

Zachary R. Carlson, (BSN, RN, PA-S)

Royalton, MN

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EDUCATION

University of North Dakota School of Medicine and Health Sciences – Grand Forks, ND

*Master of Physician Assistant Studies | May 2022 – May 2024**

- 2,000+ clinical rotation hours

North Dakota State University – Fargo, ND

Bachelor of Science Nursing | August 2015 - May 2019

- Dean's List | 6 Semesters
 - Graduate with Magna Cum Laude Honors | May 2019
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CLINICAL ROTATIONS**

Plastic Surgery – 4 weeks – Midsota Plastic Surgery

- Experience in the role of first assist in operating room, inpatient rounding, and discharge planning
- Delivery of patient care in ambulatory setting to new consults, returning patients, and surgical follow-ups
- Performing facial injections, lesion excisions, and abscess drainage among other clinic procedures

Emergency Medicine – 4 weeks – Hennepin Community Medical Center

- Perform triage on incoming patients to become part of the department's case load
- Assess, stabilize, and perform diagnostic evaluation of patient's to best treat their presenting concerns

Hospitalist Medicine – 2 weeks – CentraCare Saint Cloud Hospital

- Complete inpatient rounds on patients to best establish a plan of care
- Communicate pertinent information to respective professions and specialties to best care for patients

Primary Care – 23 weeks – CentraCare Albany, CentraCare Sartell

- Independent evaluation of pediatric, adult, and geriatric patients for chronic care management and acute complaints
- Experience providing collaborative patient care with extensive patient education
- 1,000+ patients evaluated
- Various skills and clinic procedures performed such as joint injections, wound closures, and shave biopsies

Urgent Care – 2 weeks – CentraCare Albany

- Elicit pertinent information during physical exam and history taking to discover differential diagnoses
 - Analyze reports and findings of tests and examinations to diagnose and treat patients appropriately
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PROFESSIONAL EXPERIENCE

CentraCare Saint Cloud Hospital – Saint Cloud, MN

Perianesthesia Registered Nurse | November 2021 - Present

- Collaborate with the interdisciplinary care team as I prepare patients for surgery

- Closely monitor patient status while administering medications and cares during the peri-surgical process

Sanford Medical Center Fargo – Fargo, ND

Perianesthesia Registered Nurse | July 2019 – May 2022

- Work alongside surgeons and advanced practice providers as I prepared patients for surgery
- Provide patient education on management and at-home cares following procedures

St. Joseph’s Medical Center Brainerd – Brainerd, MN

Intensive Care Registered Nurse | September 2021 – December 2021

- Work cohesively with interdisciplinary team in an acute care rural hospital
- Manage multiple acutely ill patients requiring drip titration, ventilator management, and full-body assessments

Sanford Medical Center Fargo – Fargo, ND

Intensive Care Registered Nurse | February 2020 – November 2020

- Develop further insight into patient pathophysiology while discussing treatment options with intensivists
 - Improve critical thinking skills while titrating drips for sedation and cardiac support and monitoring patient status
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LICENSES AND CERTIFICATION

- Basic Life Support (BLS) | *2016 – current*
 - Advanced Care Life Support (ACLS) | *2019 – current*
 - Minnesota Nursing License | *2019 – current*
 - North Dakota Nursing License | *2019 – current*
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PROFESSIONAL MEMBERSHIPS

- American Academy of Physician Assistants member
 - Minnesota Academy of Physician Assistant member
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LEADERSHIP or VOLUNTEER EXPERIENCE

- Hand Hygiene Auditor | Admission Recovery Unit (ARU) | *August 2020 – October 2021*
 - Class Representative | Student Nurse Association (SNA) | *January 2018 – May 2019*
 - Committee Member | Dean Liaison Committee: College of Health Professions | *January 2018 – May 2019*
 - Nursing Volunteer | Instituto Guatemalteco de Seguridad Social IGS | *May 2017 - July 2017*
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AWARDS AND HONORS

- Star of Nursing Award Winner | Sanford Medical Center Fargo | *June 2021*
- DAISY Award Nominee | Sanford Medical Center Fargo | *April 2021, September 2021, October 2021*

References available upon request

** Tentative graduation date*

***Not all clinical hours are accounted for as 11 weeks of specialty experience still need to be scheduled in spring 2024*