

EDUCATION

Yale University- School of Management
Healthcare Management

Executive Education
Aug 2021- Oct 2021

New York College of Podiatric Medicine
Doctor of Podiatric Medicine

New York, New York
Graduated May 2020

University of Houston- Clear Lake
Master of Science in Biology with a Pre-Health Specialization

Houston, Texas
Graduated May 2011

State University of New York at Binghamton
B.A. in Biology with Honors Distinction in Independent Research

Binghamton, New York
Graduated May 2009

PUBLISHED RESEARCH/ POSTER PRESENTATIONS

- (In Process) Case Study: “The Use of Calcaneocuboid Bone Block Arthrodesis in Pediatric Flexible Peritalar Subluxation.”
- (In Process) A Comparison of the Operative Outcomes vs the Competency of Ultrasound and MRI Readings in Peroneal Tendon Tears.
- Stowers, J., Black A., Tran, S., Rahman, S., Kaur, K., Spielfogel, W., Rahnama, A. A Multicenter Retrospective Analysis of CT Confirmed Pilon Fractures. 2001 ACFAS Poster Presentation.
- Rahman, Sharaara. “The involvement of miRNA’s in Diabetic Foot Ulcer Healing.” Podiatric Medical Review. New York College of Podiatric Medicine: Volume 26.
- Rahman, Sharaara, Anwarul H.M. Khan, and Mohammad B. Rashid. 2018. “MicroRNA Expression Patterns Responsible for Inducing Chemo - Resistance in Ovarian Cancer.” Journal of Biomedicine 3:64-67.
- Crew, Elizabeth, Sharaara Rahman, Asma Razzak-Jaffar, Derrick Mott, Martha Kamundi, Gang Yu, Nuri Tchah, Jehwan Lee, Michael Bellavia, and Chuan-Jian Zhong. 2012. "MicroRNA Conjugated Gold Nanoparticles and Cell Transfection." Journal of Analytical Chemistry 84(1): 26–29.
- Rahman, Sharaara. “A Study of Gold Nanoparticles for Conjugation with micoRNA in Cancer Prognositics and Therapeutic Strategies.” Undergraduate Thesis, State University of New York Binghamton University, 2009

PROFESSIONAL EXPERIENCE

Lenox Hill Hospital- Northwell Health
Chief Resident, PGY 3

New York, NY
Aug 2020- Present

- Podiatric Medicine and Surgery- Credentialed in Reconstructive Rear Foot and Ankle Surgery
- Selected for Northwell Health’s Leadership Development Program
- Active Member of ACFAS, APMA, and NYSPMA; Presented a Poster at ACFAS 2021
- Study Coordinator for two departmental IRB approved Pilot Clinical Studies:
 - Effects of Zynrelef on Post- Operative Pain
 - The Comparison of Liposomal Bupivacaine (EXPAREL) to Bupivacaine

University of Texas Health Science Center, Neurology Department
Research Assistant

Houston, Texas
Feb 2011 - May 2011

- Enrolled patients, prepared Case Report Forms and maintained online databases and patient charts

Baylor College of Medicine, Gynecology Department
Project Intern

Houston, Texas
Jan 2010 - Feb 2010

- Prepared ovarian cancer cell lines for tissue culture and organized the tumor bank: collected samples of various gynecologic tumors and cryofroze them into cryovials
- Prepared and edited protocols for NIH submission, following IRB rules and regulations

State University of New York at Binghamton, Department of Chemistry
Research Assistant for PhD studies in Nanotechnology

Binghamton, New York
Aug 2007 - May 2009

- Utilized gel electrophoresis and a process of particle surface immobilization to analyze characteristics of nanoparticles relevant to gene manipulation and developed nanostructure materials as sensors for identification of target genes and for other potential applications in biomedical engineering
- Managed collaboration between the University of Houston and SUNY Binghamton for research regarding publication of Honors thesis

LEADERSHIP POSITIONS / COMMUNITY SERVICE

IBTV USA

Talk Show Host for Health & Happiness TV Show

New York, NY
Sept 2022 - Present

- Medical TV Show that is aimed in educating the Bangladeshi community in Health and Wellness

Children of 1971

Senior Mentor

New York, NY
Feb 2021 - Present

- Non-profit organization that promotes growth in the Bangladeshi community through community service, fundraisers, and mentorship of high school and college students

Phi Delta Epsilon (ΦDE) Pre- Medical Co-Ed Fraternity

Fraternity Alumni Member

Binghamton, NY
Aug 2006 - Present

- Participation in annual On- Campus workshops and Zoom Mentorship with Undergraduate Members

Student National Podiatric Medical Association

National Delegate

New York, NY
May 2017 - Oct 2018

- Providing foot screenings to underserved communities in Harlem and across Greater NYC
- Attending conferences geared towards challenges faced by minority students in Podiatric Medicine

New York College of Podiatric Medicine

Orthopedics Department Class Coordinator & Clinical Skills Liaison

New York, NY
May 2018 - Present

- Liaison between the Professors and 3rd year Medical Students
- Assisted the Professors and Attendings in coordinating workshops in the Orthopedics Department

United States Military West Point Academy 2017 Bootfit

West Point, NY

- Two - day event where we stayed in the barracks and assisted in measuring first year cadet's foot size for a proper boot fit and analyzed their gait to gain data for clinical research

Susan G. Komen for the Cure

Chair for I am the Cure ® & Education Outreach

Houston, TX
Mar 2012 - Jul 2016

- Assisted in planning for The Race for the Cure ® for three years & managed outreach programs that raised awareness on breast cancer in underserved areas

Ben Taub General Hospital

Emergency Room Volunteer

Houston, TX
Sep 2010 - May 2015

- Transporting patients, retrieving medical supplies, and communicating with families

American Red Cross at Binghamton University

Financial Vice President

Binghamton, NY
Aug 2006 - May 2008

- Restructured the organizations finances, and developed blood donation events on campus

AWARDS AND RECOGNITIONS

- Recipient of the Class of 2020 Susheel Bhatla Award at New York College of Podiatric Medicine
- Binghamton University Harpur College Dean's Research Award for laboratory research in Nanotechnology for 2007-2009 semesters
- Distinguished Independent Research in Biology (Successful Defense of Honors Thesis), Spring 2009
- Binghamton University's Dale B. Terry Memorial Foundation Award Recipient, Spring 2009
- Ronald E. McNair's Scholar Fall 2008- Spring 2009 and Summer Research Award with stipend
- Harpur College's Dean's list for Spring 2008
- Received recognition from Senator Hillary Clinton, Senator Charles Schumer and Representative Steve Israel for Cancer research at the Howard Hughes Medical Institute, Summer 2004

SKILLS

- Proficient in various EMR's (Allscripts, Sunrise, Quadramed, Epic, E-clinical), Microsoft Office and Macintosh
- Fluent in Bangla (Bangladesh), Urdu (Pakistan), Hindi (India) and proficient in Spanish

References Available Upon Request