

CONTACT INFORMATION

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EDUCATION AND TRAINING

- 2009 – 2013 **Case Western Reserve University**, Cleveland, OH
Doctor of Philosophy, Clinical Psychology
Dissertation: Road Map: The Utility of Cognitive Assessments to Predict the Driving Capacity of Elderly Veterans with Cognitive Impairment
Advisor: T.J. McCallum, Ph.D.
Dissertation Defense: 11/2012
Degree Conferred: 8/2013
- 2007 - 2009 **Case Western Reserve University**, Cleveland, OH
Master of Arts, Clinical Psychology
Thesis: Selection, Optimization, and Compensation in the Self-Regulatory Driving Behaviors of Older Adults
Advisor: T.J. McCallum, Ph.D.
Thesis Defense: 11/2009
- 2001 – 2005 **John Carroll University**, University Heights, OH
Bachelor of Science in Psychology
Magna Cum Laude

LICENSURE

Ohio License # 7387; 2015- Present

PROFESSIONAL EXPERIENCE

- 12/2015 – Present **VA Northeast Ohio Healthcare System, Cleveland, OH**
Position: Clinical Health Psychologist, HIV Patient Aligned Care Team (PACT) and Hepatitis C (HCV) Clinics
- Major Preceptor for the Clinical Health Psychology Specialty Primary Care Psychology Post-Doctoral Fellowship
 - Supervise Health Psychology Interns
 - Co-Coordinator for the Psychology Training Mentoring Program
 - Psychology lead on Veterans Health Administration Central Office grant to address underserved/under-resourced veterans with HIV or those at risk for contracting HIV
 - Developed national assessment measures to identify barriers to Pre-exposure Prophylactic (PrEP) uptake amongst possible prescribers
 - Provide integrative individual and group interventions designed to address psychological factors impacting engagement in medical care and enhance chronic disease self-management with HIV
 - Co-created PrEP SCAN ECHO to train primary care and mental health providers on LGBTQA+ affirming sexual history taking and harm reduction
 - Conduct health and behavior assessments to identify and address psychosocial factors that may impact HCV treatment adherence
 - Developed and implement harm reduction techniques to increase access to care for medically and psychiatrically complex individuals with HCV
 - Created HCV Behavioral Medicine SCAN ECHO and interfacility Behavioral Medicine Consult to extend psychological services (e.g., education and case consultation) to underserved areas across the tristate area
 - Developed and organized 12-part hospital-wide psychoeducational series to foster resilience in healthcare workers during the COVID pandemic
 - Developed and implemented an interdisciplinary program improvement process to evaluate individuals at-risk for HIV associated Neurocognitive disorder
 - Conduct mental health evaluations for individuals seeking bariatric surgery

- 2013 - Present **Case Western Reserve University, Cleveland, OH**
Position: Adjunct Assistant Professor
- PSCL 425: Adult Cognitive Assessment as part of an APA-Accredited Clinical Psychology Program
 - PSCL 369: Adulthood and Aging
- 9/2014-12/2015 **VA Northeast Ohio Healthcare System, Cleveland, OH**
Position: Graduate Psychologist, ABC PACT High Intensity Management
- Co-developed interdisciplinary treatment plans for patients with complex medical and psychosocial needs enrolled in a high-intensity management program
 - Assist in program development and evaluation of an integrative high intensity management program

AWARDED GRANTS

- 9/2016 – 9/2018 Predict-Prioritize-Prevent: A novel clinical tool to predict neurocognitive impairment, prioritize panel management, and prevent adverse health outcomes in HIV+ veterans
Position: PI; Dr. Van Epps, Co-PI
- 9/2016 – 9/2018 A Multi-Modal Education Intervention For Primary Care Providers to Improve HIV Prevention In Veterans
Position: Co-PI; Dr. Van Epps, PI

