

Carla Rhodes, PsyD

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CURRICULUM VITAE

Clinical Psychologist licensed in the state of Maryland (License #05507). Graduated from George Washington University with a Doctor of Psychology (PsyD) in Clinical Psychology. Also hold a Master's degree in General Psychology. I have a wealth of experience in individual psychotherapy, psychological assessment, DSM-5 diagnosis, diagnostic interviewing, behavior modification training, group facilitation, case management, life skills training, teaching, and outreach services; experience working with a number of populations including at-risk youth, adults and adolescents with mental illness, adults with intellectual disabilities and cognitive impairment, individuals with substance use disorders, incarcerated individuals, individuals involved with the criminal justice system, and individuals with HIV/AIDS in addition to individuals referred for EAP therapy sessions.

EXPERIENCE:

Psychological Expert
Maryland Office of the Public Defender
June 2016-Present

I collaborate with public defenders in assessing and generating reports regarding questions of competency, mitigation, cognitive functioning, and so forth for clients involved at all points in the criminal adjudication process to be presented before the court. I also testify as an expert in proceedings to further explicate the contents of the reports as required.

Psychology Associate/Psychotherapist/Clinical Psychologist
October 2013-Present
PsychExperts & Associates

I provide individual psychotherapy to adults and children and couples from various demographics including sexual minorities; administer and interpret assessments and generate reports with indicated diagnoses and recommendations for psychoeducational and forensic use.

Psychogeriatric Services
Clinical Psychologist
May 2015-Present

I provide psychotherapy, consultation, and assessment in nursing homes and private practice.

Psychotherapist

April 2011-February 2012

Capital Region Children's Center

I provided psychotherapy services to children and families in the Washington, D.C. metropolitan area.

Clinical Psychology Associate

September 2010-June 2011

Futures Health Core

I completed assessments and generated reports with children ranging from 3 to 20 years of age in the D.C. Public and Nonpublic as well as the Charter Schools to be used in diagnosis and treatment recommendations as well as disability classification. I also attended IEP meetings to present the reports and make recommendations for treatment and classification.

Psychological Consultant

March 2010 – September 2010

Acumen Behavioral Health Consulting Inc.

I completed assessments and generated reports with children in the D.C. Public Charter Schools to be used in diagnosis and treatment recommendations as well as disability classification.

Psychology Associate

July 2009 – March 2010

MPB Group Inc.

I conducted individual and family psychotherapy with adults and children. I developed treatment plans and was the primary mental health provider for my patients.

Psychology Intern

August 2008 – March 2009

Department of Public Safety and Correctional Services

Baltimore, Maryland

I conducted screenings and assessments with inmates coming into the facility with a history of mental illness and conducted intake assessments for inmates seeking psychological services in the facilities. I maintained a caseload of over forty inmates, approximately half of which received individual psychotherapy on a weekly or biweekly basis. I provided emergency triage for inmates in crisis who were often imminently suicidal, had engaged in self-harm, or were in peril of self-harm. I also conducted psychoeducational groups including the following: Seeking Safety which focuses on trauma (PTSD) and substance abuse; Companions Understanding and Reducing Violence (CURV) which consisted of inmates who were perpetrators of partner abuse; and Thinking for a Change which taught basic cognitive behavioral change. I also participated in

Violence Reduction meetings, RESTART meetings (which determines appropriate programming for inmates), and attended Treatment Services meetings. Additionally, I presented a training on Psychodynamic Theory and Treatment to the Psychology Department and completed other duties as assigned by the training supervisor.

Psychology Extern

August 2005 – July 2006

D.C. Superior Court Child Guidance Clinic

Washington , D.C.

I completed testing and generated reports including psychoeducational assessments, competency assessments, and psychosexual examinations with juveniles under the supervision of the chief psychologist of the Child Guidance Clinic for use by the courts in determining residential placement, supervision levels, recidivism risk, or to answer specific questions set forth.

Center Clinic Intern

July 2004 – August 2005

George Washington University

Washington , D.C.

I provided individual psychotherapy to four patients a minimum of once weekly under the supervision of licensed Clinical Psychologists. I also conducted psychological assessments using various measures including the Rorschach, TAT, WAIS IV, Bender Gestalt II, Woodcock-Johnson III, and others.

