

Kathleen Herring MD

1 Medical Center Boulevard, Winston-Salem, NC 27157
912-373-5603 kherring@wakehealth.edu

ACADEMIC APPOINTMENTS

2023-present Chief Resident, Department of Medicine, Atrium Health Wake Forest Baptist Internal Medicine Residency

POSTDOCTORAL TRAINING

2021-2023 Internal Medicine Residency, Atrium Health Wake Forest Baptist, Winston-Salem, NC
2020-2021 Internship, Atrium Health Wake Forest Baptist, Winston-Salem, NC

EDUCATION

2016-2020 MD, Medical College of Georgia, Athens, GA
2014-2015 Postbaccalaureate, University of Georgia, Athens, GA
2010-2014 BA in Neuroscience, Dartmouth, Hanover, NH

NOTABLE CLINIC EXPERIENCE

Chief Medical Resident

Outpatient

2023 – present Supervise 4-6 residents during an outpatient clinic session in both the continuity and urgent care settings.

Inpatient

2023 - present Lead a team of residents, interns, and medical students on inpatient wards for 8 weeks during chief year at the tertiary academic center and affiliated community hospital. Supervise procedures including paracentesis, lumbar puncture, thoracentesis, and central line placement.

Moonlighting

2022 – present Hospitalist cross-coverage overnight, inpatient hematology-oncology cross coverage overnight, hospitalist admitting shift.

TEACHING & CURRICULAR DEVELOPMENT

Chief Medical Resident

2023 - present **Mastering Clinical Reasoning Coordinator.** Develop and host monthly clinical problem-solving didactics.

2023 - present **Resident Grand Rounds Mentor.** Orchestrate weekly grand rounds for third year residents including guiding content, delivery, and feedback to all presenters.

2023 - present **Medical Student Case Conference Facilitator.** Oversee 10 medical student case presentations weekly.

2023 - present **Learning Health Systems Teacher.** Didactics include biostatistics and active bystander training for interns on a weekly basis.

2023 – present **Addiction Medicine Elective Development.** Collaborative effort with residency leadership and community to identify clinical sites and develop formal didactics for a 4-week elective.

2023 **Wake Forest Intern Survival Guide Editor.** Edited intern handbook that provides evidence-based approaches to common inpatient and outpatient clinical presentations.

Resident

2021-present **Medical Education Pathway.** Facilitated M&M conferences. Gave formal instruction on oral presentations to students.

2021-present **Point of Care Ultrasound Champion.** Completed more than 70 ultrasound exams. Taught lung, heart, and IVC exam to residents.

Professional Experience

2015-2016 **Science Teaching Fellow.** Taught three chemistry classes at an Independent School in Miami, Florida at the 10th and 11th grade. Designed lesson plans, tests, and labs for the class.

ADMINISTRATIVE SERVICE

2023-present **Member, Inpatient Task Force.** Meet weekly to discuss challenging cases, educational opportunities, and improve scheduling.

2023-present **Internal Medicine Residency Chair, Social Media Committee.** Curate and post weekly Instagram and twitter threads.

2023-present **Member, House staff Selection Committee** Interview and help select residency members.

2023-present **Undergraduate Medical Education Chief Resident.** Voting member of the Internal Medicine Clerkship Grading Committee. Teach shelf review sessions and help with clinical skills coaching.

2021 – present **Hospital Medicine Pathway Member.** Collaborate on QI projects with an inpatient focus. Learn about billing and coding. Contribute to innovative projects such as hospitalist at home.

RESEARCH & SCHOLARLY EXPERIENCE

2023-present **Quality Improvement Project on Hospital Follow-up Clinic Appointments.** Mentoring second year residents on a project focusing on hospital follow-up and no-show rates.

- 2022-2023 **Quality Improvement Project on Documentation on ICU Transfers.** With the hospitalist medicine pathway and mentorship of Dr. Jacqueline Lippert, we created a new template for ICU transfers to improve hand-off. New template now used in EPIC.
- 2021-2022 **Quality Improvement Project on Colorectal Cancer Screening.** Under the mentorship of Dr. Nancy Denizard-Thompson, I created an educational tool on colorectal cancer screening for residents.
- 2021-present **Quality Improvement Project on Hospital-to-Hospital Transfers.** Surveyed residents on direct transfer process at Wake Forest. Collaborated with fellow co-chief Sarah Stern to design and create a pre-admit list.