HONORS AND AWARDS

- 2019 Inaugural Early Career Award for Excellence, Ohio Psychological Association
 2016 ICARE Award Recipient for Excellence in Patient Care, VA Northeast Ohio Healthcare System
 2013 National Psychologist Trainee Register Credentialing Scholarship, National Register of Health Service Psychologists
 2012 Sarah Cain Spannagel Graduate Student Award for Meritorious Service to the Clinical Department, CWRU
 2011 Marie Haug Award for Excellence in the Field of Aging, CWRU
 2010 Meritorious Abstract Award, Cleveland Psychology Association Student Poster Session
 2003 - 2005 Alpha Sigma Nu, Jesuit National Honor Society; Psi Chi; Dean's List

CLINICAL EXPERIENCE

POST DOCTORAL FELLOWSHIP

- 9/2013 – 9/2014 **VA Northeast Ohio Healthcare System, Cleveland, OH**
 APA-Accredited Health Psychology Post-Doctoral Fellowship
Track: Primary Care
Director of Clinical Training: Robert Goldberg, Ph.D. ABPP
Major Preceptor: Michael Purdum, Ph.D.
- Completed rotations in Primary Care Mental Health Integration, HIV Clinic, Geriatric Primary Care Clinic, MOVE! Weight loss and Prevent (smoking cessation)
 - Engaged in program development and evaluation to maximize outcomes in an interdisciplinary weight loss group intervention.
 - Clinical responsibilities included completing bariatric surgery evaluations, evaluations for gender affirming hormone treatment, leading shared medical visits (e.g., heart failure, diabetes), individual and group therapy interventions.

INTERNSHIP

- 7/2012 – 7/2013 **Jesse Brown VA Medical Center, Chicago, IL**
 APA-Accredited Internship
Track: Health Psychology
Director of Clinical Training: Patricia J. Lim, Psy.D.
Supervisors: Drs. Catanese, Payvar, Norona, Lim, Cosio, and Shafer
- Major rotations included Move! Weight Loss/Bariatric Surgery, Home Based Primary Care, Health Psychology, and Chronic Pain Rehabilitation.
 - Minor rotations included Consult Liaison Neuropsychology, Geriatric Psychiatry, and Research
 - Co-created an ACT treatment group for caregivers of Veterans with dementia. Assessed outcomes for effectiveness of the interventions and completed quality improvements based on findings.

RESEARCH EXPERIENCE

- 5/2011 – 11/2012 **Dissertation Research**
VA Northeast Ohio Healthcare System & Department of Psychological Sciences, CWRU, Cleveland, OH
Chair: T.J. McCallum, Ph.D.
- Investigated the utility of cognitive, sensory, and functional assessments to predict the driving capacity of geriatric Veterans with mild to moderate cognitive impairment.
 - Responsibilities included project proposal, completion of literature review, prospectus proposal, data entry and analysis, and manuscript preparation.
- 1/2010 – 6/2012 **Research Assistant, Geriatric Outpatient Clinic**
VA Northeast Ohio Healthcare System, Cleveland, OH
Investigators: Laura Abood, Ph.D. & Clare Gideon, Ph.D.
- Assisting with the analysis and revision of the driving clinic research protocol
 - Co-developing a clinical intervention study for geriatric veterans and caregivers
- 7/2008–11/2009 **Masters Research**
Department of Psychological Sciences, CWRU, Cleveland, OH
Advisor: T.J. McCallum, Ph.D.
- Examined the relationship between self-reported driving behaviors of older adults, personality factors, social desirability, and driving-specific locus of control to assist in clarifying how and why older adults adapt and change their driving behaviors.
- 5/2008-11/2009 **Co-Investigator, Post-Traumatic Growth Among Cancer Patients and Caregivers**
Department of Psychological Sciences, CWRU, Cleveland, OH
Advisor: T.J. McCallum, Ph.D.
- Assisted with a research study on gender differences and post-traumatic stress symptoms, post-traumatic growth, and perceived quality of relationships in older adult cancer patients and their partner or spousal caregivers
- 8/2008 – 5/2008 **Primary Investigator, Computer-Based Brain Fitness Intervention**
Department of Psychological Sciences, CWRU, Cleveland, OH
Advisor: T.J. McCallum, Ph.D.
- Investigated impact of a computerized brain plasticity intervention on neuropsychological domains in a rural community-based sample of older adults.

