

Rachael N. Jerome
9 Oliver Court, Apt. F
Pittsburgh, PA 15239
(412) 616-0489
rnjerome@ymail.com

EDUCATION

August 2016-
July 2018 **The Chicago School of Professional Psychology, Chicago, IL**
Master of Arts in Forensic Psychology: Professional Counselor
Licensure

August 2011-
April 2015 **University of Pittsburgh at Johnstown, Johnstown, PA**
Bachelor of Science in Psychology, Minor in Criminal Justice

CLINICAL EXPERIENCE

September 2019-
present **Merakey: IBHS, Greensburg, PA**
Behavioral Consultant (BC)

- Develop and maintain comprehensive behavioral treatment plans for all clients, specific to the clients' behavioral needs, updating as needed to support the completion of goals.
- Create antecedent, behavioral, reinforcement, and consequence interventions to utilize with clients that assist in meeting specific treatment goals.
- Transfer necessary behavioral and communicative skills to all clients and caregivers.
- Engage in a collaborative, multidisciplinary team necessary for each client. Develop and explain any individualized programming to all team members to ensure understanding and workability.
- Assess the clinical needs of the client/family members and make recommendations for higher levels of care as needed.
- Develop and maintain monthly case reviews and assessments for each client to track progress and/or regressions for all goals.
- Complete Functional Behavioral Assessment's (FBA) for clients who have the recommendation from a Psychological Evaluator in order to get clarification on the function of the behavior(s).
- Lead a support team when a client is also prescribed a Behavioral Health Technician (BHT) or a Mobile Therapist (MT). Ensure all team members are aware of any changes to the

client or case, including updated treatment goals and interventions.

- Organize time with each client on a monthly schedule, ensuring that each client meets his/her full hours each month, without exceeding the hours, as well as ensuring all documentation be sent in a timely manner.
- Participate in all meetings and evaluations related to the client.

Mobile Therapist (MT)

- Conduct behavioral therapy with clients that have a range of mental health disorders, both in-person services and through telehealth communications (e.g. Zoom).
- Provide family therapy with clients and their family members in order to transfer skills through guiding positive communication.
- Build and maintain rapport with clients and families.
- Educate clients about emotional regulation techniques and coping skills that he/she can utilize when agitated or upset in any way.
- Provide homework to clients in order to keep the client focused on working towards goal completion when not in session.
- Collaborate with BC, supervisors, and caregivers to create the best program structure to meet client's behavioral needs.
- Supervisor: Courtney Kelso, LSW

August 2017-
May 2018

Wexford Health Services/Kane County Adult Corrections, St. Charles, IL

Mental Health Counselor Intern

- Conducted mental health intake assessments providing diagnosis and treatment recommendations for incoming clients.
- Assessed individuals for current substance abuse and placed individuals on detoxification protocol, if warranted.
- Assessed individuals for risk of suicide and placed individuals on suicide watch protocol, if warranted.
- Conducted suicide watch assessments.
- Conducted assessments of individuals under psychological observation for symptoms of psychosis, auditory/command hallucinations, risk for violence towards staff and other detainees, and encouraged these individuals to take the appropriate, prescribed medication.
- Consulted with the jail psychiatrist concerning which individuals could benefit from psychological medications.
- Participated in mental health court meetings with a multidisciplinary team by discussing updates about how the

individuals in the Treatment Alternative Court program progressed weekly and assessed potential clients for inclusion into the program.

- Observed mental health court proceedings and provided praise to individuals on the Treatment Alternative Court program that followed their weekly probation, mental health counseling schedule, and sustained sobriety.
- Participated in weekly individual supervision.
- Supervisor: Maureen O'Connell-Schroeder, LCPC, CADC

September 2014-
November 2014

**Cambria County Human Services: Adult Probation,
Ebensburg, PA**

Adult Probation Intern

- Provided intake services for juvenile and adult offenders.
- Set up meetings with individuals from county transfer cases to review the rules of probation and administer drug tests to individuals on probation.
- Observed mental health court meetings that discussed how the individuals on the program progressed weekly.
- Monitored veteran's court and sat in on the meetings before and after between the judge and the individuals involved regarding the progress being made by the veteran's.
- Present during multiple house arrest visits.
- Transcribed call notes into the computer for documentation.
- Supervisor: Richard Rok

JOB EXPERIENCE

July 2018-
July 2019

Broken English Taco Pub, Chicago, IL

Bartender

- Provided food and beverage service to customers.
- Utilized basic accounting skills for daily deposits.
- Assisted with the organization and stocking of the work area and maintaining a clean work environment.
- Participated in resolving guest conflicts and complaints by coming up with solutions to appease the other party.
- Provided directions and work duties to other employees on duty when manager was not present.
- Developed professional relationships with frequent guests in order to provide the best service possible.
- Established a group unit with all co-workers in order for the company to run smoothly on a daily basis.
- Manager: Camila Klinger, (312) 929-0045

