

Lexie Starnes

Palmetto, FL
Phone: 941-330-4911
Lexiestarnes@outlook.com

Professional Summary

Passionate and dedicated Board-Certified Adult-Gerontology Acute Care Nurse Practitioner with over seven years of experience as a registered nurse in emergency departments and intensive care units. Eager to excel at providing patient-focused, high-quality healthcare as an Acute Care Nurse Practitioner.

Education

University of South Florida, *Tampa, FL* **December 2023**
Master of Science in Nursing- 4.0 GPA
Concentration: Adult-Gerontology Acute Care Nurse Practitioner

Florida State University, *Tallahassee, FL* **April 2016**
Bachelor of Science in Nursing

Licenses and Certifications

	Expiration
Advanced Practice Registered Nurse, Florida Board of Nursing	<i>Pending Licensure</i>
Registered Nurse, Florida Board of Nursing (RN9433633)	April 2024
Certified Emergency Nurse	June 2027
Trauma Certified Registered Nurse	August 2024
Basic Life Support	April 2024
Advanced Cardiac Life Support	August 2024
Pediatric Advanced Life Support	August 2024
NIH Stroke Scale	December 2024
Trauma Nursing Core Course	May 2025
Advanced Burn Life Support	April 2025

Accomplishments

Sigma Theta Tau International Honor Society of Nursing: Bachelor's Degree and Master's Degree
Awarded Lakewood Ranch Medical Center Scholarship
Nomination for Blake Medical Center's Nurse of the Year 2019

Clinical Experience

Inpatient Pulmonology Clinical Rotation (187 Hours) **January-April 2023**

Preceptor: Kenneth Duncan MSN, APRN, AGACNP: Matrix Pulmonology

- Gained experience with the assessment and management of patients with chronic obstructive pulmonary disease, asthma, pneumonia, acute respiratory failure, sarcoidosis, lung carcinoma, chest tubes, non-invasive ventilation, and invasive ventilation strategies.

Inpatient Infectious Disease Clinical Rotation (182 Hours) **May-August 2023**

Preceptor: Heather Horne MSN, APRN, FNP: Bach and Godofsky Infectious Disease

- Gained experience with the assessment and management of patients with sepsis, bacteremia, multidrug resistant organisms, intra-abdominal infections, osteomyelitis, tuberculosis, and HIV.

Hospitalist Medicine Clinical Rotation (180 Hours) **August-December 2023**

Preceptor: Nikole Farrell MSN, APRN, FNP: Manatee County Rural Health

- Independently performed comprehensive inpatient assessments of patients with acute medical conditions. Medically managed acutely ill patients by providing comprehensive patient-centered care.

Employment Experience

Freestanding Emergency Department Charge Nurse **May 2021-Present**
Lakewood Ranch Medical Center- *Lakewood Ranch, FL*

- Provides emergency nursing care to an average of 20-30 patients per shift within a 10-bed freestanding emergency room.
- Manages the patient flow and staffing of a freestanding emergency department as a charge nurse.
- Works within an interdisciplinary team to provide care for patients while maintaining patient dignity, advocating for each patient, and providing effective treatment for illnesses including sepsis, strokes, respiratory distress, orthopedic injuries, and myocardial infarctions.

Trauma/Medical/Surgical Intensive Care Unit Staff Nurse **December 2019– May 2021**
Sarasota Memorial Hospital- *Sarasota, FL*

- Managed care of up to three critical care patients in an 897-bed Level II Trauma Center.
- Assessed, planned, implemented, evaluated, and documented nursing care for critical care patients experiencing life-threatening illnesses and traumas requiring intensive hemodynamic monitoring, complex assessments, and specialized interventions.
- Titrated medications including vasopressors, sedatives, paralytics, and antiarrhythmics.

Emergency Room and Trauma Staff Nurse/Relief Charge Nurse **June 2017-July 2021**
HCA Florida Blake Hospital Emergency Department- *Bradenton, FL*

- Worked efficiently in a Level II Trauma Center 19-bed Emergency Room to provide high-quality, patient-centered, care to critical care patients in need of immediate life-saving interventions.
- Coordinated daily staffing, nursing assignments, and patient flow as a relief charge nurse.
- Precepted newly hired nurses and ensured a successful and safe transition into the emergency room.
- Managed critical care of up to four patients with critical, life-saving drips such as Cardizem, Propofol, Heparin, Levophed, Amiodarone, Insulin, Vasopressin, and Dopamine.
- Assisted in the care of patients with multiple traumas, moderate sedations, respiratory distress requiring intubation, and patients requiring cardiopulmonary resuscitation.

Emergency Room/Trauma Staff Nurse **July 2016-June 2017**
John D. Archbold Memorial Hospital- *Thomasville, GA*

- Worked efficiently in a Level II Trauma Center 24-bed Emergency Department to provide high quality care to critical care patients in need of immediate life-saving interventions.

Professional Affiliations

Member of the American Association of Nurse Practitioners **2022- Present**
Blake Emergency Department Shared Governance Committee **2019-2021**

Professional Qualifications

Proficient in Meditech EMR, Cerner EMR, All Scripts Sunrise Clinical Manager EMR, ED Picis EMR.

Research

Research Assistant, Florida State University College of Nursing **May 2015-April 2016**

- Data Collector: Conducted thirty-minute phone surveys with participants in a study researching the emotional effects of heart failure. Completed surveys within a timely manner. Maintained accuracy and confidentiality with each patient survey.

References

Available upon request.