PRESENTATIONS AND PUBLICATIONS

PEER REVIEWED PUBLICATIONS

- Rife, K.M., **Lea, E.L.**, Hirsch, A.A. & Falck-Ytter, Y. (2021). Doing more with less: Treating HCV reinfections with 8-weeks of ledipasvir/sofosbuvir achieves SVR12. *Federal Practitioner*, 38, 282-285.
- Baker, B.D., **Lea, E. J.** & Lavakumar, M. (2019). The impact of HIV on sexual functioning: Considerations for clinicians. *Psychotherapy*. 57 (1), 75-82. <http://doi.org/10.1037/pst0000268>
- Watts, B., Lawrence, R.H., Schaub, K., **Lea, E.**, Hasenstaub, M., Slivka, J., Smith, T.I., & Kirsh, S. (2016). Transitioning former military medics to civilian health care jobs: A novel pilot program to integrate medics into ambulatory care teams for high-risk patients. *Military Medicine*, 181, 1464-1469.
- McCallum, T.J., **Lea, E.J.**, & Alva, J.I. (2010) Caregiving and culture. *Korean Journal of Research In Gerontology*, 19, 29-36.
- POSTERS AND PRESENTATIONS
- Lea, E.** & Williams, R. (April, 2022). *Vaccine Hesitancy: Understanding its origins to find a path forward*. Virtual presentation for Ohio Psychological Association 2022 Virtual Conference.
- Lea, E.** (September, 2021). *COVID-19 Vaccine Hesitancy*. Virtual presentation for Advanced Management Issues in HIV Care Conference, Cleveland, OH.
- Schaub, K.K., Young, K.R., Goldberg, R.W., Painter, E.M. & **Lea, E.J.** (2016) *Intern selection: Is there a better way?* Poster presented at American Psychological Association Annual Meeting, Denver Colorado.
- Watts, B., Lawrence, R., **Lea, E.**, Hasenstaub, M. M., & Schaub, K. (2015). *Is Automated identification of high-risk patients for targeted interventions as helpful as hoped? – A pilot study*. Poster presented at the 38th Society of General Internal Medicine Annual Meeting, Toronto, CA.
- Lea, E.J.** & McCallum, T.J. (November, 2011) *Navigating Traits: Exploring Personality Constructs and Self-Regulatory Behaviors of Older Drivers*. Poster to be presented at the 64th Annual Scientific Meeting of the Gerontological Society of America, Boston, MA.

- Lea, E.J.** & McCallum, T.J. (November, 2010) *Selection, Optimization, and Compensation in the Self-Regulatory Driving Behaviors of Older Adults*. Poster presented at the 63rd Annual Scientific Meeting of the Gerontological Society of America, New Orleans, LA.
- McCallum, T.J. & **Lea, E.J.** (March, 2010) *Computer-Enhanced Brain Fitness and Optimal Aging: Lessons from The Brain Emporium*. Talk presented at the 2010 National Council on Aging – American Society on Aging, Aging in America Conference, Chicago, IL.
- Lea, E.J.**, Mitchell, C. & McCallum, T.J. (November, 2009) *Gender Differences in Posttraumatic Stress and Growth in Elderly Cancer Patients and Caregivers*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.
- Mitchell, C., **Lea, E.J.** & McCallum, T.J. (November, 2009) *Use of a Registry of Older Adult Late-Stage Cancer Patients: Barriers to Data Collection*. Poster presented at the 62nd Annual Scientific Meeting of the Gerontological Society of America, Atlanta, GA.
- Lea, E.J.** & McCallum, T.J. (November, 2008) *Does Age Affect Outcomes on a Computer-Based Brain Plasticity Program?* Poster presented at the 61st Annual Scientific Meeting of the Gerontological Society of America, National Harbor, MD. Poster presented at the 1st Annual Cleveland Psychological Association Poster Session, Cleveland, OH.
- Lea, E.J.** (April, 2005) *An Analysis of Factors Related to Risky Sexual Behavior in Young Adults*. Poster presented at the Psi Chi Midwestern Regional Convention, Chicago, IL.
- Lea, E.J.** (April, 2005) *Effects of Early Sexual Experience, Social Support, and Religiosity on Self-esteem*. Paper presented at the Ohio Conference of Undergraduate Research, Cleveland, OH. Poster presented at the Psi Chi Midwestern Regional Convention, Chicago, IL.

