

Robert B. Whitley

Contact Information:

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Education:

2021 **Ph.D., Counseling Psychology** (APA Accredited)
The University of Southern Mississippi
Hattiesburg, MS 39406

Dissertation: Social and individual-level identities and college male alcohol use behaviors: Examining the utility of protective behavioral strategies

2017 **M.S., Counseling Psychology** (MPCAC Accredited)
The University of Southern Mississippi
Hattiesburg, MS 39406

2015 **B.S., Psychology**
Louisiana State University
Baton Rouge, LA 70803

Licensure:

Work Experience:

Graduate Psychologist 09/2021-Present
Primary Care Mental Health Integration
Southern Arizona Veterans Affairs Health Care System
Tucson, AZ 85723

- Responsibilities include providing brief psychological assessment, intervention, consultation, and triage services for veterans in primary care at the Southern Arizona VA Healthcare System. This includes coordination of co-located mental health care with Physicians, Nurses, Pharmacists, and other ancillary staff in a medical treatment setting.
- Treatment approaches are focused on health psychology intervention as well as brief psychotherapy interventions for a range of psychiatric conditions. The individuals served range from veterans recently discharging from the military to older adults. This includes individuals with a variety of demographic backgrounds regarding racial/ethnic identity, religious affiliation, sexual orientation, and gender identity.

Pre-Doctoral Clinical Training:

Clinical Psychology Doctoral Internship (APA Accredited) 8/2020-8/2021
Southern Arizona Veterans Affairs Health Care System
Tucson, AZ 85723

Supervisors: Kathleen Young, Psy.D.; Julie Ewing, Ph.D.; Katherine Brazaitis, Ph.D., Aubrey Rodriguez,

Ph.D.

- Primary rotations include Military Sexual Trauma Clinic, PTSD Intensive Outpatient Treatment and Residential Treatment Programs (PTSD-IOP/MHRRTP), and general outpatient therapy. Responsibilities include providing therapy and assessment services for veterans from a variety of demographic backgrounds and periods of service (i.e., OEF/OIF, Gulf War, etc.) who meet criteria for trauma-stressor related disorders in addition to a variety of co-occurring disorders (e.g., substance use disorders, personality disorders, etc.). Responsibilities also include general outpatient mental health treatment. Responsibilities also include co-facilitating group therapy and consultation with other professionals.

- Treatments utilized include Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), Written Exposure Therapy (WET), Skills Training in Affective and Interpersonal Regulation and Narrative Story Telling (STAIR-NST), Dialectical Behavior Therapy (DBT) Skills Training, Seeking Safety, and Cognitive-Behavioral Therapy (CBT).

- Anticipated rotations include Home-Based Primary Care (HBPC) and Chronic Pain Clinic.

- Additional Training experiences include weekly PTSD consultation team meetings, supervision seminar, weekly didactics, professional development meetings, and Motivational Interviewing training.

Psychology Extern

2019-2020

Southern Behavioral Medicine Associates

Hattiesburg, MS 39402

Supervisors: GERALYN DATZ, Ph.D.; DAVID GAVEL, Ph.D.

- Responsibilities included conducting neuropsychological evaluations for adult and geriatric populations in an outpatient setting as well as scoring/interpretation of results. Common referral questions included diagnosis of dementia, Alzheimer's, cognitive disorder NOS, traumatic brain injury (TBI), and Attention-Deficit/Hyperactivity Disorder (ADHD).

- Tests used include the Wechsler Memory Scales-IV (WMS-IV), Wechsler Abbreviated Scale of Intelligence-II (WASI-II), Frontal Assessment Battery (FAB), Modified Mini-Mental Status Exam (3MS), Rey-15, Controlled Oral Word Association Test-FAS (COWAT-FAS), Activities of Daily Living scale (ADL), Revised Memory and Behavior Checklist (RMBC), Clock Drawing Test (CDT), Trail Making Test (TMT), Animal Naming Test, Repeatable Battery Assessing Neuropsychological Status (RBANS), and the Conner's Continuous Performance Test-II (CPT-II).

- Responsibilities also included scoring/interpreting and writing testing results for presurgical evaluation (i.e., bariatric and spinal cord stimulator), pain management, and general therapy referrals.

- Gained exposure to additional assessment tools including the Millon Behavioral Medicine Diagnostic (MBMD), Minnesota Multiphasic Personality Inventory-2-RF (MMPI-2-RF), Brief Battery for Health Improvement-2 (BBHI-2), Battery for Health Improvement (BHI), Pain Catastrophizing Scale (PCS), Headache Disability Index (HDI), and the Screener and Opioid Assessment for Patients with Pain – revised (SOAPP-R).

Psychology Extern

2018-19

Pine Grove Behavioral Health & Addiction Services: Next Step

Hattiesburg, MS 39401

Supervisor: LACEY HERRINGTON, Ph.D.

- Responsibilities included conducting diagnostic assessments with adult males with substance use disorders between the ages of 18 and 50 in a residential setting.

