

**Bilikisu Osman, MSN, BSN, RN, FNP, BC | 301-996-4885**

**Bilikisu Osman, MSN, BSN, RN, FNP-BC,**

*Upper Marlboro, MD 20774*

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### **Professional Summary**

**A dedicated and compassionate Family Nurse Practitioner with comprehensive education and practical experience across all areas of medical care, with a solid foundation of knowledge in the Pre and Post-anesthesia care, Med Surge setting, Primary Care, Urgent Care, Managing Vaccination Center, COVID 19 screening, testing and contact tracing per CDC protocols.**

- **Excellent exposure and strong interest in providing care to clients as a Family Nurse Practitioner. With a desire to grow and become part of a collaborative team of professionals' providers**
- **Proficient in Assessment, diagnosis, treatment, medication management and charting**
- **Highly effective skills in listening, evaluating, organizing, and communicating with Patients, family members and team members.**
- **Collaborates and work well with members of multi-disciplinary treatment team.**
- **Multicultural sensibility and passionate drive to make a positive difference in patient's lives.**

**Conscientious professional commitment to use medical standard approach in utilizing knowledge of research and evidence-based practice.**

- A patient advocate with strong clinical skills enhanced by a natural ability to build rapport with patients and families**
- Vast experience in providing care to clients with medical needs.**

### **EDUCATION**

**Walden University School of Nursing, Minneapolis, MN May 2017- Aug. 2019**

**Master of Science Degree- Family Nurse Practitioner (MSN)**

**Grand Canyon University School of Nursing, Phoenix, AZ May. 2012 - Jul. 2014**

**Bachelor of Science Degree- RN (BSN)**

**College of Medicine and Allied Sciences, Sierra Leone Sept. 1996 - Sep. 1999**

**Associate of Science Nursing- (ASN)**

### **CLINICAL EXPERIENCE**

**ET Health Foundation Inc., Dr. TawTaw – Greenbelt, MD Feb. 2019 to May. 2019**

**Synthesis in Advance Practice Care of Complex Patient 144 clinical hours**

**Howard University Hospital, Family Practice, Washington, DC Nov. 2018 to Feb. 2019**

**Women's Health/OBGYN Practicum 144 clinical hours**

**ET Health Foundation Inc., Dr. TawTaw – Greenbelt, MD Aug. 2018 to Nov. 2018**

**Pediatric and Adolescent Practicum 144 clinical hours**

**Howard University Hospital, Family Practice, Washington, DC May. 2018 to Aug. 2018**

**Adult Across the Life Span Practicum 144 clinical hours**

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## **PROFESSIONAL EXPERIENCE**

**Washington Vascular Specialist, Takoma Park. MD Dec. 2021 -Current**

**Lead FNP-BC,**

- **Evaluate, assessed and treat patient with Cardiovascular conditions and diseases.**
- **Documenting care in a medical record, aiding in diagnosing conditions and diseases, offering lifestyle, medical and dietary suggestions.**
- **Developing and adhering to a treatment plan including writing prescription and dispensing medications**
- **Providing pre- and post-care for patient undergoing angiogram and angioplasty**
- **Assess performance levels, identify root causes and develop action plan for continuous improvement**
- **Motivate patients through wellness and prevention counseling services, including weight loss management and smoking cessation.**
- **Perform point of care testing as indicated (flu, strep, cholesterol, UA/UC, glucose, A1C).**
- **Perform traveling health requirement (administer required traveling vaccines).**
- **Appropriately refer patients to higher level of care and collaborate when necessary with medical director.**

**Express Healthcare LLC, College Park, MD Feb. 2020 -Mar. 2022**

**FNP-BC,**

- **Assessed, diagnosed and provide wide range of acute and chronic care to patients as per guidelines.**
- **Continued professional development through regular participation in online and in-person medical and nursing opportunities.**
- **Effective multi-task non-clinical administrative duties including inventory management, insurance claims, and patient payments.**
- **Demonstrate leadership and management principles and practices as they relate to problem solving, planning, organizing, guiding, delegating and implementing change.**
- **Provide patient's education in accordance with their disease process as per evidence based.**
- **Motivate patients through wellness and prevention counseling services, including weight loss management and smoking cessation.**
- **Perform point of care testing as indicated (flu, strep, cholesterol, UA/UC, glucose, A1C).**
- **Tele-health, COVID 19 screening, testing, follow up, contact tracing and counseling COVID 19 positive patients in accordance with CDC guidelines**
- **Perform traveling health requirement (administer required traveling vaccines).**
- **Appropriately refer patients to higher level of care and collaborate when necessary with medical director.**

**Howard University Hospital, Washington, DC Oct. 2019-Current**

**FNP-BC, Cardiovascular Pre and Post Procedure FNP**

- **Establish and maintain effective and cordial work relationships with staff, physicians,**

