

Natalie J Rubinstein, PA-C

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985-237-5798
Long Island City,
New York, NY

PROFESSIONAL SUMMARY

Empathic and responsible Physician Associate. Over 4 years of patient care experience as a clinical dietitian before going back to PA school. Looking to provide healthcare excellence at every hospital and system I am apart of.

EDUCATIONAL BACKGROUND

CUNY York College

Jamaica, NY
Master of Physician Assistant Studies
2023

Louisiana State University

Baton Rouge, LA
Bachelor of Science in Human Biology
2014

MEMBERSHIPS

New York State Society of Physician Assistants (NYSSPA)

American Academy of Physician Associates (APA)

Society of Dermatology Physician Assistants Inc (SDPA)

PROFESSIONAL EXPERIENCE

Emergency Medicine Physician Associate

Metropolitan Hospital

April 2023 - Current, Full time

Perform initial assessments and physical examinations for diagnosis and treatment for emergent conditions. Appropriately order and interpret diagnostic tests, such as X-rays, CT scans, blood tests, and EKGs. Collaborate with radiologists and other specialists to interpret test results. Develop and implement treatment plans under the guidance and supervision of emergency physicians.. Assist in performing procedures such as US guided IV, ABG, suturing, I&D and splinting. Explain diagnoses, treatment plans, and procedures to patients and their families. Ensure patients understand discharge instructions and follow-up care requirements.

Vascular Neurology Physician Associate

Lenox Hill Hospital

March 2023 - December 2023

Respond to emergent stroke codes and perform NIHSS stroke scale, administer tenecteplase, facilitate thrombectomies as needed within stroke guidelines Admit and care for patients on the stroke unit as primary medical provider, covering all medical and neurologic issues that arise. Direct plans of care for patients on service and provide recommendations for neuro consults

Renal Dietitian

Davita Dialysis

Aug 2017 - Aug 2020

Responsible for monthly lab reviews and clinical nutrition therapy for >120 patients at in- center and home dialysis center. Responsible for holding CKD and ESRD education classes at hospitals and clinics