

MYRIAM PAREDES

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WEBSITES, PORTFOLIOS, PROFILES

- <https://www.linkedin.com/in/myriam-paredes-ab0b1867>

PROFESSIONAL SUMMARY

Responsible nurse practitioner with 9 years of experience maximizing patient wellness and facility profitability. Seeking to deliver healthcare excellence. Hardworking Nurse Practitioner with 6 + years of experience conducting physical examinations, ordering and interpreting lab testing and prescribing treatments or medications to address diverse conditions. Passionate about patient education and promoting sustainable wellness habits to mitigate pain and illness.

Highly qualified and board certified driven to build strong relationships with patients and families. Acts as patient advocate to achieve best possible outcomes.

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

Detail-oriented team player with strong organizational skills. Ability to handle multiple projects simultaneously with a high degree of accuracy.

SKILLS

- Excellent knowledge of patient care and nursing techniques
- Strong communications, observational, and supervisory skills
- Proficient with computer, providing lectures, and demonstrating nursing skills
- 14 years of clinical experience as a Registered Nurse and 9 years of Nurse Practitioner.
- Ready to work on weekdays
- Ability to teach, motivate, and guide students
- Medication Education
- Women's health exams
- SOAP notes expertise
- Developmental Disabilities
- Diagnostic Testing
- Healthcare Education
- Therapeutic Interventions
- Advanced Practice Nurse (APN)

WORK HISTORY

01/2015 to Current

Nurse Practitioner

Faith Family Health Care Maria Birotte-Sanchez MD – 43 Pearl St , North Plainfield, NJ 07060

- Examine up from 27 to 40 patients per day and take medical history to make preliminary diagnosis

- Maintain 95% success rate for patient goal attainment as measured by annual follow-up call and surveys
- Administer immunizations and prescribe medications while ensuring patient comfort and safety
- Monitor patient status with follow-up visits as necessary
- Collaborated with administrative staff, nurses, assistants and refer patients to proper specialist as needs.
- Managed complex cases involving multiple co-morbidities through diligent monitoring of disease progression and proactive intervention strategies.
- Liaised with healthcare teams to determine best course of action for patients.
- Coordinated with physicians, specialists, and other medical staff to develop treatment plans for chronic conditions.
- Implemented individualized patient care plans to address assessment findings.

01/2021 to 02/2024 **Nurse Practitioner**

Primary Care Medicine – 75 Prospect Street Newark, New Jersey

- Examine up from 27 to 40 patients per day and take medical history to make preliminary diagnosis
- Maintain 95% success rate for patient goal attainment as measured by annual follow-up call and surveys
- Administer immunizations and prescribe medications while ensuring patient comfort and safety
- Monitor patient status with follow-up visits as necessary
- Collaborated with administrative staff, nurses, assistants and refer patients to proper specialist as needs.
- Discussed care plans with patients and explained test results and proper use of medications.
- Improved patient outcomes by implementing evidence-based care and treatment plans tailored to individual needs.
- Performed patient physicals and compared and contrasted results with established medical records to provide proper diagnosis and facilitate appropriate treatment.
- Managed complex cases involving multiple co-morbidities through diligent monitoring of disease progression and proactive intervention strategies.
- Liaised with healthcare teams to determine best course of action for patients.
- Coordinated with physicians, specialists, and other medical staff to develop treatment plans for chronic conditions.
- Implemented individualized patient care plans to address assessment findings.

01/2013 to 01/2015 **Nurse Practitioner**

The Medical Practice

- Examine up to 15 patients per day and take medical history to make preliminary diagnosis
- Provided personalized service to maximize patient outcomes and satisfaction
- Draw blood and order tests needed to make further diagnosis, consulting with doctors as needed

- Administer immunizations and prescribe medications while ensuring patient comfort and safety
- Monitor patient status with follow-up visits as necessary
- Collaborate with other NPs and physicians and refer patients to proper specialist as needs.

01/2008 to 01/2015 **Registered Nurse**

Robert Wood Johnson Hospital in Rahway

- Evaluated patients condition on a daily basis and presented report to the medical team
- Administered direct patient care and handled emergency medical care to patients
- Communicated details of treatment provided to patients' relatives
- Followed all the nursing process aptly and ensured faster recovery in patients
- Monitored cleanliness and hygiene of patients' area as well as patients' input and output
- Assisted physicians during examination and treatment of patients.

EDUCATION

Adult –Gerontology Primary Care Nurse Practitioner

Rutgers University School of Nursing - Newark, NJ
UMDNJ, MSN.

Bachelor of Science- Nursing

Felician College - Lodi, NJ

Diploma of Nursing / Associates degree

Charles Nursing School - Old Bridge, New Jersey

License Practical Nurse

Somerset Vocational Technical School - Bridgewater, New Jersey

Expected in 01/2025 **Doctorate of Nursing Practice**

Rutgers University - Newark, NJ

CERTIFICATIONS

- NP-C
- RN
- BLS
- ACLS

REFERENCES

On request

AFFILIATIONS

- American Association of Nurse Practitioners
- American Nurses Credentialing Center
- Clara Maass Medical Center

LANGUAGES

Spanish



Native or Bilingual