- Tests used include the Personality Assessment Inventory (PAI), Millon Clinical Multiaxial Inventory-IV (MCMI-IV), Repeatable Battery Assessing Neuropsychological Status (RBANS), and Career Assessment Inventory (CAI).

- Responsibilities also included the development and implementation of weekly Dialectical Behavior Therapy (DBT) skills training group specifically for Substance Use Disorders.

- Responsibilities also included engaging in consultation with medical staff and mental health providers and attending weekly treatment team meetings.

Behavioral Health Extern

2018

Student Health Services at Moffitt Health Center

Hattiesburg, MS 39406

Supervisor: Michael Madson, Ph.D.

- Responsibilities included conducting the Brief Alcohol Screening and Intervention for College Students (BASICS) program at the University of Southern Mississippi. The BASICS program includes a semi-structured assessment interview process and employs Motivational Interviewing (MI) techniques with a focus on promoting safe drinking behaviors among college students.
- Responsibilities also included conducting individual therapy and screening for students who present to Student Health Services in need of mental health treatment to supplement medical treatment.
- Responsibilities also included development of outreach programming as well as guest lecturing for classes at the university as well as consultation with medical staff as needed.

Counseling Intern

2017

Pine Grove: Next Step & Professional Recovery Track

Hattiesburg, MS 39401

Supervisor: Isaac Boose, M.Ed., LPC, LMFT, CCAP

- Next Step duties included conducting daily, group and individual therapy session for adult men with substance use disorders. Duties also included engaging in case staffing, group and individual supervision, and psychoeducation lectures.
- Professional Recovery Track duties included co-leading daily group therapy sessions focused on work-place issues related to addiction for adult medical, educational, and business professionals in recovery. Duties also included engaging in weekly case staffing and group supervision.

Counselor in Training

2015-2018

Community Counseling & Assessment Clinic

Hattiesburg, MS 39406

Supervisors: David Gavel, Ph.D.; Bonnie Nicholson, Ph.D.; Vivian Tamkin, Ph.D.; Ashely Batastini, Ph.D.; Emily Yowell, Ph.D.

- Duties included conducting intake sessions and providing individual therapy for college students and community adults. Individual therapy involves treatment of a broad range of presenting concerns (e.g., adjustment disorder, depression, anxiety, trauma, etc.).
- Duties also included conducting evaluations for Attention-Deficit/Hyperactivity Disorder (ADHD).

Research:

❖ **Publications:**

Whitley, R. B., Madson, M. B., Zamboanga, B. L., Mohn, R. C., & Nicholson, B. C. (2021). Drinking Identity and Alcohol Outcomes among College Men: The indirect role of alcohol protective behavioral strategies. Accepted for publication in *Identity: An international journal of theory and research*.

Lemoine, P. G., Whitley, R. B., Jordan, H. R., & Madson, M. B. (2020) College alcohol beliefs and alcohol outcomes: The moderating effects of alcohol protective behavioral strategies. *Substance Use and Misuse*. 55(14), 2389-2394. doi: 10.1080/10826084.2020.1817085

- Villarosa-Hurlocker, M. C., Schutts, J. W., Madson, M. B., Jordan, H. R., **Whitley, R. B.**, & Mohn, R. C. (2020) Screening for Alcohol Use Disorders in college student drinkers with the AUDIT and the USAUDIT: A receiver operating characteristic curve analysis. *The American Journal of Drug and Alcohol Abuse*, online first publication. doi: 10.1080/00952990.2020.1712410
- Miller, C., **Whitley, R.B.**, Scully, K., & Madson, M. B. (2019). Protective behavioral strategies and alcohol related outcomes: The moderating effects of drinking refusal self-efficacy and sex. *Addictive Behaviors*, online first publication. doi: <https://doi.org/10.1016/j.addbeh.2019.106110>
- Madson, M.B., Schutts, J.W., Jordan, H.R, Villarosa-Hurlocker, M.C., **Whitley, R. B.**, & Mohn, R. C. (2018). Evaluating the AUDIT-US in screening for at-risk college student drinkers. *Assessment*, online first publication. doi: 10.1177/1073191118792091
- Whitley, R. B.**, Madson, M. B., & Zeigler-Hill, V. (2018). Protective Behavioral Strategies and Hazardous Alcohol Use Among Male College Students: Conformity to Male Gender Norms as a Moderator. *Psychology of Men & Masculinity*. 19(3), 477-483 doi: <http://dx.doi.org/10.1037/men0000121>
- Villarosa-Hurlocker, M. C., **Whitley, R. B.**, Capron, D. W., & Madson, M. B. (2017). Thinking while drinking: Fear of negative evaluation predicts drinking behaviors of students with social anxiety. *Addictive Behaviors*. 78, 160-165. doi: 10.1016/j.addbeh.2017.10.021.

