

Patrick Ural

CONTACT

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EDUCATION

Master of Arts in Clinical Mental
Health Counseling
Waynesburg University

August, 2018 — May 2020

- Cumulative GPA: 3.52

Bachelor of Arts in Psychology
Nicholls State University

January, 2012 — December, 2015

- Undergraduate GPA: 3.507
- Psych GPA: 3.72
- Graduated Cum Laude
- Minor in Child, Family, & Social Services
- Minor in Addictive Behaviors

QUALIFICATIONS

- LPCC - Licensed Professional Counselor Candidate (Active 04/03/2020-04/03/2021)
- Telehealth for Mental Health Professionals - Completed Training Course
- Certified Clinical Trauma Professional (through the IATP)
- Certified Anger Management Specialist II (through NAMA)
- Experience utilizing Therap, Credible and ClientTrax Software
- First Aid & CPR Certification
- QMAP Certification
- Psychological First Aid Training from the National Child Traumatic Stress Network
- Experience with SPSS Statistics
- Experience with Survey Monkey
- Proficient in Microsoft Word
- Proficient in Microsoft PowerPoint

WORK EXPERIENCE

Care Center
Counselor 1/Intern

August 2019 — May 2020

- Provided Mental Health Services to a rural population through the Assertive Community Treatment Model
- Served as a member of Community Treatment Team as well as the after-hours on call rotation
- Provided outpatient psychotherapy and follow-up services to the adult client population
- Engaged in Case Management services such as physician appointment planning and arranging transportation to and from differing appointments
- Developed and implemented individualized treatment/service plans for CTT consumers using various therapeutic techniques
- Prepared, maintained and submitted all assigned case records, charts, reports, forms and other required documentation in a timely manner
- Initiated appropriate Intra & Interagency contact to facilitate consumer care.
- Participated in Case Conferences with all levels of psychiatric and clinical staff, individually and in group supervision staffing
- Linked Clients with Medications

Cashier/Drive-Thru Team Member

- Conducted Transactions on a Daily Basis
- Ensured Quality Guest Experience

Strive

March 2017 — August 2017

Direct Support Professional

- Implemented Behavioral Plans in high-risk ASD population
- Administered Medications to Individuals on a Daily Basis
- Recorded Daily Activities for Individuals on a Daily Basis
- Worked in tandem with a multidisciplinary staff in order to ensure appropriate care for Individuals
- Trained new staff

Walt Disney Company

January, 2016 — January, 2017

Disney College Program Intern

- Delivered Daily Guest Services for a Fortune 100 Company
- Learned How to Partner with Multiple Departments in Order to Ensure Quality Service
- Demonstrated Problem Solving Ability & Decision Making Skills on a Regular Basis

AWARDS/AFFILIATIONS

- Nicholls State University Honor's Program Award – Recipient
- Chi Sigma Iota Counseling Academic and Professional Honor Society - Active Member
- The Honor Society of Phi Kappa Phi – Current Member
- Phi Kappa Phi Mini-Grant- Recipient
- President's List Recipient
- Dean's List Recipient
- Psi Chi (International Honor Society in Psychology) - Active Member
- The American Psychological Association – Student Affiliate
- The Louisiana Psychological Association – Student Affiliate
- Disney College Program - Accepted

VOLUNTEER/RELATED WORK EXPERIENCE

- The Louisiana Swamp Stomp Festival (Volunteer); Spring, 2015
- Bayou Lafource Clean Up (Volunteer); Spring, 2015
- Ellie Falgoust Charity Auction (Organizer/Volunteer); Spring, 2015
- Nicholls State University Undergraduate Research Seminar; Fall, 2014
- Nicholls State University College Night Volunteer; Spring, 2014
- Student Academic Advisor for Freshmen in the College of Education; Spring, 2014
- Volunteer Tutor; 2013-2015 - Tutored Continuing Education Students & High School Students with Learning Disorders such as Dyslexia & ADHD in Psychology, Biology, Chemistry, Algebra, & Geometry

RESEARCH EXPERIENCE

- Ural, P. The Influence of Progressive Muscle Relaxation on the Perception of Heat Induced Pain. (2015) (Honor's Thesis) – Presented & Defended at the fall 2015 Honor's Symposium at Nicholls State University
- Reynolds, K. & Ural, P. The Effects of Group and Individual Counseling on Anger Levels through Measuring Critical Pathology Behaviors (2015) (Currently Awaiting Publication)
- Research Assistant to Dr. R. Soignier on Comparative Addiction Studies on Behavior using Crayfish (2015)
- Research Assistant to Dr. R. Soignier & Dr. K. Rachal on current research involving the Nocebo effect and Malingering Concerning People with a History of Somatization. (2015)
- Research Assistant to Dr. R. Soignier on the Effects of Somatization on

- Supervised Undergraduate Research on Personality Types under Dr. Soignier
January-May 2013

REFERENCES

Dr. Michelle Steimer

Professor

Waynesburg University

(412) 722-7602

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Lori Maley

Supervisor

CARE Center

(724) 802-5863

Adrian Miller

Supervisor

CARE Center

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