

Heather Renee Gerrish

heather.gerrish.PA@gmail.com • (253) 307-1987
[LinkedIn](#) • Fremont, CA

Pediatric Nutrition Specialist, Nutrition Support
Clinician

Aspiring Physician Assistant Student with experience in the collaborative treatment of a wide range of pediatric gastrointestinal disorders. Proficient in conducting comprehensive patient evaluations and developing personalized treatment plans.

Qualifications Summary

- Detail-oriented professional with abilities in performing various diagnostic procedures including hormone level analysis and interpretation. Exceptional communication skills, adept at explaining complex medical information to patients in a clear and concise manner.
- Collaborative team player, fostering strong relationships with interdisciplinary healthcare professionals to ensure comprehensive patient care. Demonstrated ability to deliver compassionate care and maintain high patient satisfaction rates. Proven ability to excel in fast-paced environments, delivering efficient and accurate care with a focus on patient safety.

Career Experience

Stanford Children's Health Alliance, Pediatric Gastroenterology | Sutter Health Pediatric Dietitian **2019 – 2021**
Diabetic Educator/ Pediatric Registered Dietitian/ Clinical Nutrition Support Dietitian

Offered guidance and support to adult and pediatric patients with nutrition-related disorders, including feeding disorders, enteral nutrition care, and diabetes management. Provided nutrition education for patients and their families, focusing on topics such as gestational diabetes and heart-healthy diets. Collaborated with physicians and medical teams to ensure optimal patient care and nutrition status. Counseled and supported pediatric patients with a range of diagnoses, including failure to thrive, Celiac disease, and eating disorders. Participated in multidisciplinary rounds to provide nutritional expertise and make appropriate referrals. Assisted in the development and evaluation of nutritional care policies and educational programs for staff.

- Utilized telehealth communication to connect with care teams and patients.
- Independently evaluated and assessed cases related to feeding disorders, diabetes care and nutrition support.
- Specialized in managing cases in the Stanford Stepdown NICU within Sequoia Hospital.
- Assessed and managed nutritional status in an acute care setting.
- EMR proficiency in EPIC, Cerner, Allscripts and Elation software.

Stanford School of Medicine, Clinical and Translational Research Program, Palo Alto, CA **2019 – 2020**
Clinical Research Coordinator Associate

Liaised with Medical Directors, Chief Residents, and acting Department Chairs of Pediatric Cardiology, to develop and execute research plans and procedures for Single Ventricle Specialty Clinic. Computed baseline budget estimates and projected research costs for two national studies related to pediatric congenital heart disease, ensuring efficient utilization of research grants.

- Managed nine ongoing research projects simultaneously, while also overseeing a national registry database dedicated to pediatric congenital heart disease.

Virginia Mason Memorial Hospital Yakima, WA **2018 – 2018**
Dietitian II, Diabetes Education

Applied evidence-based research recommendations from accredited sources to implement medical nutrition therapy for patients with diverse disease states. Collaborated with Registered Dietitian Nutritionists to provide patients with external referrals to shopping and purchasing grocery tours.

- Enhanced patient education and knowledge acquisition by referring them to Diabetes Educators, Food for Life Cooking Demonstrations, and Continuous Glucose Monitoring educational sessions.

Additional Experience

Adjunct Instructor, Diablo Valley Community College, Pleasant Hills, CA
Adjunct Instructor, Skyline College, San Bruno, CA

Education

Master of Medical Science, Yale Physician Assistant Online Program, Yale School of Medicine, *Expected May, 2024*

Master of Science in Nutrition and Exercise Physiology, Washington State University, Spokane, WA

Bachelor of Science in Food Science and Nutrition, Central Washington University, Ellensburg, WA

Training & Certifications

AHA BLS/Basic Life Support, 2022

AHA ACLS, 2022

Medications for Opioid Use Disorder (MOUD) / Buprenorphine Training for PAs

Certified Diabetes Care and Education Specialist (CDCES)

Registered Dietitian Nutritionist (RDN)

Certified Specialist in Pediatric Nutrition (CSP)

Certified Lactation Consultant (CLC)

Certified Nutrition Support Clinician (CNSC)

Exercise Physiologist-Certified (ACSM EP-C), American College of Sports Medicine

Human Subjects Research Protections, IRB/BioMed Research, Stanford University

Affiliations

American Academy of Physician Associates

- Student Member, 2021

Academy of Nutrition and Dietetics

- Foundation Scholarship Review Committee Member, 2019 - 2020
- Research Dietetic Practice Group (RDPG): Executive Committee Member, 2019 - 2021
- Public Health Practice Group Nominating Committee Member, 2019 - 2020

Awards & Honors

- Academy of Nutrition and Dietetics Foundation Scholarship, 2020
- Outstanding Undergraduate Research (SCAN), 2016
- Nominee for Scholar of the Year (SOURCE), 2016
- Outstanding Poster Award (SOURCE), 2015
- College of Education and Professional Studies Tuition Award (CWU), 2015

Clinical Rotations

- Adult Gastroenterology, Washington Hospital – Fremont, CA (150 hours)
- Adult Endocrinology, Washington Hospital – Fremont, CA (150 hours)
- *Pediatric Endocrinology, Packard Children’s Health, Stanford – Burlingame, CA (140 hours)
- Pediatric Urgent Care – After Hours Pediatrics, San Mateo, CA (140 hours)
- Primary Care, Parikh Health – Santa Clara, CA (450 hours)
- Internal Medicine, Dr. Dae-Wok Kang, O’Conner Hospital – San Jose, CA (480 hours)
- Behavioral Medicine, San Jose Integrative Wellness Center – Los Gatos, CA (135 hours)
- Women’s Health, Santa Clara Valley Medical Center – San Jose, CA (135 hours)

**Specialty clinic, upcoming*