

# Laura Winters, APRN, CNP

1135 Windsong Bay Lane | Tega Cay, SC 29708 | (218) 591-0521 | laura.winters@live.com

## Education

Master of Science in Nursing  
University of North Dakota, Grand Forks,  
ND

- Specialization: Family Nurse Practitioner, graduated May 2014

Bachelor of Science in Nursing  
North Dakota State University, Fargo, ND  
• Graduated May 2007

## Licensure

- Certified Family Nurse Practitioner, American Academy Nurse Practitioner, since 2014
- Registered Nurse, Minnesota Board of Nursing, since 2007
- ACLS, American Heart Association, since 2008
- Registered Nurse, North Carolina Board of Nursing - temporary license since July 2022
- APRN license, South Carolina Board of Nursing - issued August 18, 2022

## Professional Experience

Certified Nurse Practitioner, Essentia Health – St. Mary's Medical Center, Duluth, MN,  
September 2014 - present

- Provide inpatient and outpatient care to vascular patients at a level 1 trauma center
- First assist in vascular surgical cases including endovascular and open surgical repair of thoracic and abdominal aortic aneurysms, carotid endarterectomy, TCAR, endovascular and surgical peripheral artery revascularization, dialysis access creation, tunneled dialysis catheter placement, physician modification of endografts for fenestrated endovascular repair of thoracoabdominal aortic aneurysms, perform diagnostic angiograms including sheath placement and closure devices
- Independently perform percutaneous artery or venous access, placement and removal of tunneled and temporary dialysis catheters, endoscopic or open surgical vein harvest, open exposure of brachial, axillary, common femoral, superficial femoral and popliteal arteries
- Inpatient consultation of patients with vascular disease including critically ill patients in collaboration with attending physician. Provide recommendations for ongoing treatment and management.
- Provide education and presentation to nursing staff, participated in multidisciplinary protocols for treatment protocols, collaborated with EMR for order sets (Epic)

- Evaluate and treat complex wounds in patients with peripheral vascular disease — including sharp debridement, initiation and maintenance with wound vac therapy, placement of non-biologic tissue grafts for wound healing, familiar with multiple wound care products

Registered Nurse, St. Luke's Hospital, Cardiac Diagnostics/Interventional Radiology, Duluth, MN, July 2012 - September 2014

- Assisted with inpatient and outpatient stress tests, ECHOs with contrast, cardioversions, permanent pacemaker interrogations
- Coordinated care, monitored vital signs, provided moderate sedation, provided education to patients and families. Procedures involved in: CT and ultrasound guided biopsies, angiograms with interventions, TIPS, central line insertions and removals (Port-A-Cath, tunneled dialysis catheter), semi-permanent pleural and peritoneal drains, thoracentesis, paracentesis, abscess drain placement and removal, thrombolytic therapy

Registered Nurse, St. Luke's Hospital, Intensive Care Unit, Duluth, MN, Jan. 2009 - July 2012

- Provided care to critical ill patients ages 10 and older; Initiated and titrated medications, airway management and ventilator monitoring, EKG and hemodynamic monitoring, continuous renal replacement therapy, intra-aortic balloon pumps, post-surgical patients including coronary artery bypass grafts, trauma patients, neurological patients with intracranial pressure monitoring and ventriculostomy, wound cares, thrombolytic therapy, ETOH withdrawal, post cardiac arrest with therapeutic hypothermia

Registered Nurse, MeritCare Hospital, Inpatient Surgical Unit, Cardiovascular Intensive Care Unit, Fargo, ND, July 2007-December 2008

- Monitored and provided care to postoperative patients following gastric bypass, lower extremity bypass and aortic aneurysm repair, laparoscopic abdominal surgeries, thyroidectomy, hysterectomy
- Monitored and provided care to critically ill cardiovascular patients including post coronary angiogram with frequent removal of femoral artery sheaths, IABP management and immediate postoperative coronary artery bypass surgery

## **Presentations**

- “Contemporary Report of Clinical Outcomes after Physician Modified Endograft for Thoracoabdominal Aneurysm.” Vascular Annual Meeting, Boston, MA. June 2022
- “Vascular Surgery Patient Care Overview.” Essentia Health - St. Mary’s nursing unit, Duluth, MN, December 2021
- “Peripheral Vascular Adjunctive Procedures in Conjunction with Trans-Catheter Aortic Valve Replacement.” Twenty-second Scientific Session of the Hawaii Vascular Surgical Society, Honolulu, HI. April 2019

## **Professional Organizations**

- American Association of Nurse Practitioners
- Minnesota APRN Coalition
- Society of Vascular Nursing