Nicole Rodriguez, MSN, FNP-BC



💽 New York, NY

EDUCATION

MASTER OF NURSING PRACTICE Massachusetts General Hospital Institute of Health Professions, May 2020

BACHELOR OF SCIENCE IN NURSING

Massachusetts General Hospital Institute of Health Professions, August 2018

BACHELOR OF SCIENCE IN BIOLOGY Boston College, May 2017

LICENSURE & CERTIFICATIONS

FAMILY NURSE PRACTITIONER NY. License #346666. EXP 2023 ANCC Certification, Exp 2025

REGISTERED NURSE NY, License #802167, Exp 2023

BASIC LIFE SUPPORT AHA, Exp 2023

DEA License License #MR6086474, Exp 2023

MAT Suboxone Waiver Received November 2020



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PROFESSIONAL PROFILE

I am a compassionate and dedicated Family Nurse Practitioner with experience in community health. I currently practice patient-empowered, primary care at a federally qualified health center in New York City, where I initially completed a highly selective and rigorous fellowship program. I have extensive experience in managing the complex cases of patients suffering multiple comorbidities and I am committed to bringing this expertise to community health practice.

EXPERIENCE

FAMILY NURSE PRACTITIONER - PRIMARY CARE PROVIDER

Community Healthcare Network: NY. NY: September 2021- current

- Provides exceptional and patient-informed care to patients of medically underserved communities consisting of low-income and uninsured New Yorkers.
- Independently manage a panel of 1500+ pediatric and adult primary care patients • in multiple outpatient clinics and settings
- Daily productivity goal of 23 patients per day
- Conducted most appointments in Spanish
- Assess, diagnose, and treat multiple chronic comorbidities, including cardiac, pulmonary, sexually transmitted, gastrointestinal, musculoskeletal, renal, hepatic, and psychiatric illnesses, in addition to addressing acute concerns via in-person and telehealth examinations
- Often served as the sole provider on site, managing acute concerns and directing the clinic staff while attending to a full patient panel

FAMILY NURSE PRACTITIONER FELLOW

Community Healthcare Network: NY, NY; September 2020-September 2021

- Participated in a rigorous and comprehensive fellowship program while providing high-quality, patient-centered primary care to persons suffering restricted access
- Independently managed a panel of 500+ mostly Spanish-speaking pediatric, adult, and geriatric primary care patients
- Daily productivity goal of 18 patients per day on completion of post graduate training year
- Assess, diagnose, and treat patient with multiple chronic comorbidities and acute concerns through in-person and telehealth examinations
- Conduct training sessions for nursing staff and care coordinators on chronic condition evaluation, treatment, and management
- Complete clinical and didactic trainings in specialty practices including cardiology, gastroenterology, infectious disease, ophthalmology, orthopedics, pain management, pediatrics, podiatry and women's health.

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AREAS OF EXPERTISE

- Diabetes Mellitus I/II
- Hypertension
- Hyperlipidemia
- Suboxone management
- Anxiety & depression
- Sexual and reproductive • health
- PrEP and nPEP
- Nexplanon insertion and removal
- IUD insertion and removal

LANGUAGES

- English
- Spanish •

VOLUNTEERISM

MEDLIFE Mobile Clinic December 2015-January 2020

Creative Kids January 2016- May 2016

Destination Swim September 2014- May 2015

Relay for Life September 2013- March 2014

Girl Scouts September 2002- June 2013

Turkeys4U Foundation September 2010- June 2013

Mission Trip June 2012- August 2012

EXPERIENCE

REGISTERED NURSE - OUTPATIENT FLOOR NURSE

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Charles River Community Health Center; Boston, MA; September 2019- August 2020

- Transitioned between on-call triage nurse as well as outpatient floor nurse working 30 hours a week while completing graduate school
- Triaged emergency phone calls, identified emergent versus nonemergent concerns, and resolved patient matters through the on-call nursing service
- Assisted providers in monitoring vital signs, completing weight checks, performing injections, and assisting in outpatient procedures
- Independently performed nursing visits to monitor the treatment of hypertension. diabetes, latent tuberculosis, warfarin, continuity of contraception. Completed assessment and medication reconciliation, developed a plan, reported to the provider, and provided patient education
- Worked with primary care providers to provide patient-informed care in the management of multiple comorbidities including heart failure, asthma and COPD

REGISTERED NURSE - INPATIENT FLOOR NURSE

Boston HOPE Project; Boston, MA; April 2020 - May 2020

- Collaborated with the interdisciplinary healthcare team at a field hospital dedicated to providing quality care to the homeless and impoverished community of Boston suffering from COVID-19
- Administered medications, addressed changes in clinical status, monitored vitals, conducted physical assessments and managed 5 patients per 12-hour work shift
- Attended clinical rounds among an interdisciplinary team and provided report to the supervising clinicians and following care team
- Ensured consistent delivery of compassionate care and support to patients suffering the fear and isolation brought on by the COVID-19 pandemic

REGISTERED NURSE - VISITING NURSE

Maxim Healthcare Services; Needham, MA; November 2018-September 2019

- Served as the sole registered nurse responsible for a panel of 20-50 patients in various facilities such as adult daycares, rehabilitation centers and schools
- Substituted at a new site each shift. Required to learn and implement the workflow of the healthcare staff in order to provide a seamless transition of care
- Responded to patient's daily needs, monitored vital signs, documented input and output, performed full body assessments, administered medications and controlled substances, provided wound care and changed colostomy bags

SELECT PUBLICATIONS

NICOLE A RODRIGUEZ BSN, CATHERINE CALISI MS, RN, GNP-BC. Mindfulness Training on Graduate Students: A Look at Potential Benefits MGH Institute of Health Profession's Scholarly Project, December 6, 2019

NICOLE A RODRIGUEZ, ALEXANDRA CARLSON, ANDREA KASEGUMA, ANTHONY F PAREDES, ELISA TEDECHI AND CLARA GONA, PhD, RN, FNP-BC. Addressing Obesity in Roxbury Youth through a Multifaceted Nutrition and Exercise **Education Program**

MGH Institute of Health Profession's Quality Improvement Project, April 20, 2020