INVITED PRESENTATIONS

- Golden, C., **Lea, E.**, & Williams, R. (May, 2021). *Fostering vaccine confidence: The role of peer support staff*. Invited virtual presentation for VHA COVID-19 vaccine coordinator call.
- Williams, R. & **Lea, E.J.** (February, 2021) *So You Want to Talk about Vaccine Hesitancy*, Presentation for the Peer Support Specialist Monthly meeting, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** (February, 2021) *Burnout Resilience*, Presentation for Primary Care Center of Excellence Didactic Series, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** & Rollins, A. (November, 2020). *Pre-Exposure Prophylaxis (PrEP): Mental Health Providers' Roles in Ending the HIV Epidemic*. Presentation for Psychiatry Grand Rounds at MetroHealth Medical Center, Cleveland, OH.
- Lea, E.J.** (July, 2020) *Talking Sex, Drugs and Disparities: The Role of Clinical Health Psychologists in the Prevention and Treatment of HIV and HCV*, Presentation for Health Psychology Internship Didactic Series, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** (June, 2020) *Resiliency, Race and COVID-19*. Organized and moderated panel discussion for the Building Resilience series, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** (May, 2020) *Disconnect to Reconnect*. Presentation for the Building Resilience Series, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** (April, 2020) *Building a Resilience Mindset*. Presentation for the Building Resilience Series, VA Northeast Ohio Healthcare System, Cleveland, OH
- Lea, E.J.** (September, 2019) *Shame: The Silent Sickness*. Keynote Speaker for the Art Zwierling Consensus Conference: (Re)Defining a Healthy Work Environment, Northeastern University, Boston, MA
- Lea, E.J.** (July, 2019). *Easier Done Than Said: Sexual History Taking for PrEP*. Presentation for the Pre-Exposure Prophylaxis (PrEP) Specialty Care Access Network (SCAN) ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (January, 2019). *HCV Reinfection & Retreatment: Psychosocial Considerations*. Presentation for the HCV Behavioral Medicine Specialty Care Access Network (SCAN) ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (November, 2018). *Silent Sickness: How Tackling Shame Improves Your Health*. TEDxCWRU: Stories Untold, Cleveland, OH.
- Lea, E.J.** (November, 2018). *Psychiatric Disorders and HCV Treatment: It's All about Adherence*. Presentation for the HCV Behavioral Medicine SCAN ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (July, 2018). *Theoretical Underpinning of Adherence*. Presentation for the HCV Behavioral Medicine SCAN ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (June, 2018). *Easier Done Than Said: Sexual History Taking for PrEP*. Presentation for the Pre-Exposure Prophylaxis (PrEP) Specialty Care Access Network (SCAN) ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (May, 2018). *Cognitive Impairment in Hepatitis C (HCV): Who, What, How and Now What?* Presentation for the HCV Behavioral Medicine SCAN ECHO series, VA Northeast Ohio Healthcare System, Cleveland, OH.
- Lea, E.J.** (March, 2018). *Predict, Prioritize & Prevent: A Pilot Project to Enhance Screening for Cognitive and Functional Impairment in Veterans Living with HIV*. Presentation for the Veterans' Health Administration HIV National Leads call, Cleveland, OH.
- Lea, E.J.**, White, K. & Morrissey, A. (April 2017). *Practical Guide to Care Coordination Part I & II*, Presented as part of two-day training seminar Decision-Making Capacity Evaluation: Optimizing Assessment through Interdisciplinary Intervention, VA Northeast Ohio