**Hospital and University officials, and the general public. • Ability to work independently with minimal supervision.**

- **Maintain responsibility and accountability for the daily operation and management of Cardiology.**

- **Assesses, monitor, records, reports and follows through on symptoms or changes in patients' conditions, after administering medications and IV therapies.**

- **Audited charts and reviewed clinical documents to verify accuracy and quality initiatives to include departmental quality initiatives and external registry and quality programs.**

- **Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.**

- **Accurately documented all elements of nursing assessment, including treatment, medications and IVs. Administered, discharge instructions and follow-up care.**

- **Knowledge of pharmacology of various drugs and their therapeutic and adverse actions and complications.**

- **Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.**

**Orient and precept new staff as needed.**

**Howard University Hospital, Washington, DC Aug. 2012- Oct. 2019**

**BSN-RN, PACU/Cath Lab**

- **Ordered labs and took vital information for testing and documents patient care services by charting in patient and department records**

- **Obtained health history, medical information, weight and height measurements and vital signs. Transported patients to and from different departments**
- **Provided in- depth educational training on side effects from medications to patients on diabetes, asthma, cancer and other diseases.**
- **Managed care for post-operative patients from initial recovery through discharge.**
- **Orders, reviews, and interprets pertinent labs and diagnostic tests.**
- **Collaborates with physicians regarding patient management and high-risk/complex treatment cases.**
- **Provides education and counseling to patients and their family members regarding the disease process, tests, therapy regimens, maintenance of health, and prevention of illness.**
- **Acts as a leader, role model, and mentor towards other healthcare professionals and towards students in the healthcare field.**
- **Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments.**

**Howard University Hospital, Washington, DC May. 2007- Sep. 2012**

**BSN-RN, Medical Surgical Nurse**

- **Taking health histories, medical information, weight and height measurements and vital signs.**
- **Assessed patient conditions by performing thorough examinations and asking appropriate medical questions.**
- **Ordered lab tests, took vital information for testing and interpreted test results and maintained patient records.**

- Evaluated patient progress and responses to various treatments. Assessed patient conditions by performing thorough examinations and asking appropriate medical Questions.
- Managed care for post-operative patients from initial recovery through discharge
- Collaborated with department heads, staff and faculty to develop engaging curriculum and advance instruction for all nursing programs.
- Monitored patient reactions to drugs and carefully documented progress of individuals participating in clinical trials. Ensured patient safety and well-being.
- Confirmed accurate completion of forms and reports for admission, transfer and/or discharge of each resident.
- Managed care for post-operative patients from initial recovery through discharge.

**Villa Rosa Nursing and Rehabilitation Center June 2004 - May 2007**

**Performed head to toe assessment of patients during admission and discharge.**

- Administered medication per doctor's order
  - Monitor patients' reaction to medication and assess patients for any adverse effect.
    - Performed fingerstick for patient and administered insulin per fingerstick result.
    - Assessed patients wound and performed wound care per doctor's order.
    - Performed trach care for patients on vent and ensured oxygen supply is adequate.
    - Monitored patients on tube feedings and administered bolus feeding for patients.
  - Evaluated immobile patients, performed range of motion exercises and turn and reposition every two hours and as needed.
- Routinely update doctors about patients' progress, lab results and collaborated with other care team members to execute plan of care.

## LICENSURE / CERTIFICATION / TRAINING

- **APRN Maryland and District of Columbia State Board of Nursing**

**Current**

- **Family Nurse Practitioner, Board certified -ANCC**

**Current**

- **RN License DC, and MD Board of Nursing Current ● License Practical Nurse (LPN)**

- **Advanced Cardiac Life Support (ACLS)**

**Current**

- **American Heart Association Basic Life Support (BLS)**

**Current**

- **Cardiovascular Research Technologies (CRT)**

**Current**

- **Women & HIV Risk Perception**

**Current**

- **Basic Radiation Training**

**Current**

- **Current Approaches to the Prevention of Mother-to-Child HIV Transmission**

**Current**

- **Infection Control**

**Current**

- **Unintended Hypothermia: The Importance of Maintaining Normothermia**

**Current**

- **IS Security Awareness Training**

- **Impella CP Online and Impella 2.5 Online Training Program Current ● TRA Champions Summit**

**Current**



- **Corporate Compliance Training: Nurses and Clinical Staff**

**Current**

- **HIPAA Privacy and Security for Nurses and Clinical Staff**

**Current**

- **AIDET: The Five Fundamentals of Service**

**Current**

- **Life Safety**

**Current**

- **HUH Hazardous Waste Program and Personal Protection Equipment**

**Current**

#### **Professional Accomplishments & Honors**

- **Perfect Attendance Award 2010 – Howard University Hospital 2010**

- **Snowmagedon Award 2011 – Howard University Hospital 2011**

- **American Association of Nurse Practitioners (AANP)**

**Current References Available Upon Request**