

# KAREN ROBINETTE

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## Summary

Recent board-certified Family Nurse Practitioner with a Master of Science in Nursing with over 27+ years of experience as a versatile Registered Nurse delivering high-quality care to diverse patient groups in various areas including acute care, emergency room, intensive care, medical-surgical, long-term care with long-term ventilator management, intermediate care, operating room, post-anesthetic care unit, obstetrics, geriatric psychology, and geriatrics. Dynamic team leadership with proven successes at guiding nursing teams, working with physicians, physician assistants and nurse practitioners, boosting patient engagement with a commitment to caring for patients with acute and chronic illnesses.

Recognized for leading the charge in advocating patient needs and identifying solutions to question that help to quickly and efficiently resolve medical challenges, improve satisfaction, and support widespread healthcare improvements. Adept at gathering educational resources, coordinating patient care, and maintaining care focused goals. Outstanding communication skills with colleagues, patients, and families.

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## Skills

- OR and ER experience
- Patient monitoring
- Infant CPR certified
- Patient care planning
- Patient Management
- Medication and IV administration
- Advanced Cardiac Life Support (ACLS) certification
- Life-sustaining machines
- Strong medical ethic
- Electronic Health Records Management
- Critical care
- Ventilator care
- Inpatient and outpatient care
- Coordinating referrals
- Staff Development and Precepting
- Long-Term Care
- Patient Care
- Epic EHR Management
- IV and venipuncture certified
- Family and patient support
- Intake and discharge
- Tracheostomy care
- Geriatric treatment knowledge
- Nursing staff leadership
- IV drug therapy management
- Patient Satisfaction and Process Improvement
- Culturally sensitive
- Direct and Indirect Patient Care
- Patient discharging
- Nursing Plan Development and Modification
- Seizure management
- Follow-up calls
- Medical assessment
- Immunization skills
- Resource Allocation
- Diabetes management
- Mobility Assistance
- Infectious disease control
- Patient education and counseling
- Patient relations
- Emotional awareness

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## Experience

**Registered Nurse** | Tennova Medical Center - Newport, TN | 09/2022 - Current

- Monitored and managed various treatment and care interventions.
- Recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Administered medications and treatments, monitoring patients for reactions and side effects.

- Provided patient and family health education focusing on self-management, prevention and wellness.
- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive procedures.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Acted as patient advocate and implemented total patient care through team nursing process.

**Registered Nurse** | Morristown Hamblen Hospital - Talbott, TN | 03/2019 - 06/2021

- Monitored and managed various treatment and care interventions. Updated physicians on patient test results and assisted in developing care plans. Prioritized nursing tasks and assignments and accurately reported patient status. Maintained personal and team compliance with medication administration standards and patient care best practices. Improved patient outcomes and quality of care by determining and suggesting changes to processes. Collaborated with doctors to plan post-treatment home care and prevent return hospitalization. Acted as patient advocate and implemented total patient care through team nursing process.

**Registered Nurse** | Ballad Health System - Big Stone Gap, VA | 09/2005 - 06/2019

- Monitored and managed various treatment and care interventions. Updated physicians on patient test results and assisted in developing care plans. Trained and mentored new RNs on best practices, hospital policies and standards of care. Prioritized nursing tasks and assignments and accurately reported patient status. Coordinated and evaluated interdisciplinary care for patients. Worked with management to identify and implement initiatives to increase nursing staff retention, morale and satisfaction.

**Registered Nurse** | Ridgecrest Retirement and Health Care - Duffield, VA | 04/2004 - 09/2005

- Administered medications, tracked dosages and documented patient conditions. Prioritized nursing tasks and assignments and accurately reported patient status. Improved patient outcomes and quality of care by determining and suggesting changes to processes. Maintained optimal ventilator settings and operations to meet patient care needs. Monitored and managed various treatment and care interventions.

**Licensed Practical Nurse** | Ridgecrest Retirement and Health Care - Duffield, VA | 05/1995 - 04/2004

- Communicated concerns regarding clients' status, care and environment to nursing supervisors, clinical care supervisors and case managers. Responded to patient alarms and needs-assessment requests to identify course of treatment. Charted changes in patient conditions and discussed concerns with supervising healthcare provider. Worked with registered nurses to deliver comprehensive, high-quality care to patients. Collected and documented vital signs to track current patient conditions. Administered prescribed medications and started intravenous fluids to address patient symptoms and underlying etiologies.

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## Education and Training

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South College | Knoxville, TN | 01/2022

**Master of Science:** Family Practice Nurse Practitioner

Bluefield College | Bluefield, VA | 05/2018

**Bachelor of Science:** Nursing

Mountain Empire Community College | Big Stone Gap, VA | 04/2004

**Associate of Science:** Nursing

Wise County Technical School | Wise, VA | 05/1995

**Licensed Practical Nurse:** Practical Nursing

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## Licensures & Certifications

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- *STATE Board of Nursing Licensed Advanced Practice Registered Nurse-pending*
- *Virginia State Board of Nursing Licensed Registered Nurse- License #0001191973. Expires: April 30, 2024*
- *AANP Certified Family Nurse Practitioner- Certification #F12220151. Expires: December 5, 2027*
- *ORGANIZATION Basic Life Support (BLS) Certification. Expires: October 31, 2024*
- *ORGANIZATION Advanced Life Support (ALS) Certification. Expires: October 31, 2024*
- *ORGANIZATION Pediatric Advanced Life Support (PALS) Certification. Expires: October 31, 2024*

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## Nurse Practitioner Clinical Experience

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- **Family Nurse Practitioner Capstone: Fall 2021 180 Hours**

Jefferson Family Physicians- Dandridge, TN

- \* Assessed and diagnosed an average of 20 patients accurately and effectively
- \* Consulted with the Nurse Practitioner to ensure prescribed medications would meet the patient needs.
- \* Assisted with improving patient cognitions.
- \* Fostered positive relationships that gained trust of children and adults.

- **Primary Care Of Adults in Families: Summer 2021 180 Hours**

Jefferson Family Physicians- Dandridge, TN and Primary Care & Geriatrics, PC- Morristown, TN

- \* Preventive care and screening
- \* Monitoring long-term health
- \* Assisting physicians and nurse practitioners with any procedures or issues that might arise
- \* Liaison between the patient and primary physician, being the central point of communication for their health care needs

- **Primary Care of Infants, Children, and Adolescents: Spring 2021 180 Hours**

Jefferson Family Physicians- Dandridge, TN

- \* Focused on health care promotion and education to patients and their caregivers