

ROMAN H. FELIX

Internal Medicine physician & USAF veteran
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PROFILE

- United States Air Force Veteran and Internal Medicine (IM) board-eligible physician with academic perception and growing experience in the healthcare industry, predominantly serving medically-underprivileged communities.
- Proficient in presentation and incorporation of personal experience, multicultural consciousness and bilingual fluency into patient-centered care and team work.

PROFESSIONAL EXPERIENCE

IM Chief Resident, KPC Health - Hemet Global Medical Center ***Jul 2023 - Jun 2024***

- Coordinated clinical and administrative activities involving the IM Residency program, alongside with the Family Medicine, Endocrinology, Gastroenterology, and Transitional Year programs.
- Established the IM Mentorship program between senior and junior residents.
- Developed the Inpatient Procedures rotation to expedite resident's sign-off process in procedures.
- Established outpatient rotation guidelines to improve and standardize resident's clinical experience and learning.

IM Resident Physician, KPC Health - Hemet Global Medical Center ***Jun 2021 - Jun 2024***

- Clinical duties: Patient evaluation and care in the following IM services: inpatient, outpatient, ambulatory, emergency room (ER) and intensive care unit (ICU).
- Performed and supervised 300+ procedures including but not limited to: rapid sequence intubation, central venous catheter placement, arterial line placement, paracentesis, thoracentesis, thoracostomy tube placement, soft tissue foreign body removal, incision & drainage, G-tube replacement, extremity joint reduction.
- Academic duties: peer education and training, clinical case presentations, board reviews, case reports, grand rounds, quality improvement projects, observational studies.
- Administrative duties: electronic medical record navigation and charting, patient census management, network-based file management, Code Blue Committee member, Quality Improvement Committee member.

Volunteer Physician/Medical Instructor, University of California San Diego ***Jul 2020 - Jan 2021***

- Provided free medical services to refugee, deportee, sex worker and homeless patients in the Health Frontiers in Tijuana (HFIT) clinic, a student-run clinic in the Tijuana region of the US-Mexico border.
- Taught and discussed clinical cases and patient scenarios seen at HFIT with undergraduate, pharmacy and medical students from University of California San Diego (UCSD) and Universidad Autonoma de Baja California (UABC).

Patient-Centered Medical Home (PCMH) Care Coordinator, San Ysidro Health (SYH) ***Dec 2019 - Jun 2021***

- **Care coordinator:** Coordinated and provided population health services to patients at most risk for health deterioration or poor prognosis.
 - Used evidence-based health education and coaching techniques to improve health outcomes, building the medical home between patients and clinicians, enhancing communication and continuity of care in a health center with 3,300+ eligible patients.
 - Reviewed and discussed rationale for management plans, interventions, medication adjustments, lifestyle modifications, diseases and complications with patients.
 - Coordinated and managed care between primary care physician, hospitals, specialists and social support services to ensure care continuity.
 - Designed a systematic approach for prioritizing patients at highest risk to receive care coordination benefits in 18 health centers across San Diego County.
 - Trained new care coordinators on medical knowledge, patient interview techniques and charting.
- **COVID-19 Pandemic Response Team Member:** Performed patient screening on 4,000+ people and coordinated overall workflow to ensure compliance with pandemic safety policies. Obtained chief complaint, relevant history, and performed patient triage and hand-off to clinicians.
- **PCMH Internal Auditor:** Facilitated the company's first PCMH audit and achieved its re-certification by performing inspections and chart review with feedback on all 13 sites in accordance with PCMH standard guidelines.
- **Other roles during COVID-19 Pandemic:** County Housing Coordinator; Pandemic Vaccination Facilitator.

Visiting Medical Student, Pioneers Memorial Hospital ***Jul 2019 - Dec 2020***

- Provided ambulatory, inpatient, and outpatient medical care to 15+ patients/day in Gastroenterology and Internal Medicine, including chart prep, observation and evaluation of patients, under direct supervision.
- Coordinated multiple specialty services to deliver optimal healthcare.