HONORS, PRIZES, AND AWARDS

- 2023 Henry L. Valk Sr., MD Scholarship. Recognized for exemplary service for the residency program
- 2023 1st Prize for Quality Improvement at Atrium Health Wake Forest Baptist Internal Research Symposium for project on hospital-to-hospital transfers
- 2022 1st Prize for Quality Improvement at Atrium Health Wake Forest Baptist Internal Research Symposium for project on hospital-to-hospital transfers
- 2021 2nd Place for Quality Improvement at North Carolina ACP for project on colon cancer screening
- 2020 Dean's Clinical Honor Society for High Academic Excellence in 3rd Year Clerkship
- 2019 Gold Humanism Honor Member Inductee
- 2017 Medical Scholars Program Recipient at Medical College of Georgia
- 2014 Graduated Cum Laude from Dartmouth College

SCHOLARSHIP

Published Abstracts

1. **Herring**, Kathleen MD; Ezedike, Cynthia MD; Green, William C. MD; Thazhathuveetil-Kunhahamed, Luqman-Arafath MBBS2. S2016 Constipation Then Colectomy: A Case of Loperamide-Induced Ogilvie Syndrome. The American Journal of Gastroenterology: October 2022 - Volume 117 - Issue 10S - p e1385-e1386 doi: 10.14309/01.ajg.0000864704.15210.71
2. **Herring**, Kathleen MD; Jee, Sangho BA; Vasim, Izzah MD; Majeed, Chaudry MBBS. S3386 Celiac Disease and Adrenal Insufficiency: A Case of Autoimmune Polyglandular Disease. The American Journal of Gastroenterology 117(10S):p e2143, October 2022. | DOI: 10.14309/01.ajg.0000870184.55213.4d

3. Green, William C. MD; **Herring**, Kathleen MD; Ezedike, Cynthia MD; Conway, Jason MD3. S2483 Combined Endoscopic Ultrasound and Endobronchial Ultrasound to Stage and Diagnose Non-Small Cell Lung Cancer in the Setting of CLL/SLL. *The American Journal of Gastroenterology* 117(10S):p e1654, October 2022. | DOI: 10.14309/01.ajg.0000866572.08524.b9

Poster presentations:

1. **Herring, K.**, Amrhein, S., Duckworth, C., and Snipe, L. *Dermatomyositis and Lymph Node Reveals Tonsillar Squamous Cell Carcinoma in a Middle-Aged Woman* 2023 Atrium Health Wake Forest Baptist Internal Medicine Research Symposium. Winston-Salem, NC, May 2023.
2. Anderson, M., **Herring, K.**, Turner, A., Stern, S., Snipe, L., Khanal, Amit., Lippert, J., and Menon, S. *A Critical Opportunity: Improving Documentation and Handoff Between the ICU and Floor* 2023 Atrium Health Wake Forest Baptist Internal Medicine Research Symposium. Winston-Salem, NC, May 2023.
3. Kirk D., **Herring, K.**, and Kelly, C. *Disguised as Cellulitis; IgA Vasculitis in an Adult* 2023 Atrium Health Wake Forest Baptist Internal Medicine Research Symposium. Winston-Salem, NC, May 2023.
4. **Herring, K.**, Turner, A., Stern, S., Anderson, M., Snipe, L., Khanal, Amit., Lippert, J., and Menon, S. *A Critical Opportunity: Improving Documentation and Handoff Between the ICU Floor*. ACP Internal Medicine, North Carolina Scientific Meeting, Greensboro, NC. January 2023.
5. Hines, C., **Herring, K.**, and Maripudi, S. *Vison Loss and Abdominal Pain in a 54-year-old man*. Atrium Health Wake Forest Baptist Update on Hospital Medicine. Hilton Head, SC. September 2022.
6. Seagle, M., **Herring, K.**, and Lippert, J. *Don't Overlook Dilated Pupils and Tremor in a 20-year-old Man*. 2022 Atrium Health Wake Forest Baptist Update on Hospital Medicine. Hilton Head, SC. September 2022.
7. Patel, H., **Herring, K.**, Kelly, C., and Velez, R. *Enhancing the Abdominal Physical Exam: Liver Pocus Reveals Metastatic Disease*. 2022 Atrium Health Wake Forest Baptist Internal Medicine Research Symposium. Winston-Salem, NC, May 2022.
8. **Herring, K.**, Ezedike, C., and Green, W. *Hiccups and Abdominal Pain: A Case of Gastric Volvulus in the Elderly*. ACP Internal Medicine, National Meeting 2022. Chicago, Illinois, May 2022.
9. **Herring, K.**, Ezidike, C., and Denizard-Thompson, N. *Reaching the Unscreened: Updating Medical Residents and Students on Average Risk Colon Cancer Screening*. ACP Internal Medicine, North Carolina Scientific Meeting, Raleigh, NC. Virtual Conference. January 2022.
10. Saulat, F. A. **Herring, K.**, Lovell, R. D. Baldwin, A. *An Unusual Case of Streptococcus pneumoniae Spinal Infection*. [Conference Presentation Abstract]. Society of General Internal Medicine, National Meeting 2021. Virtual Conference, United States. April, 2021.
11. **Herring, K** and Larrimore, K, MD. *Management of Pyosalpingitis Secondary to Appendicitis Due to Psuedomonas in a Reproductive Age Woman*. AMWA conference at UAB Birmingham, Alabama, January 2019.

