

Ashley Rouleau
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EDUCATION

Springfield College, Springfield, MA
Master of Science in Physician Assistant Studies
Graduated: May 2023

Bachelor of Science in Health Science / Pre-Physician Assistant
GPA: 3.757 Magna Cum Laude
Graduated: May 2021

EMPLOYMENT HISTORY

Physician Assistant, Cooley Dickinson Hospital, Northampton, MA
October 2023 - Present

- Take history and perform physical examinations
- Order and perform diagnostic and therapeutic procedures
- Order medications; order and interpret laboratory tests, radiological studies, EKGs, etc.
- Consult various specialties
- Determine patient disposition i.e. discharge, admission, transfer
- Refer patients to appropriate specialists outpatient
- Perform procedures such as bedside ultrasounds, incision and drainage, laceration repair, foreign body removal, nail trephination, tonometry, Wood's lamp, splint application, epistaxis management, local and regional block anesthesia fracture reduction

EMT, National Ambulance, Springfield, MA

May 2019 - Present

- Quickly assess the nature and extent of emergency situations and the need for additional assistance
- Provide first-aid treatment and life supporting care when needed
- Assess patient condition and response to interventions
- Ensure transfer of care to proper facility
- Document patient care reports
- Operate emergency vehicles safely and proficiently

ROTATION EXPERIENCE

Interventional Radiology, Baystate Medical Center, Springfield, MA

March 27, 2023 - April 21, 2023

- Reviewed imaging to determine whether procedures could be done safely and the best approach to take. Used ultrasound guidance to perform numerous procedures including diagnostic and therapeutic thoracentesis and paracentesis, chest tube placement, thyroid nodule biopsies, liver biopsies, fat pad biopsies, and lymph node biopsies. Assisted with porta-catheter removals and closing of the pocket after port removal. Assisted with

gastrostomy tube replacements under fluoroscopy. Removed Permacaths. Observed a Y-90 (radioembolization) procedure.

ICU, Cooley Dickinson Hospital, Northampton, MA

February 27, 2023 - March 24, 2023

- Provided cross coverage at night. Conducted complete history and physical exams on patients who presented to the ED and decided whether ICU admission was appropriate. Wrote admission notes. Rounded on and provided care for patients in the ICU. Responded to overhead rapid response pages. Carried out many procedures, including emergent endotracheal intubation, central and arterial line placements, ultrasound-guided IVs, rapid rhino insertion, foley catheter placement, aspiration of knee bursitis, stapling of a head laceration, and OG tube placement under the direct supervision of the preceptor. Updated family members on the status of their loved ones. Presented a case involving MDMA toxicity at a Mass General Brigham medical management conference.

OBGYN, Baystate Medical Center, Springfield, MA

January 30, 2023 - February 24, 2023

- Saw obstetric patients in the Women's Evaluation and Treatment Unit, analyzing non-stress tests and deciding whether admission to the labor and delivery unit was warranted. Assisted in vaginal deliveries, mostly with delivery and inspection of the placenta, and postpartum fundal massage on the night Labor and Delivery unit. Observed the entire algorithm for postpartum hemorrhage be carried out, from fundal massage to Bakri balloon placement. Scrubbed into several C-sections. Saw obstetric and gynecologic patients in the Northampton clinic. Used doppler ultrasound to listen to fetal heart tones during prenatal visits. Performed pelvic exams - bimanual and speculum exams. Obtained pap smears +/- HPV testing. Observed IUD and Nexplanon removal and replacements, colposcopies, and an endometrial biopsy. Wrote annual and office visit gynecologic notes.

Inpatient Medicine II, Baystate Medical Center, Springfield, MA

January 3, 2023 - January 27, 2023

- Provided cross coverage at night. This included doing admissions and responding to nursing and rapid response pages. Participated in many admission calls with ED providers. Decided on appropriate placement for patients being admitted to the hospital. Wrote admission notes. Chart-reviewed / clinically assessed / spoke with nursing prior to placing orders for non-emergent nursing pages. Assumed care and quickly intervened during rapid responses under the supervision of my preceptor. Wrote cross cover notes on paged rapid responses. Performed CPR during cardiac arrests. Carried out ABGs. Reviewed EKGs and imaging. Observed a bedside surgical cricothyrotomy. Pronounced death and wrote death certificates.

