

CLEIDER LASTRE, M.D.

(786) 498-8734 | aaronidel89@gmail.com | dr.lastre@gmail.com

Professional Summary

Highly skilled and compassionate Doctor and Registered Medical Assistant with over 6 years of experience in the Emergency Room, providing immediate and comprehensive medical care to patients with life-threatening injuries and illnesses. Proven expertise in diagnosing and treating urgent and critical medical conditions, ensuring timely interventions to stabilize patients' conditions. Skilled in educating patients and their families on medical conditions and preventive measures, fostering increased awareness and understanding. Collaborative team player, coordinating with physicians and specialists to deliver comprehensive patient care. Dedicated to maintaining accurate medical records and adhering to established protocols and quality standards.

Skills

- Emergency Medical Care & Triage
- Direct Patient Care & Advocacy
- Team Training & Development
- Initial Patient Assessments & Intake
- Medical Treatment & Emergency Procedures
- Patient Education & Counseling
- Basic Life Support (BLS) & CPR
- HIPAA & Healthcare Compliance
- Cross-Functional Team Collaboration
- Diagnostic Test Interpretation
- Family Education & Support
- Excellent Written & Verbal Communication

Work History

Doctor, Emergency Room

02/2015 to 07/2021

Cuba

- Administered immediate and comprehensive medical care to patients with life-threatening injuries and illnesses.
- Educated patients and their families about various health conditions, fostering increased awareness and understanding.
- Referred patients with critical conditions and emergency situations to hospitals, ensuring timely and appropriate care.
- Conducted training sessions for support staff on patient care strategies, intake procedures, and medical procedures.
- Conducted initial assessments of patients in the Emergency Room, triaging cases based on the severity of their condition.
- Treated patients with urgent and critical medical conditions, ensuring timely interventions to stabilize their condition.
- Administered emergency medical procedures, including resuscitation, wound management, and emergency surgeries.
- Interpreted diagnostic tests, such as X-rays, lab results, and electrocardiograms, to aid in diagnosis and treatment planning.
- Prescribed and administered appropriate medications and therapies to alleviate symptoms and promote recovery.
- Collaborated with consulting physicians and specialists to ensure comprehensive and coordinated patient care.
- Educated patients and their families on their medical condition, treatment options, and preventive measures.
- Monitored and reassessed patients regularly to track their progress and adjust treatment plans accordingly.
- Maintained accurate and complete medical records and documentation of patient encounters.
- Adhered to established protocols, guidelines, and quality standards to deliver safe and effective emergency medical care.
- Provided guidance and supervision to medical students, residents, and other healthcare professionals as needed.

Certifications & Training

- Registered Medical Assistant – Florida Registry of Medical Assistants – 04/2023
- Basic Life Support Provider (CPR & AED) – American Heart Association – 04/2023

Education

University of Medical Sciences of Camagüey, Cuba – Doctor of Medicine – 2015