General Physician, IMSS Family Medicine & Ambulatory Medical Unit #36 ***Jul 2018 - Dec 2018***

- Provided patient-centered care to 20+ patients/day, collaborated and coordinated with multidisciplinary teams to enroll patients in medical services according to their health need and optimal long-term management.
- Performed sexually transmitted disease screening, Pap smears, and contraceptive education and application such as intrauterine device and sub-dermal implant.
- Reached 35+ underserved communities by organizing and supervising primary prevention campaigns, including vaccinations, sports events and tournaments, occupational health visits and group talks, school visits, well child check-ups, reproductive education.
- Increased patient medication adherence and therapeutic goals to over 30% of patients by scheduling 20+ group sessions on a weekly basis for patients with diabetes and hypertension with an emphasis on medical and nutritional education, and long-term monitoring.

Surgical First Assistant, IMSS Family Medicine & Ambulatory Medical Unit #36

Jan 2019 - Sept 2019

- Executed surgical first assistant role in 500+ outpatient procedures, increasing productivity to 150% in general surgery, obstetrics/gynecology, otorhinolaryngology, pediatric surgery, orthopedic surgery, reconstructive surgery services.

Visiting Medical Student, Alvarado Hospital

Oct 2018 - Dec 2018

- Worked alongside Intensive Care physician in Internal Medicine and Critical Care department.
- Attended rounds to learn and discuss diseases, complications, management and treatment options in the Critical Care department.

Clinical Assistant, RESPIRE Clinic

Oct 2018 - Dec 2018

- Coordinated medical care in a pulmonology clinic with multiple specialties for optimization of care. Educated patients on medication and prognosis.
- Created and updated medical notes and charts through EHR, performed observation and evaluation of patients.
- Ordered laboratory, imaging, and pulmonary function tests when appropriate.
- Accurately assigned the appropriate CPT codes to each chart according to defined Facility Coding Criteria.

Medical Intern, IMSS Regional Hospital #20

Jul 2017 - Jun 2018

- 1-year internship with 4,200+ hours of clinical experience delivering and coordinating inpatient care of a 500,000 population-based hospital in the following hospital services: emergency medicine; internal medicine; obstetrics & gynecology; pediatrics & pediatric critical care; general surgery & orthopedics (800+ hours/service rotation).
- Determine and prescribe appropriate laboratory and imaging testing, postoperative care, and outpatient follow-up.
- Prepare daily clinical rounds and weekly academic sessions for 40+ interns, residents and attending physicians.

Business Owner, ABC Daycare Center

Jun 2011 - Aug 2013

- Opened a military-based daycare for fellow service members, performed administrative and accounting role, as well as inspecting and maintaining military regulation compliance.
- Improved prompt child development by implementing the following age-appropriate programs: sign language, early childhood and bilingual education.

Staff Sergeant, United States Air Force

Jun 2010 - Aug 2013

- **Internal Auditor/Logistics Compliance Assessment Program Administrator:** Performed inspections on 152 programs in equipment, personnel performance, and department organizations in 24 different departments within the military base.
- **Aircraft Structural Integrity Program Manager:** Performed scheduled inspections on F-16 crash survivable memory data receiver, retrieve data and send reports for further analyzing on a 26+ aircraft fleet. Troubleshoot discrepancies related to the system.
- **Fighter Aircraft Electronics Maintenance Technician:** Diagnosis and troubleshooting data collection of oxygen generation and enhanced G-suit testing for the maintenance of 183 F-22 aircraft in operational status.

Co-Founder, Listos Fundraising Group

Jan 2005 - Aug 2007

- Organized fund-raising events in the San Diego-Tijuana region and used funds to donate medical equipment to the Tijuana General Hospital.
- Treasurer, event marketing, project presentations, project management, budget designing.
- Donated over 1,000 stethoscopes, 1 ultrasound machine, 1 neonatal incubator, disposable medical materials such as gloves, masks and needles.