12. **Herring, K.**, Cho, J., Thaker, D, and On, D. *Moving Away from the “Narcotic Contract” in Primary Care Practice – Medical Students Design a Controlled Substance Agreement for the Georgia Practitioner* Interdisciplinary Opioid Epidemic Symposium Fall 2018 at University of Georgia, Athens, GA, October, 2018.
13. **Herring, K.**, Murrow, J. *Current and Future Use of Mobile Health in Low-Income, Rural Populations.* Poster presented a ACP Georgia Meeting at Calloway Gardens, GA, October 2018.
14. Baldwin, A., Feeney, J., **Herring, K.**, and Sperr, E. *Using Improv to Develop Communication Skills for Medical Students.* Poster presented at the International Association of Medical Science Educators Meeting at Las Vegas, Nevada, July 2018 <http://www.iamse.org/annual-conference/2018-meeting-posters-instructional-methods/>
15. **Herring, K.**, Zhou, J., Datillo, Z., Zainaldin, C., and Montenegro, D. *Peer Pressure.” A Pilot “Buddy” Program Between Medical Students and Meals on Wheels Older Adults to Monitor Health Outcomes.”* ACP Georgia Chapter Scientific Meeting, Savannah, GA, October 2017.
16. **Herring, K.**, Zhou, J., Zainaldin, C., and Montenegro, D. *The Medical College of Georgia Students Monitor Health Outcomes in Meals on Wheels Older Adults to Validate the Services of the Athens Community Council on Aging* The Georgia Gerontology Society 2017 Annual Conference, Chateau Elan Braselton, GA, July 2017.

INTRAMURAL PRESENTATIONS/SEMINARS

1. Resident Case Presenter at CME Talk for Hospital Medicine on Pre-operative HTN Management. April 2023.
2. Breast Cancer Prevention with mHealth, Resident Grand Rounds, Wake Forest School of Medicine, Winston-Salem, NC. January 2023.
3. Resident Case Presenter at *Grand Rounds Clinicopathological Conference (CPC) Section of Rheumatology* Wake Forest Baptist Medical Center. Winston-Salem, NC, March 2023.
4. Resident Case Presenter at *Grand Rounds Clinicopathological Conference (CPC) Section of Gastroenterology* Wake Forest Baptist Medical Center. Winston-Salem, NC, January 2022.

LICENSING AND BOARD CERTIFICATION

2023	ABIM boards
2021	USMLE Step 3, Passed
2020	Temporary North Carolina License
2019	USMLE Step 2 CS, Passed
2019	USMLE Step 2 CK, Passed
2018	USMLE Step 1, Passed

COMMUNITY SERVICE

- 2017 Volunteered for annual outdoor mobile clinic for migrant farm workers alongside Mercer, Emory, and MCG students in Bainbridge, Georgia.

PROFESSIONAL SOCIETIES

American College of Physicians
Academic Alliance for Internal Medicine

REFERENCES

Donna Williams, MD

Program Director, Atrium Health Wake Forest Baptist Internal Medicine Residency
Associate Professor of Medicine, Division of General Internal Medicine, AHWFB
1 Medical Center Boulevard
Winston-Salem, NC 27157
Phone: 610-246-0439
Email: dowillia@wakehealth.edu

Chris Kelly, MD

Assistant Program Director, Atrium Health Wake Forest Baptist Internal Medicine Residency
Assistant Professor of Medicine, Division of General Internal Medicine, AHWFB
1 Medical Center Boulevard
Winston-Salem, NC 27157
Phone: 336-908-4116
Email: chkelly@wakehealth.edu

Jacqueline Lippert, MD

Assistant Professor of Hospital Medicine, Atrium Health Wake Forest Baptist
1 Medical Center Boulevard
Winston-Salem, NC 27157
Phone: 978-580-1728
Email: jdlipper@wakehealth.edu

Julie Eckelbarger, MD

Assistant Instructor of General Internal Medicine, Atrium Health Wake Forest Baptist
1 Medical Center Boulevard
Winston-Salem, NC 27157
Phone: 817-999-5224
Email: jeckelba@wakehealth.edu

Additional References Available Upon Request.