

SHARON CHIZOTAM UDEMBA, MD
DEPARTMENT OF MEDICINE
CASE WESTERN RESERVE UNIVERSITY
THE METROHEALTH SYSTEM

Address: 2500 MetroHealth Drive, Cleveland, OH, USA | 44109
Telephone: (678) 993-3219
Email Address: sudemba@metrohealth.org



PERSONAL INFORMATION

Date & place of Birth: 08/28/1994, Port Harcourt, Nigeria
Work Authorization Status: J-1

Citizenship: Nigerian
Job Title: Resident Physician

EDUCATION

Doctor of Medicine (MD) Aug 2017 – May 2021
St. George's University (SGU) School of Medicine, St. George, Grenada
Distinction: Summa Cum Laude

Bachelor of Science in Biology (BS) Sep 2013 – May 2016
Bachelor of Science in Psychology, concentration in Neuroscience
University of Georgia (UGA), Athens, GA
Distinction: Magna Cum Laude

POST-GRADUATE TRAINING

Resident Physician Jan 2022 – Present
Department of Internal Medicine
Case Western Reserve University, MetroHealth Medical Center, Cleveland, OH
Program Director: Cook, William C., DO

LICENSURE/CERTIFICATION

2021-2024	Medical training certificate (license) provided by the state medical board of Ohio
2022-2024	Basic Life Support (BLS) and Advanced Cardiac Life Support (ACLS) certification
2019	Point of Care Ultrasound, Iota Epsilon Alpha Honor Society (SGU)

2019 The United States Medical Licensing Examination (USMLE)
Step 1: 240
Step 2 CK: 252
Step 3: 233

BOARD CERTIFICATION

Name of Board: American Board of Internal Medicine, Internal Medicine

Date of Certification: Board eligible for 2025

ACHIEVEMENTS AND AWARDS

St. George's University School of Medicine, Grenada

Aug 2017- May 2021

1. *Dean's Honor List* for all semesters
 2. Legacy of excellence scholarship
 3. White Coat Nominee for exemplary medical student
 4. President of the Internal Medicine Club
 5. Graduated *Summa Cum Laude*
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CLINICAL EXPERIENCE

Resident Physician

Jan 2022 – Present

Department of Internal Medicine

Case Western Reserve University, MetroHealth Medical Center, Cleveland, OH

• **Program Director:** Cook, William C. DO

• **Duties and Responsibilities:**

- Working within a structured medical team and managing adult patients admitted to different medical units;
- Rotating on a variety of subspecialty services and attending daily didactic sessions;
- Developing and implementing a quality improvement project then assessing its implications on direct patient care.
- Teaching and supervising 1st year resident physicians in daily work activities

Resident Physician

August 2022 – Present

Division of Gastroenterology and Hepatology, Esophageal and Swallowing Center

Case Western Reserve University, MetroHealth Medical Center, Cleveland, OH

• **Mentor:** Fass, Ronnie MD, MACG & Genqing Song, MD, PhD

• **Duties and Responsibilities:**

- Acquiring skills in the management of patients with various esophageal and gastrointestinal motility disorders with an emphasis on achalasia, functional heartburn, and eosinophilic esophagitis;
- Preparing case presentations and discussing the informed treatment plans with the attending physician;
- Working in the gastroenterology clinic diagnosing and managing various gastroenterology diseases.
- Attending conferences to present my research for poster presentations

Point-of-Care Ultrasound Rotator

September 2022 – Nov

Department of Internal Medicine

2022

Case Western Reserve University, MetroHealth Medical Center, Cleveland, OH

• **Mentor:** Cook, William C., DO

• **Duties and Responsibilities:**

- Developed skills in performing and interpreting clinical ultrasound examinations;
- Demonstrated competence in scanning and image optimization, and complete daily modules on the EMSONO website;
- Gave a 1-hour seminar to my colleagues about the basics of POCUS.

TEACHING ACTIVITIES

Invited Presentations

May 2023 -May 2024

Quality Improvement Presentation

Senior Grand Rounds

Journal Club Presentation

Research Experience

Resident Researcher

May 2023 – Present

Division of Gastroenterology and Hepatology, Esophageal and Swallowing Center

Case Western Reserve University, MetroHealth Medical Center, Cleveland, OH

• **Mentor:** Fass, Ronnie MD, MACG

• **Duties and Responsibilities:**

- Conducting research projects with an emphasis on esophageal disorders including GERD;
- Writing abstracts for national meetings and preparing manuscripts for submission to peer-reviewed medical journals;
- Presenting the abstracts at the Digestive Disease Week (DDW) Annual Scientific Meetings.