Psychiatric Technician

July 2004 – May 2005

George Washington University Hospital

Washington , D.C.

I supported the staff on a medical psychiatric inpatient unit serving individuals with acute psychiatric symptoms including substance intoxication and withdrawal, florid hallucinations, active delusions, recovery from attempted suicide and self-harm, and various other manifestations of mental illness. I assisted in implementing treatment plans and aided in crisis intervention.

Community Support Worker

January 2003 – August 2003

Green Door

Washington, D.C.

I provided community support services for mentally ill adults including creating treatment plans, identifying and procuring housing, applying for entitlements including SSI and food stamps, and so forth. Also worked closely with consumers with substance use disorders and HIV/AIDS. Led weekly Anger Management group at Green Door Clubhouse.

EDUCATION:

George Washington University
Washington, D.C.
Psy.D. in Clinical Psychology
3.83 GPA
May 2009

Howard University
Washington, D.C.
27 hours toward Ph.D. in Clinical Psychology
3.77 GPA

New School for Social Research
New York, NY
M.A. Psychology
3.53 GPA
May 2000

University of Louisville
Louisville, KY
B.A. Psychology
May 1998

RELEVANT COURSEWORK:

At George Washington University: Psychodynamic Theories of Development, Cognitive Bases of Behavior, Clinical Assessment II, Clinical Assessment Practicum, Psychodynamic Psychotherapy I, Psychodynamic Psychotherapy II, Psychotherapy Practicum, Group Psychotherapy, Biological Bases of Behavior, Theories of the Mind I, Theories of the Mind II, Community Intervention, Group Dynamics, Forensic Assessment, Supervision I, Life-Span Development, Neuropsychological Assessment

At Howard University: Psychopathology, Clinical Assessment I, Clinical Assessment II, Statistics, Clinical Assessment Practicum, Professional Issues in Psychology

At the New School: Psychopathology I (DSM-IV Diagnosis), Psychopathology II (Severe Mental Illness), Psychopathology III (Substance Use Disorders), Assessment of Individual Differences, Research Methods in Cognition and Communication, Visual Perception, History and Systems, Social Psychology, Personality Psychology

PRESENTATIONS AND RESEARCH:

So, D., & Rhodes, C. (April 2001). Student Collaboration: Using the Internet to Help Undergraduates Write. Presented at the Eastern Psychological Association's Conference in Community Psychology, Washington, D.C.

Rhodes, C. (May 1998). Identity Development in African-American Women. Presented at the University of Louisville's Undergraduate Psychology of Women Conference, Louisville, KY

Rhodes, C. (December 1999). The Effects of Race on Person Perception in a Blind Condition. Master's Thesis at the New School for Social Research, New York, NY

PROFESSIONAL DEVELOPMENT:

Continuing education focused mainly on treatment of trauma and associated disorders

Attended George Washington University's Professional Psychology Program's Colloquia Series including lectures on Terrorism, Art Therapy, and Working with Suicidal Patients, Fall 2003 –Spring 2009

Attended The Center for Professional Psychology's Group Dynamics Workshop based on the Tavistock Model, May 2005.

Participation in supervision for psychological assessment and psychotherapy with licensed clinical psychologists:

Beverli Mormile, PsyD, psychotherapy and assessment

Michael Barnes, PhD, assessment

Dorothy Holmes, PhD, psychotherapy

Myron Hafetz, PhD, psychotherapy

Richard Ruth, PhD, assessment

Peter Smith, PsyD, assessment

HONORS AND AWARDS:

Tuition Award

Center for Professional Psychology

George Washington University

Graduate Faculty Scholarship

The New School for Social Research

REFERENCES:

Beverli Mormile, PsyD

Licensed Clinical Psychologist

PsychExperts & Associates

(410)777-8130

Richard Ruth, PhD

Licensed Clinical Psychologist

Clinical Associate for the Center for Professional Psychology

(301)933-3072

Dorothy Holmes, PhD
Licensed Clinical Psychologist
Former Director of the Center for Professional Psychology
George Washington University
(843)815-8575

Joseph Fuhrmanek, LCPC
Chief Psychology Associate
Metropolitan Transition Center
(410) 230-1515

Michael Barnes, PhD
Chief Psychologist
D.C. Superior Court Child Guidance Clinic
(202)508-1816