❖ **Presentations:**

- Whitley, R. B.**, Madson, M. B., Zamboanga, B. L, Mohn, R. C., & Nicholson, B. C. (2020, April). College male identity and alcohol use behaviors: Examining the value of protective behavioral strategies. Abstract accepted for poster session at the annual meeting of Collaborative Perspectives on Addiction, San Diego, CA.
- Jordan, H. R., **Whitley, R. B.**, Schutts, J. W., & Villarosa-Hurlocker, M. C. (2019, June) Screening for alcohol use disorder in college student drinkers with the AUDIT and AUDIT-US: A ROC curve analysis. Poster presented at the 42nd Annual Research Society on Alcoholism Scientific Conference, Minneapolis, MN.
- Miller, C., **Whitley, R.B.**, Scully, K., & Madson, M. B. (2019, March) Protective behavioral strategies and alcohol-related outcomes: The moderating effects of drinking refusal self efficacy and sex. Poster presented at the annual Southeastern Psychological Association Conference, Jacksonville, FL.
- Whitley, R. B.**, Madson, M. B. & Zeigler-Hill, V. (2018, June) Male college students' protective behavioral strategy use and hazardous alcohol use: The moderating role of conformity to traditional male norms. Poster abstract accepted for presentation at the 41st Annual Research Society on Alcoholism Scientific Conference, San Diego, CA.
- Whitley, R. B.**, Villarosa, M. C., & Madson, M. B. (2016, March) Social anxiety and problematic drinking: evaluation fears as a mediator. Poster session presented at the annual meeting of the Southeastern Psychological Association, New Orleans, LA.

Clinical Didactics:

Motivational Interviewing Training

2020-2021

Phoenix Veterans Affairs Health Care System

Facilitators: Brian Kersch, Ph.D.; Lisa Burgess, Ph.D.; Carl Isenhardt, Ph.D.; Clarissa Garcia, LCSW

- Attended six, four-hour training sessions related to learning and implementing motivational interviewing. These sessions included both a didactic component as well as in the moment practice and coaching. Individual coaching sessions will begin in January 2021

Prolonged Exposure Training (PEWeb) 2020
Medical University of South Carolina
 Web-Based Educational Program

- Completed a web-based, 13 session training program for Prolonged Exposure created by the Medical University of South Carolina National Crime Victims Research & Treatment Center in collaboration with VA Palo Alto HCS and University of Pennsylvania. This program included video demonstrations, reading material, and online quizzes.

Cognitive Processing Therapy Training (CPTWeb) 2020
Medical University of South Carolina
 Web-Based Educational Program

- Completed a web-based, 9 hour training program for Cognitive Processing Therapy created by the Medical University of South Carolina National Crime Victims Research & Treatment Center Center in collaboration with VA Palo Alto HCS and University of Pennsylvania. This program included video demonstrations, reading material, and online quizzes.

Dialectical Behavior Therapy Training 2019
Pine Grove Behavioral Health & Addiction Services
 Facilitator: Lacey Herrington, Ph.D.

- Attended two, four-hour training sessions related to the theory and implementation of Dialectical Behavior Therapy with specific focus on implementation of DBT with individuals presenting with Substance Use Disorders.

Diagnostic Assessment of Personality Disorders 2018
Pine Grove Behavioral Health & Addiction Services
 Facilitator: Edward Anderson, Ph.D.

- Attended this four-hour lecture on the assessment of personality disorders. Topics included research, theory, conceptualization, and strategies for assessment.

Motivational Interviewing Training 2018
The University of Southern Mississippi
 Facilitator: Michael Madson, Ph.D.

- Attended two, three-hour didactic sessions on Motivational Interviewing
- Also conducted two mock MI sessions which were reviewed by Dr. Michael Madson and feedback was provided.

Cognitive Processing Therapy Didactic 2016, 2019
Alexandria VA Health Care System
 Facilitator: Kelley S. Pears, Ph.D.

- Attended a three-hour didactic on Cognitive Procession Therapy on two separate occasions. Topics included conceptualization and treatment of PTSD using CPT as well as the research and theory supporting

CPT for PTSD.

Awards & Editorial Services:

Co-Editorial Review Substance Use and Misuse LSUM_2020_0110 “Psychopathy and protective behavioral strategies: Relationships between primary and secondary psychopathy and facets of PBS”	2020
Kathanne W. Greene Essay Award Committee on Services and Resources for Women The University of Southern Mississippi	2019
Co-Editorial Review Addictive Behaviors ADDICTBEH_2019_900 “Is Hard Liquor Associated with More Drinking Consequences?”	2019
Co-Editorial Review Substance Use and Misuse LSUM-2018-0431 "Protective Behavioral Strategies and Alcohol Consumption: The Moderating Role of Drinking-Group Gender Composition"	2018
Co-Editorial Review Psychology of Men and Masculinity MEN-2017-0463 “Relationships among Fraternity Chapter Masculine Norm Climates and the Alcohol Consumption Behaviors of Fraternity Men”	2017
<u>Professional Affiliations:</u>	
Graduate Student Member Research Society on Alcoholism (RSA)	2017-Present
Graduate Student Member, Division 51 American Psychological Association	2017-Present
Graduate Student Member Southeastern Psychological Association (SEPA)	2015-18