Undergraduate Researcher

Aug 2015 – Jul 2016

Department of Educational Psychology

University of Georgia, Athens, GA

• **Mentor:** Dr. Scott Patrick Ardoin

• **Duties and Responsibilities:**

- Using eye-tracking technology to examine the impact of question format on reading behavior in elementary students

Undergraduate Researcher

Aug 2015 – Jul 2016

Department of Educational Psychology

University of Georgia, Athens, GA

• **Mentor:** Dr. Scott Patrick Ardoin

• **Duties and Responsibility:**

- Monitoring eye movements to measure reading behavior and instructional effect

Publications

Accepted Peer Reviewed Journal Articles and Manuscripts

1. Udemba, S.; Burkholder, R.; Kurin, M.; Esophageal Cicatricial Pemphigoid. *American College of Gastroenterology Case Reports Journal*. August 2023
2. Liu, B.; Udemba, S.; Saleh, S.; Gengqing, S.; Fass, R.; Raloxifene Increases the Risk of Gastroesophageal Reflux Disease, Barrett's Esophagus, and Esophageal Stricture in Post-Menopausal Women with Osteoporosis. *Neurogastroenterology and Motility*. October 2023
3. Liu, B.; Udemba, S.; Liang, K.; Tarabichi, Y.; Fass, R.; Gengqing S.; Shorter-acting Glucagon-like Peptide-1 receptor agonists are significantly associated with increased development of gastroesophageal reflux disease and its complications in type 2 diabetes mellitus patients. *GUT*. September 2023

Research Abstract Presentations

2023 Digestive Disease Week (DDW) Annual Meeting

1. Udemba, S.; Burkholder, R.; Kurin, M.;. A surprising discovery of indolent follicular lymphoma. A Case report. *May 2023*
 2. Liu, B.; Udemba, S.; Liang, K.; Tarabichi, Y.; Fass, R.; Gengqing S.; Shorter-acting Glucagon-like Peptide-1 receptor agonists are significantly associated with increased development of gastroesophageal reflux disease and its complications in type 2 diabetes mellitus patients. *GUT. September 2023*
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Leadership Experience

Member of the House Officers' Association (HOA)

Jul 2022- June 2023

Case Western Reserve University MetroHealth Medical Center, Cleveland, OH

• **Title:** Public Relations Officer

• **Duties and Responsibilities:**

- Helped organize wellness activities in collaboration with University Hospitals' and Cleveland Clinic Foundation's House offices;
- Organized job recruitment fairs and introduced my co-residents to potential job opportunities.

President, SGU Internal Medicine Club

Aug 2018 – May 2019

St. George's University SOM, St. George, Grenada

• **Duties and Responsibilities:**

- Organized guest speaking events where we hosted doctors from various fields in internal medicine and created a platform for them to share their experiences with students and provide mentorship
- Organized volunteer activities with the Sickle Cell Association in Grenada (SCAG) where we interacted and educated children living with sickle cell disease about their condition
- Conducted fundraisers to help assist SCAG with funds to purchase vaccinations and other medications for patients living with sickle cell disease in Grenada

Treasurer, SGU Internal Medicine Club

Jan 2018 – Aug 2018

St. George's University SOM, St. George, Grenada

• **Duties and Responsibilities:**

- Managed funds for the Internal Medicine club and helped efficiently allocate money for community projects
 - Organized and planned fundraising activities for the organization
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WORK EXPERIENCE

2016 - 2017

Emergency Room Medical Scribe, Physassist Scribes, Atlanta, GA

- Enhanced my organization and anticipation skills by keeping track of patient's labs, informing the physician of results, and retrieving phone numbers and paging consulting physicians
- Improved my efficiency and refined my patient chart writing skills
- Facilitated the physician and patient encounter in the ER which helped to improve the efficiency and flow of logistics in the emergency department

2013 - 2016

First Aid Responder, American Red Cross, UGA, Athens, GA

- Promoted safety in the stadium and responded to emergency calls at UGA football games.
- Assisted doctors and nurses in the first aid room to triage and care for injured fans
- Facilitated patient care by making rounds through the stadium looking for fans in need of medical assistance

EXTRACURRICULAR ACTIVITIES

2018 – 2021

SGU Iota Epsilon Alpha Honor society, St. George, Grenada

- Volunteered at biannual diabetes clinic and provided free full health screenings to members of the community
- Mentored and tutored first year medical students and enhanced

2015 - 2016

Student Advisory Board, The Fontaine Center, UGA, Athens, GA

- Promoted an environment that supported the safety of students on campus and in the community
- Educated students on prevention and early intervention of alcohol and drug addiction, and raised awareness about drug harm reduction strategies
- Coordinated and implemented various educational outreach events on campus
- Developed and created social media campaigns promoting safe sex and responsible drinking to change the narrative surrounding drugs and alcohol in the life of college students

2014 - 2016

Reader, Learning Ally, Athens, GA

- Contributed to the catalogue of Learning Ally's extensive library of audiobooks by recording my voice in the studio while I read novels and educational textbooks for students who are blind or dyslexic to help them become engaged and independent learners

2014 - 2016

Volunteer, St. Mary's Hospice, Athens, GA

- Interacted with hospice patients by reading books and conversing with them to make their hospice living experience more comfortable

Languages

- English: Native speaker, I converse easily and accurately in all types of situations.
 - Igbo: Native speaker, I converse easily and accurately in all types of situations.
 - Spanish, proficiency level: Basic conversing and writing
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Skills and Hobbies

- **Skills** EPIC EMR, performing paracentesis, placing central lines, arterial lines, and peripheral IVs, Point of care ultrasound, Microsoft Office MS Word, PowerPoint, Excel,
 - **Hobbies** Kayaking, cooking, interior design and architecture, recreational lawn tennis, swimming, reading novels, traveling/hiking
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Membership in Honorary Societies

- Resident Trainee Member of American College of physicians
 - Resident Trainee Member of The American College of Gastroenterology
 - Resident Trainee Member of American Gastroenterological Association
 - American Academy of Sleep Medicine
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