Healthcare System, Cleveland, OH

- Gatliff, J. & Lea, E. (September, 2015). *E.T.H.I.C.S. Approach to Shared Decision Making: A Model for Engaging Patient with Chronic Non-Adherence*. Presentation for Case Western Reserve School of Medicine Psychiatry Grand Rounds, Parma, OH.
- Lea, E.J. (June, 2015). *Geropsychology: A primer*, Presentation given as part of the Northwestern University & Jesse Brown VAMC Health Psychology Seminar Series, Chicago, IL.
- Lea, E.J. (August, 2014). *It takes a team: An interdisciplinary group-based approach to weight loss*. Presentation for Case Western Reserve School of Medicine Psychiatry Grand Rounds, Cleveland, OH.
- Lea, E.J., McCallum, T.J. & Alva, J. (February, 2011). *The Selection, Optimization and Compensation (SOC) Model in Research and Practice*. A talk presented at Case Western Reserve University, Cleveland, OH.
- Lea, E.J. (September, 2010). *The Common Factor: Use of the Therapeutic Relationship as a Vehicle of Change in the Long-Term Treatment of Cluster B Personality Traits*. A formal case presentation presented at Case Western Reserve University, Cleveland OH.
- Lea, E.J. (October, 2009). *Brain Fitness and Aging*. A talk presented at the City of Valley View Community Center, Valley View, OH.
- Lea, E.J. (September, 2009). *Maintaining the Brain: Brain Fitness Activities in Everyday Life*. A talk presented at the Garfield Heights Community Center, Garfield Heights, OH.
- McCallum, T.J. & Lea, E.J. (May, 2009). *Brain Fitness 101*. A talk presented at Wiggins Assisted Living Facility, Beachwood, OH.

CONSULTATION WITH THE MEDIA

- 7/2009 **Guest on National Public Radio's "Sound of Ideas"**
Host: Regina Brett
- As a guest on the show titled, "Keeping Aging Brain Agile," educated listeners on computer-based brain plasticity interventions. Discussed brain fitness products and the current state of research regarding the utility of brain plasticity interventions for age-related cognitive decline, dementia, and cognitive disorders. Answered questions from callers regarding brain fitness, brain plasticity interventions, and the Brain Emporium.
- 7/2009 **Consultant for Cleveland Plain Dealer Health and Fitness article**
Reporter: Brie Zeltner
- Served as a consultant to address questions on the empirical support for computer-based brain plasticity programs. Addressed the etiology of computer-based brain plasticity research, methodological concerns with current research findings and recommendations for future research and consumers.

COMMITTEES/PROFESSIONAL SERVICE ACTIVITIES

- 2020 Society of Behavioral Medicine, HIV and Sexual Health Special Interest Group Member
- 2020 British Journal of Guidance and Counseling, Manuscript Reviewer
- 2019 Psychotherapy, Manuscript reviewer
- 2018 -- 2020 Advanced Management Issues in HIV Care, Planning Committee
- 2016 – Present VA Northeast Ohio Healthcare System World AIDS Day Planning Committee, Member
- 2016 – 2018 Hepatitis Innovation Team (HIT) – QM for HCV sites across the VISN, Member
- 2016 – Present VA Northeast Ohio Healthcare System Psychology Training Committee, Post-Doctoral Resident Preceptor
- 2015 – Present VA Northeast Ohio Healthcare System Ethics Committee, Organizational ABE
- 2014 Ohio Psychological Association Advocacy Day
- 9/2013 – 9/2014 VA Northeast Ohio Healthcare System Health Promotion Disease Prevention Committee
- 8/2007 – 6/2012 CWRU Department of Psychological Sciences, Diversity Committee Member
- 2011 Annals of Behavioral Medicine, Manuscript reviewer
- 2008 The Clinical Gerontologist, Manuscript reviewer
- 2007 Psychology of Aging, Manuscript reviewer

MEMBERSHIP IN PROFESSIONAL SOCIETIES

- 2020 - Present American Psychological Association, Member
- 2019 - Present Ohio Psychological Association
- 2009 – 2010 American Society on Aging, Student Member
- 2008 – 2013 American Psychological Association, Student Member
- 2007 – 2012 The Gerontological Society of America, Student Member

REFERENCES

Available Upon Request