

Curriculum Vitae

Obiageri N. Nwadibia, FNP, MPH, BSN, RN
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Professional Summary

Clinically skilled, accomplished, compassionate, and committed nurse practitioner, with diverse experiences in managing and delivering quality patient care for over 19 years in different clinical settings including as an Administrator of Nursing Agency, supervisor and charge nurse in long-term care, medical and surgical units in hospitals, outpatient surgical facilities, geriatric and pediatric home care facilities. A self-motivated effective communicator, good listener, highly adaptive to a fast growing and changing environment, with great assessment skills, and collaborates well with professional colleagues, patients and patients' families to ensure quality and effective patient care.

Clinical Experience

Medwell Walk-In Medical Clinic, Beltsville, MD: February 2019 – April 2020

- Walk-In Family Medical Clinic with **Dr. Constance Lou Millstein** as my Preceptor

Responsibilities

- Assessed, diagnosed, formulated and implemented treatment plans for acute, sub-acute and chronic conditions of adult, pregnant adult, children, and geriatric patients.
- Provided education and counseling of patients about new diagnosis, medications, and self-care
- Make appropriate referrals of patients to specialists for consultations
- Timely e-charting
- Provided urgent care for acutely ill patients as needed
- Perform EKG

Greenbelt Pediatrics and Adolescent Care Center, Greenbelt, MD: May 2017 - Nov 2019

- Pediatric and Adolescent care with **Dr. Yibas Markos** as my Preceptor

Responsibilities

- Assessed, diagnosed, formulated and implemented treatment plans for acute, sub-acute and chronic conditions of children from the birth till 18 years old.
- Provided education and counseling of patients about new diagnosis, medications, and self-care

to both patient and caregiver (Parent).

- Make appropriate referrals of patients to specialists for consultations
- Completed timely e/m documentation
- Provided urgent care for acutely ill patients
- In office treatment as needed

Mody & Associates - Healthrise Lotus Care LLC Clinic, College Park, MD: Nov. 2019 – Feb. 2020

- Obstetrician & Gynecologist with **Vibhakar Mody, MD** as my Preceptor

Responsibilities

- Assessed, diagnosed, formulated and implemented treatment plans for women seeking primary, prenatal, or postpartum care.
- Provided education and counseling about new diagnosis, medications, and self-care to both patients and caregivers.
- Taught and promoted wellness in women and screening for common gynecological disorders, normal pregnancy, contraception treatments, and other common health conditions.
- Made appropriate referrals of patients to specialists for consultations.
- Completed timely e-charting and E/M documentation.
- Provided urgent care services for geriatric patients in nursing homes and in-office as needed.

Employment Experience

KAISER PERMANENTE, Kensington, MD: June 2012 – Present

Clinical Nurse/Lead Registered Nurse

- Coordinate overall clinical care services for sub-acute and long-term care patients in the facility
- Administer all oral and injecting medications in assigned clinical area, and ensure that narcotics and drug supplies are available and secured.
- Initiate and monitor IV therapy to therapeutic and diagnostic procedures

- Work with MD/NPs to provide quality assurance and respond to emergency situations in patient care.
- Supervise patient flow and act as resource person to LPNs and clinic assistants, and act as patient advocate.
- Coordinate implement and evaluate patient teaching plans in primary prevention areas like diabetes, hypertension, weight control, anticoagulant therapy, and other areas as may be assigned.
- Set up and assist the physicians in clinical procedures as appropriate.

DIMENSIONS HEALTHCARE SYSTEM (Laurel Regional Hospital), Laurel, MD: July 2002 to 2019.

Registered Nurse

- Performed general and charge nursing duties as may be required.
- Specific duties include admission and assessment of patients
- Provided medication administration, administering chemotherapy and documentation in the medical and surgical unit.
- Work with the care team to provide quality assurance and respond to emergency situations in patient care.
- Supervise patient flow and act as resource person to nursing assistants and medicine aides, and act as patient advocate.

MERCYLAND NURSING SERVICES, Burtonsville, MD: Program Administrator: May 1999 - September 2004.

- Coordinated overall clinical care services for a residential service agency in their home settings and in sub-acute and long-term care patients facilities.
- Worked with other healthcare professionals, patients and their families in ensuring quality and timely patient care
- Mentored and oriented field nurses in care planning, implementation, evaluation and documentation of patient care services.
- Coordinated and managed skilled nursing care and procedures such as IV therapy, tracheostomy, vent care, and wound care etc.

- Conducted monthly QA report to monitor progress
- Carried out general administrative duties, including interviewing and training of staff for residential care duties.

ADVENTIST HEALTHCARE REHABILITATION HOSPITAL, Silver Spring, MD: Registered Nurse: June 1996 - May 1999.

- Performed general nursing duties as may be required
- Carried out specific duties including assessment, administering medication and documentation.
- Assisted patients with rehabilitation process through an interdisciplinary effort.

FAIRLAND ADVENTIST NURSING CENTER, Silver Spring, MD: Registered Nurse/Charge Nurse: March 1996 - October 1997.

- Worked as the evening shift supervisor
- Coordinated all evening nursing activities including performing medication administration and documentation, and TARs
- Monitored clients as needed. I also ensured accurate documentation and records in compliance with federal and state regulations.

CAROLINE CENTER, Burtonsville, MD: Supervising Geriatric Nurse: March 1995 - January 1999.

- Performed supervisory and general nursing duties as may be required.
- Conducted nursing assessments for new admissions.
- Provided medication administration and documentation.
- Performed supervision of staff involved in assisting patients with disability and mental retardation with activities of daily living.

NATIONAL REHABILITATION HOSPITAL, Washington, DC: Registered Nurse: March 1998 - December 1999.

- Performed general nursing duties as may be required.
- Conducted new patient admission and nursing assessment.
- Provided medication administration and documentation in a rehabilitation unit.

Education/Licensure and Certification

- Walden University, Minneapolis, MN: July 2018 - May 2020 (FNP)
- Walden University, Minneapolis, MN: May 2011 - July 2013 (MPH)
- Bowie State University, Bowie, MD: July 1996 - August 1998 (BSN)
- Marymount University, Arlington, VA: September 1993 - July 1995 (Associate Degree in Nursing).

- University of District of Columbia, Washington, DC: September 1987 - Dec. 1991 (BS Criminal Justice).

Certification/Licensure

- RN Professional License - District of Columbia - 2002 to Present
- RN Professional License - Maryland - 1996 to present
- Advanced Cardiac Life Support (ACLS) – current
- Basic Life Support (BLS) - current

References

- Dr. Connie Millstein: 301-595-2820 (Clinical Preceptor)
- Dr. Wudneh Temesgen: 301-929-7167 (Consultant Surgeon, Kaiser Permanente)
- Helen Singleton, RN: 443-851-9042 (Colleague/Supervisor)