MEDICAL EDUCATION

Xochicalco University School of Medicine

2013 - 2019

- Doctor of Medicine (M.D.)

Medical School Honors/Awards

- Summa Cum Laude (2017)
- Autonomous University of Baja California's Academy of Physiology Excellence Award (2014)
- Academic Excellence Certificate (2013; 2014; 2015; 2016; 2017)

CERTIFICATIONS

- Medical and DEA license: United States 2023
- Advanced Cardiovascular Life Support (ACLS) 2022
- Educational Commission for Foreign Medical Graduates (ECFMG) 2021
- Medical License: Mexico 2020
- American Board of Surgical Assistants: Surgical Assistant Certified, SA-C 2018

RESEARCH EXPERIENCE

Research assistant, JEHM Clinical Research Group **Oct 2018 - Dec 2018**

- Instructed and aided research staff in medical terminology, procedures, tests, diseases and diagnosis for the implementation of clinical research studies.
- Assisted in data collection, EHS navigation, patient communication, patient chart review.
- Coordinated collaboration between physicians and the research team, working directly with the medical director.

Research volunteer assistant, U.S.-Mexico Binational Border Health Commission **Jun 2015 - Jan 2017**

- Assisted Principal Investigator and research team with abstract drafting, translations, science literature research and review, and poster designing in the following two research projects:
 - Comprehensive Care for HIV/TB Co-Infection in a Mexican Border City: CUVIT Project
 - Innovating Method to Monitoring HIV/TB Co-Infection Treatment in a U.S.-Mexico Border City: Video-TAES Pilot Study

SERVICE & LEADERSHIP

Volunteer Patient Advocate, Las Damas de San Diego International Nonprofit **Sept 2019 - Present**

- Health coaching, group classes and case management for patients with breast cancer in the San Diego - Tijuana region.

Technical Council Member, Xochicalco University School of Medicine **2014 - 2017**

- Evaluated the School of Medicine's academic performance measures and extracurricular activities, improved and developed new educational strategies for the medical school curriculum.
- Assisted on the acquisition of medical training simulators, as well as medical, laboratory and surgical equipment for faculty staff and students.

Community Outreach Program Volunteer Member, Xochicalco University School of Medicine **2013 - 2016**

- Led and participated in a community outreach and educative approach program on primary prevention for type 2 diabetes, hypertension, tuberculosis, sexually transmitted diseases, exercise, nutrition, well-child development and cervical cancer for low-income families.
- Performed data collection and graphical summary designs of epidemiological field survey data.

Physical Training Leader, United States Air Force Fitness Program **2011 - 2013**

- Fitness & nutrition guidance and assessment of fellow service members with >95% success rate.

ADDITIONAL AWARDS & ACCOMPLISHMENTS

U.S. Air Force Achievement Medal **2013**

- For meritorious service accomplished from March 2011 to August 2013.

U.S. Air Force Logistics Compliance Assessment Program Outstanding Performer Award **2013**

- Accomplishment above 90% compliance on quality assurance standards.

U.S. Air Force Airman Below the Zone Award **2012**

- Rapid promotion to Senior Airman rank for attainment of military standards above the 95th percentile.

U.S. Air Force Academy Distinguished Graduate Award **2011**

- Top Overall 10% of the graduating class

LANGUAGES & SKILLS

English & Spanish (fluent)
Microsoft Office suite
Apple iWorks
EHR (NextGen)
i2i Tracks
Public speaking

Written & verbal communication
Leadership & team work
Negotiation
Quality assurance
Decision-making
Group presentation

HOBBIES & INTERESTS

Cycling/Mountain biking
Aviation, Traveling, Hiking
Scuba/Snorkel diving
Guitar & Bass playing
Reading
Writing

Religion
Education
Psychology
Technology
Fitness
Nutrition