Emergency Medicine, Baystate Medical Center, Springfield, MA

November 21, 2022 - December 16, 2022

- Used history, chart review, and physical exam findings to develop a differential diagnosis and determine appropriate diagnostics to order. Applied the results of these diagnostics to the clinical presentation to establish a diagnosis, formulate a treatment plan, and determine appropriate patient disposition. Wrote general medical notes (+/- discharge instructions) on all patients that I assisted care with. Participated in admission calls with the Hospitalist provider. Carried out many procedures including IV placement, foley catheter placement, OG tube placement, I&D, and suturing. Gained experience with bedside ultrasound. Responded to all stroke alerts, STEMI alerts, cardiac arrests, traumas, and acute respiratory distress complaints. Observed a bedside pericardiocentesis and finger thoracostomy.

Family Medicine II, Personal Primary Care & Weight Loss Management, East Longmeadow, MA

October 24, 2022 - November 18, 2022

- Conducted and documented complete history and physical exams for annual wellness visits. Reviewed fasting blood work and ensured that health maintenance screening and immunizations were up-to-date. Educated interested reproductive-aged women on the different birth control options. Discussed results from the in-office body composition scan for those pursuing a weight loss journey and educated patients on the different weight loss medications.

Psychiatry, Worcester Recovery Center & Hospital, Worcester, MA

September 26, 2022 - October 21, 2022

- Conducted and documented complete history and physical exams on all patients who were ordered to the forensic psychiatric unit. Reviewed admission labs, which included a CBC, CMP, lipid panel, Hemoglobin A1C, and testing for HIV, tuberculosis, syphilis, and hepatitis and decided whether treatment was necessary. Managed an active hepatitis C infection, a latent tuberculosis infection, and symptomatic wolff-parkinson-white syndrome. Wrote and updated medical general medical notes and medical problem lists each week and as necessary.

Pediatrics, Town Center Pediatrics, Northborough, MA

August 29, 2022 - September 23, 2022

- Conducted well child and sick visits from neonate to 18 years old. Developed an understanding of the pediatric milestones by age. Reviewed the vaccination schedule and made sure that all patients were up-to-date on their immunizations. Administered intramuscular vaccines, including the DTap, MMR, Inactivated polio, Tdap, HPV, influenza vaccines. Carried out venipunctures. Conducted complete neurologic exams on student-athletes who presented with concerns for sports-related head injuries. Reassessed these patients once asymptomatic and determined whether the initiation of return-to-play protocol was warranted.

Inpatient Medicine, Hartford Hospital, Hartford, CT

August 1, 2022 - August 26, 2022

- Rounded on patients in the morning. Presented cases and discussed the patient care plans with the attending physician, chief resident, and interns who were assigned to the floor for the week. Coordinated patient care with various in-house speciality providers, including neurology, cardiology and interventional radiology. Attended didactics hosted by resident physicians. Made phone calls to update family members on the status of their loved ones.

General Surgery, MidState Medical Center, Meriden, CT

July 4, 2022 - July 29, 2022

- Scrubbed into numerous appendectomies, cholecystectomies, inguinal and paraesophageal hernia repairs, a partial colectomy, and a bilateral skin-sparing mastectomy with breast reconstruction. First-assisted the surgeon with a cholecystectomy. Sutured laparoscopic incision sites. Rounded and wrote notes on patients post-operatively. Responded to general surgery consults in the ED. Spent a day in the wound care clinic learning advanced wound care and hyperbaric medicine.

Family Medicine, Caring Health Center, Springfield, MA

June 6, 2022 - July 1, 2022

- Conducted and documented focused history and physical exams on all patients presenting for sick visits. Determined the need for labs and/or imaging as diagnostics were not readily available in-office. Used clinical judgment to decide who to discharge home vs. to the hospital and who should be referred for specialist care. Conducted telehealth sick visits. Educated on the different forms of birth control. Observed Nexplanon insertions and removals. Learned how to communicate effectively with patients through the use of an interpreter.

RELATED EXPERIENCE

Student Shadower, Baystate Medical Center, Springfield, MA (30 hours)

February 2019

- Observed the role and responsibility of an Emergency Medicine Physician Assistant

Volunteer, Baystate Medical Center, Springfield, MA (54 hours)

January 2018

- Assisted with non-medical tasks at the request of patients and providers
- Provided emotional support to patients and their families during difficult times

CERTIFICATIONS

- NCCPA Board Certification | *Expires December 2025*
- Emergency Medical Technician | *Expires March 2025*
- Advanced Cardiac Life Support (ACLS) | *Expires January 2026*
- Basic Life Support (BLS) | *Expires August 2025*
- Prescribe to Prevent | *Completed December 2021*

- SCOPE of Pain | *Completed December 2021*