

Allison Brutka, LISW

(732) 684-2973

allison.brutka@gmail.com

NJ LCSW and OH LISW

Education

Monmouth University, Bachelor of Social Work, May 2017

Masters of Social Work May 2018

Member of Phi Alpha, Social Work Honor Society, Mu Epsilon Chapter

Member of Tau Sigma, National Honor Society, Monmouth Chapter

Member of Omicron Delta Kappa Honor Society, Monmouth Chapter

President, Social Work Society, 2016-2017 Term

Ocean County College, Associates in Arts, December 2014

Member of Pi Theta Kappa, Honor Society, Tau Iota Chapter

Work Experience

- **Sondermind, OH**

Licensed Independent Clinical Social Worker, March 2022-Current

Responsibilities include providing one on one therapy through a virtual platform, performing intake assessments, setting treatment plans, assessing level of need, and filing appropriate documentation to insurance companies.

- **Mercy Health St. Elizabeth, Youngstown, OH**

Licensed Independent Social Worker, Inpatient Behavioral Health Unit, October 2021-Current

Responsibilities include assessing patients and completing comprehensive biopsychosocial assessment, participating in interdisciplinary treatment teams to ensure comprehensive care, facilitating psychotherapeutic group therapy sessions, connecting patients to community services to provide support post hospitalization, establishing rapport with family and providing family counseling if clinically necessary. 7 South Extension has the highest acuity and symptom presentation of inpatient units requiring staff to consistently assess the unit for crisis intervention, ensuring the safety of all.

- **RWJ Barnabas Health Behavioral Health Center, Toms River, NJ**

Licensed Social Worker, Inpatient Short Term Care Unit, December 2018-September 2021

Responsibilities include assessing patients and completing comprehensive biopsychosocial assessment, participating in interdisciplinary treatment teams to ensure comprehensive care, facilitating psychoeducational group therapy sessions, connecting patients to community services to provide support post hospitalization, establishing rapport with family and providing family counseling if clinically necessary. The Short Term Care unit has the highest acuity and symptom presentation in the facility requiring staff to consistently assess the unit for crisis intervention, ensuring the safety of all.

- **Invisible Wound, Leesburg, VA**

Program Development, Mentorship Program. 2010-Current.

Responsibilities include advising the Executive Director in the establishment of a strengths based online and physical mentorship program for veterans managing Post Traumatic Stress Disorder (PTSD) and their families. Additional responsibilities include making recommendations when assessing facilities

for Warrior Retreats using knowledge of biopsychosocial needs of veterans with PTSD or those who have experienced trauma

- ***Boardwalk Bar & Grill, Point Pleasant Beach, NJ***

Head Bartender. March-October, 2013-2016.

Responsibilities include hiring and training staff, creation of new menu items, managing inventory, and ensuring cleanliness standards are being upheld. Additionally the role is tasked with providing all service staff with any needed resources to ensure the customer receives the best possible product and effectively promoting and creating events centered on a family centered, unique vacation experience.

- ***Milestones Children's Home, Volunteers of America. Sheridan, WY***

Team Leader. May 2011-April 2012

Responsibilities include providing case management of at-risk 10-17 year youth, attending all Multi Disciplinary Team meetings, court appearances, setting up and implementing Individual Service Plans, as well as conducting discharge planning meetings for all current residents. The Team Leader approves all youth intakes based on staffing, house census and individual residents needs, performs weekly room searches and safety planning as well as being in constant communication with the resident's family, case worker and/or probation officer.. The Team Leader is also responsible for supervising all mentors to ensure policy and procedures are being followed to guarantee resident safety.

Field Experience

Ocean Medical Center, Gerontology/ Oncology, Spring 2015, 30 hour volunteer

- Discharge planning, completing needs assessments, and providing case management

Voyagers Community School, Spring 2016, 100 hour internship

- Social skills groups, conflict resolution, policy research and development

Monmouth Medical Center, Behavioral Unit: Alexander Pavilion, 2016-2017, 448 hour internship

- Run daily groups focusing on insight, coping skills, crisis planning and safety plans, performed case management, intakes, discharge planning, and biopsychosocial assessments.

Department of Veterans Affairs, HUD-VASH ICMS, 2017-2018, 500 hour internship

- Case management of homeless or recently housed veterans, outreach to Trenton Area Soup Kitchen and Trenton Rescue Mission, suicide risk assessments, crisis intervention, home/community visits, skills building (social, financial, occupational, crisis/trigger awareness). Additionally, voluntarily participated in a Warrior 2 Soulmate weekend retreat focused on communication skills, empathy building and resilience between veterans and their spouses/ significant others.