March 2016-
May 2017

Anthony's Coal-Fired Pizza, Monroeville, PA

Server

- Set up the store before opening.
- Filled beverage stations with cups when cleaned.
- Provided customers with pristine service to ensure that they would have a wonderful dining experience.
- Knowledge of all draft beer, wine, and specialty drinks in order to assist customers in finding the drink that fit their particular taste.
- Manager: Steve Parco, (412) 373-0700

August 2015-
March 2016

Buffalo Wild Wings, Wilkins Township, PA

Server

- Set up/closed the store location dependent on shift.
- Knowledge of all draft beer and specialty drinks in order to assist customers in finding the drink that fit their particular taste.
- Provided customers with pristine service to ensure that they would have a wonderful dining experience.
- Filled beverage stations with cups when cleaned.
- Manager: Jonny Mulgrave, (412) 824-1720

April 2012-
August 2015

Kubrick Brothers Garden Center, New Kensington, PA

Sales Associate

- Designed landscape projects within a budget to fit customer needs.
- Provided quality customer service and managed client information.

September 2010-
December 2014

Learning Express Toy Store, Monroeville, PA

Sales Associate

- Assisted clients by helping them find educational toys, games, and books to enhance their children's mind.
- Demonstrated knowledge about toys that are specifically tailored towards children with Autism Spectrum disorders

RESEARCH EXPERIENCE

September 2014-
December 2014

The University of Pittsburgh at Johnstown, Johnstown, PA

Research Assistant

- Managed various experiments to examine participant's preferences towards mundane and abstract photographs and whether or not mental effort had any effect on these preferences.

- Tested to distinguish if manipulation of the corrugator facial muscle would alter individual's preference towards the photographs.
- Supervisor: John Mullennix, Ph.D

January 2015-
April 2015

The University of Pittsburgh at Johnstown, Johnstown, PA
Research Assistant (Capital Court Cases)

- Assisted with research that involved reviewing witness testimonies from various Delaware capital court cases to distinguish if the witnesses described the victim as worthy or unworthy and if this depiction influenced the judges' decision to warrant/not warrant the death penalty.
- Studied various court transcripts in order to find testimonies from various witnesses to see if he/she identified the victim as worthy or unworthy of the crime that was committed.
- Coded transcripts in order for effortless searching for important information.
- Supervisors: Ross Kleinstuber, Ph.D, Heather Zaykowski, Ph.D, Caitlin McDonough

PUBLICATION

Mullennix J., Wagner N., Hetrick B., Malloy N., Jerome R., Schminkey M. (2015). Preference for visual art as a function of cognitive effort. *North American Journal of Psychology*, 17(3), 433-448.

LICENSES/CERTIFICATIONS

Behavioral Specialist License (BSL) - State of Pennsylvania – March 9, 2023

Standard CANS Comprehensive 3.0 from Praed Foundation, February 9, 2023

Adult and Pediatric First Aid/CPR/AED from American Red Cross, March 24, 2022

PROFESSIONAL DEVELOPMENT

American Psychological Association (APA) Convention, March 15-17, 2013

Chicago School of Professional Psychology Continuing Education Activity: *School Interventions: How to Address Bullying & Cyberbullying*, November 21, 2016

Department of Children and Family Services Continuing Education Activity: Mandated Reporter Online Training, January 12, 2023

Safety Care Training: Cognitive & Competency Core, October 20, 2022

Person First/Cultural Awareness Training, June 24, 2022

SKILLS

Proficiency in organization, regarding physical space and strategic processes

Passionate about providing an empathetic approach to working with individuals

Ability to multi-task with strong attention to detail in a fast paced environment

Proficiency in Microsoft Office

Proficiency in written and verbal communication

PROFESSIONAL AFFILIATIONS

April 2013- present	Psi Chi Honor Society at The University of Pittsburgh at Johnstown, Johnstown, PA Member
------------------------	--

HONORS

September 2016	President's Scholarship at The Chicago School of Professional Psychology, Chicago, IL
----------------	--

September 2011- April 2015	Dean's List at The University of Pittsburgh at Johnstown, Johnstown, PA
-------------------------------	--

REFERENCES

Courtney Kelso, LSW
IBHS Director
555 Rial Lane
Greensburg, PA 15601
Phone: 814.661.6443
Email: ckelso@merakey.org
Capacity: Current Supervisor

Amanda Gelder, MS, LBS, BCBA
IBHS Clinical Director
555 Rial Lane
Greensburg, PA 15601
Phone: 412.508.5482
Email: agelder@merakey.org

Capacity: Current Supervisor

Maureen O'Connell-Schroeder, LCPC, CADC
Correctional Mental Health Counselor
37 W755 IL-38 B
St. Charles, IL 60175
Phone: 630.208.3303
Email: oconnellmaureen@co.kane.il.us
Capacity: Former Supervisor