

# Tara Clark

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## **MS | 12/2019 | GEORGETOWN UNIVERSITY**

· Major: Family Nurse Practitioner

## **BSN | 08/2009 | UNIVERSITY OF CENTRAL FLORIDA**

· Major: Nursing

## **BS | 08/2000 | UNIVERSITY OF FLORIDA**

· Major: Animal Science

## **Experience**

### **REGISTERED NURSE | CARRIAGE HILL HEALTH AND REHAB | 06/2017-08/2020**

- Supervise and direct licensed and non-licensed nursing staff.
- Promote and maintain good working relationship with physicians, lab and pharmacy to ensure proper and safe care of patients/residents.
- Encourage good working relationships with nursing staff, other departments, patients/residents, families and visitors.
- Assist in admission, transfer and discharge of patients/residents.
- Demonstrate constructive communication and staff development.
- Observe and assess patients/residents on a daily basis. Report any significant change in condition to the physician.
- Monitor to ensure that nursing care documentation is appropriate, concise and timely.
- Make rounds with physicians providing pertinent information regarding the care/condition and follow through with the physician orders.
- Review physician's orders, lab reports and contact pharmacy regarding any change in medication.
- Communicate with family members regarding care and/or condition.
- Perform other standard nursing procedures or treatment when necessary.

### **LABORATORY MANAGER | DUNLAWTON FAMILY MEDICINE | 08/2002-12/2007**

- Obtain blood samples from patients and performed CMP, CBC, TSH, AND PT/INR testing in lab

- Train laboratory personnel
- Maintain documentation for laboratory certification through CLIA
- Record treatments, medications, discharge and follow-up care
- Check patients in and out, organize medical records, obtain insurance authorizations and billing, referrals
- Obtain vitals readings on patients, conduct hearing assessments and nerve conduction studies
- Administer injections and perform suture removal
- Provide health education to patients

#### **LABORATORY TECHNICIAN | UNIVERSITY OF FLORIDA | 08/1999-08/2001**

- DNA and RNA extraction
- Polymerase chain reactions
- Maintain cell cultures
- Graph DNA maps
- Make stock solutions and autoclave instruments

#### **Clinical Experience | Colonial Heights Pediatrics | 05/2019-07/2019**

- Assess children from 48 hours old to 21 years old for common illnesses and complaints
- Perform well-child checks, sport physicals, and pre-operative evaluations
- Obtain cultures of wounds, vitals, and apply dental fluoride treatments
- Document in Athenahealth EMR
- Diagnose and treat chronic and episodic conditions of childhood

#### **CLINICAL EXPERIENCE | CENTRAL RAPPAHANNOCK REGION HEALTH CENTER |**

**01/2019-03/2019 and 08/2020-12/2020**

- Perform physical examination, obtain pap smears and cultures
- Documentation on EMR
- Develop plan of care
- Diagnose and treatment of episodic and chronic diseases
- Review laboratory findings
- Provide guidance and counseling

#### **CLINICAL EXPERIENCE | IYER CLINIC | 09/2018-12/2018**

- Obtain patient medical, family, surgical history and medication list
- Perform well-assessment exams
- Document in electronic medical record

## LICENSES/CERTIFICATIONS

- Registered Nurse licensed in VA, DC
- BLS 2009-present