
Itamar Simhon

Family Nurse Practitioner, Orthopedic Nurse Certified

OBJECTIVE

Highly driven Family Nurse Practitioner with leadership experience seeking a position in a hospital setting.

CONTACT

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EDUCATION

2018

**ONC, Board Certified Orthopedic
Nurse Practitioner**

2017

**Master in Nursing, Family Nurse
Practitioner**

Simmons College
Boston, MA

2008

Bachelor of Science in Nursing

University of Maryland
Baltimore, MD

CERTIFICATIONS

Botox® Cosmetic, Xeomin®,
Dysport™

Ultrasound Guided Procedures

Joint/Extremity/Non-Spinal
Injection Certification

IV Nutritional Therapies

PROFESSIONAL EXPERIENCE

Medical Director

Terrapin Care Center - College Park, MD
June 2018 – Present

- Achieve 94% success rate in reducing the frequency and intensity of trigger point - induced migraine headaches through myofascial trigger point injections.
- Successfully treat chronic musculoskeletal conditions using ultrasound guided intra-articular Hyaluronic acid injections.
- Expand medical services to include PRP injections for aesthetics purposes, in addition to treating musculoskeletal degenerative conditions.
- Oversee patient case management to ensure high quality service and patient satisfaction.
- Train nurse practitioners in orthopedics and pain management.
- Present courses on the occurrence and treatments for myofascial trigger points, osteoarthritis and the benefits of using ultrasound to diagnose and treat those conditions. Provide continuing education credits to physicians and other medical providers on these topics.

Clinical Nurse Manager

Healogics - Takoma Park, MD
November 2012 – April 2018

- Increased efficiency of nursing staff and clinic operations by reorganizing and standardizing inventory and medical supplies in each treatment room.
 - Improved wound care clinic's healing rate from 82% to 95% by engaging staff in process implementation.
 - Increased Hyperbaric Oxygen (HBO) conversion rates and improved healing rates by collaborating with physicians to accurately reclassify wound etiology and diagnosis.
 - Designated as an official mentor site for dozens of wound care centers in the mid-Atlantic region; received accolades on communication style and clinical approach.
 - Successfully planned and executed community outreach events to educate nursing home and home health nurses on advanced wound care and Hyperbaric Oxygen Therapy. This improved care for our patients outside the center. Physicians, NPs and nurses who attended received continuing education credits.
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AWARDS

February, 2015

Center of Distinction

Wound healing rate

Takoma Park, MD

February, 2014

Center of Excellence

Wound healing rate

Takoma Park, MD

February, 2013

Center of Excellence

Wound healing rate

Takoma Park, MD

April, 2012 & July, 2012

Service Excellence

U.S. Army Corps of Engineers

WRNMMC Bethesda, MD

January, 2008

Outstanding Leadership and Service Award

University of Maryland, Baltimore

The Universities at Shady Grove

Pain management and Orthopedics Pre-Op and PACU RN

Anesthesia Solutions LLC - Millersville, MD

April 2012 – June 2018

- Assigned to various Orthopedic surgical centers in Maryland.
- Recovered patients after shoulder, hip, and knee surgeries.
- Collaborated with orthopedic surgeons during preoperative and postoperative periods.
- Educated client and responsible guardian of post-operative instruction.
- Demonstrated and explained to patients and family about usage of orthopedic supportive devices.

Registered Nurse - Surgical ICU

Walter Reed National Military Medical Center - Bethesda, MD

January 2012 – November 2012

- Assisted physicians and nurse practitioners in emergent, invasive bedside procedures for injuries rarely seen in civilian hospitals.
- Adapted to cutting edge treatment approach and treatment modalities used at the hospital.
- Effectively managed the needed multidisciplinary care for unstable ICU patients through teamwork, critical thinking and the practice of core values of WRNMMC.
- Steadfast patient advocate.
- Mentored nurses in performing negative pressure wound therapy (NPWT) and ostomy care.

Registered Nurse - Medical, Surgical, and Neurological ICU

Suburban Hospital – Johns Hopkins Medicine - Bethesda, MD

January 2009 – January 2012

- Comfortable working in a fast-paced environment managing life support treatment for neurologic and hemodynamic unstable patients.
- Ability to quickly and effectively solve problems with a high volume of diverse patients and family members while maintaining a composed and diplomatic demeanor.
- Excellent bedside manner, proven to immediately establish rapport with patients, family members and medical personnel.
- Recipient of numerous patient recognition awards.
- Mentor for nursing students in their clinical rotation.
- Technically proficient with Microsoft Office, electronic medical records and McKesson.