

Lydia M Wheeler, NP

(703) 863-0632

lydiawheeler00@gmail.com

SUMMARY

Experienced Nurse Practitioner with a demonstrated history of working in the hospital & health care industry. Skilled in research, leadership, and customer service. Strong healthcare services professional specializing in Cardiology.

EDUCATION

The George Washington University

Master's degree, Family Nurse Practitioner (FNP)

2016 - 2019

University of Mary Washington

Bachelor's degree, Nursing

2014 - 2016

George Mason University

Bachelor's degree, Peace Studies and Conflict Resolution, Government and International Relations

2002 - 2006

PROFESSIONAL EXPERIENCE

MicroHealth, LLC

EHRM Test & QA Analyst; Nurse Practitioner Clinical Tester

3/2021 - current (8hr shifts; 5 days a week)

- Collaborate with the VA to leverage deployment of Cerner Millennium across the U.S. to improve interoperability between the VA and DoD health system.
- As part of the Non-Functional team, validate patient data across multiple domains to ensure accurate ingestion from VistA to Cerner Millennium.
- Create, modify, and execute test plans via Application Lifecycle Management.

Dominion Cardiac Care, PC

Nurse Practitioner

10/2020 - 2/2021 (8hr shifts; 5 days a week)

Woodbridge, VA

- Performs individualized history and physical examinations. Orders and interprets diagnostic testing in accordance with relevant health concerns. Diagnose acute, episodic, and chronic cardiac diseases. Develops a comprehensive plan of care encompassing evidence-based practice guidelines, practice protocols, Medicare, Medicaid, and other state and federal regulations.
- Provides telemedicine support for telephone inquiries and virtual requests. Manages remote monitoring systems in patients with pacemakers, ICDs, or other telemetry monitors. Supervises exercise and chemical stress testing: Nuclear and Stress Echocardiography.
- Works independently to full scope of practice with acknowledgement of collaborating physician availability for consultation and collaboration.
- Inpatient rounding daily at Stafford Hospital and Mary Washington Hospital with rotating weekend call.

Mary Washington Hospital

Nurse Practitioner - Emergency and Observation Services

12/2019 - 10/2020 (12 hr shifts; rotating schedule 5 days on/5 days off)

Fredericksburg, VA

- Performs individualized history and physical examinations for diverse populations. Orders and interprets diagnostic testing in accordance with relevant health concerns. Diagnose acute, episodic, and chronic diseases.
- Develops a comprehensive plan of care encompassing evidence-based practice guidelines, practice protocols, Medicare, Medicaid, and other state and federal regulations. Prescribes appropriate pharmacological and non-pharmacological treatments. Provides appropriate education for current health diagnoses and anticipatory guidance for health promotion and disease prevention.
- Monitors plan of care for cost-effectiveness, seeks feedback from colleagues, allied health, appropriate referrals, and collaborating physicians to enhance quality

outcomes. Works independently to full scope of practice with acknowledgement of collaborating physician availability for consultation and collaboration.

Registered Nurse – Heart Failure Progressive Care Unit

11/2015 - 12/2019 (12 hr shifts; 36hrs/wk)

Fredericksburg, VA

- Responsible for assessing, planning, implementing, evaluating, and documenting all aspects of patient care. Works closely with all health care providers to facilitate and coordinate efficient, effective, and quality healthcare.
- Communicates effectively and maintains therapeutic relationships with patients, families, physicians, physician assistants, nurse practitioners, and staff.
- Orients new graduate nurses, nurses new to the hospital, and acts as a resource to current nursing staff.

Spotsylvania Regional Medical Center

Registered Nurse - ICU/PCU

Shared Governance Executive Council Chair

Shared Governance Education Council Chair

10/2011 - 11/2015 (12 hr shifts; 36hrs/wk)

Fredericksburg, VA

- Responsible for assessing, planning, implementing, evaluating, and documenting all aspects of patient care. Works closely with all health care providers to facilitate and coordinate efficient, effective, and quality healthcare.
- Communicates effectively and maintains therapeutic relationships with patients, families, physicians, physician assistants, nurse practitioners, and staff.
- Acts as a resource nurse, orients new graduate nurses and nurses new to the hospital.

CERTIFICATIONS

- Board Certified Family Nurse Practitioner, #0024178325, exp

8/31/2022

- Virginia Registered Nurse, #0001233686, exp 8/31/2022
- Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) Certifications
- National Institutes of Health Stroke Scale (NIHSS) Certified
- Certified Mediator for the Commonwealth of Virginia 2008

EHR SYSTEMS: Cerner, Sorian, Epic, Meditech, Allscripts, eClinicalWorks

WOUND CARE EXPERIENCE: 12 years extensive wound care experience to include diagnoses, treatment, and management of deep tissue injury or pressure ulcers, Neuropathic/Diabetic wounds, Ostomy management, skin tears, venous ulcers and arterial ulcers.

REFERENCES AVAILABLE UPON REQUEST.