversity-Aware | Data Representation | Critical Thinking | Presentation Skills | Collaborative Leadership | Excellent Communication | Public Speaking | Clinical Competence | Patient Education | Project Management | Strategic Planning | Process Improvement |

TECHNICAL SKILLS

GCP | EMR Reporting | 12 Lead EKG Interpretation | Patient Screening | Clinical Assessments

WORK EXPERIENCE

SUB-INVESTIGATOR

Conquest Research | Winter Park, FL | May 2023- 2024

- Led Patient screening: evaluated and determined eligibility of study participants based on stringent protocol criteria, ensuring precise selection.
- Managed study documentation. Developed, organized, and maintained comprehensive study documentation, ensuring accuracy and compliance with SOPs and regulatory requirements.
- Ensured compliance. Vigilantly enforced adherence to good clinical practice (GCP) and local regulations, overseeing and optimizing clinical site staff performance.
- Evaluated patient histories, symptoms, and vital signs to formulate comprehensive care plans. Conducted thorough patient assessments to identify underlying conditions.
- Executed evidence-based interventions to optimize patient outcomes.

NURSE MANAGER

AdventHealth Heart of Florida | Haines City, FL | August 2020-May 2023

- Nursing leadership: Directed nursing teams, optimizing workflow and ensuring safe-quality patient care.
- Enhanced workflow: Streamlined operations, reducing inefficiencies in the critical care department.
- Developed protocols: established nursing protocols, enhancing departmental efficiency and patient safety.

REGISTERED NURSE

Walt Disney Company | Lake Buena Vista, FL | July 2019-Dec 2020

- Provide Exemplary Nursing Care: Deliver high-quality nursing assessments and immediate first aid, acting promptly during emergencies to ensure guest and Cast Member safety.
- Engage and Assist Guests: Actively interact with Guests, administering Basic Life Support and triage when necessary, swiftly transporting individuals to various Resort areas for further care.
- Execute Emergency Response: Respond swiftly to emergencies, managing medical supplies, and equipment effectively while documenting and maintaining accurate care records.

REGISTERED NURSE

AdventHealth Kissimmee | Kissimmee, FL | April-2016-July 2019

- Provide Specialized Care: Deliver exceptional nursing care to critically ill patients, conducting precise assessments and administering advanced treatments.
- Collaborate in Care Teams: Work collaboratively in multidisciplinary teams, contributing insights for optimal patient outcomes.
- Support Patients and Families: Offer compassionate support and guidance to patients and families during difficult situations.

ADJUNCT CLINICAL INSTRUCTOR

Valencia College | Orlando, FL | August 2016- July 2018

- Facilitate Clinical Learning: Guide and mentor students in clinical settings, facilitating hands-on learning experiences.
- Supervise Clinical Practice: Oversee and monitor student performance during clinical practice, ensuring adherence to protocols and safety measures.
- Foster Professionalism: Instill professional values and ethical standards, guiding students in maintaining professionalism in healthcare settings.

EDUCATION

MASTER OF SCIENCE NURSING | University of South Florida, Tampa, FL
Family Nurse Partitionner**BACHELOR OF SCIENCE NURSING** | University of Central Florida, Orlando, FL
Nursing**ASSOCIATE OF SCIENCE NURSING** | Valencia College, Orlando, FL
Nursing**ASSOCIATE OF ARTS** | Valencia College, Orlando, FL

PROFESSIONAL DEVELOPMENT

BASIC LIFE SUPPORT

American Heart Association

September 2024

ADVANCED CARDIAC LIFE SUPPORT

American Heart Association

September 2024