

CURRICULUM VITAE

MARIELA HERNANDEZ, MS, LPC

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Middletown, PA 17057

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SUMMARY

Highly compassionate, skilled, and committed licensed professional counselor dedicated to providing exceptional care and implementing effective treatment plans for children, adolescents, and adults experiencing or exposed to mental illness and substance abuse. Demonstrated track record of success working with a diverse client population in one-on-one and group settings. Extensive background working with minority and underprivileged populations. Able to establish strong rapport with patients, regardless of age. Adept at communicating with patients, relatives, and other providers. Excellent leadership skills proven in successful staff development and group facilitation. Strong interpersonal, organizational, and analytical skills as clinician and supervisor. Bilingual, fluent in Spanish.

LICENSE AND CERTIFICATION

LICENSURE

Pennsylvania State Board of Social Workers, Marriage and Family Therapists and Professional Counselors

Since 11/14/217

Licensed Professional Counselor

License Number: PC01017

EDUCATION

MILLERSVILLE UNIVERSITY

Millersville, PA

05/2014

Master Degree of Science in Clinical Psychology

GPA 3.940

LEBANON VALLEY COLLEGE

Annville, PA

05/2011

Bachelor Degree of Science in Psychology

CLINICAL EXPERIENCE

PENNSYLVANIA COUNSELING SERVICES

Team Lead Therapist

2/2020-Present

Outpatient Therapist

06/2014 - Present

Community mental health agency that collaborates with local community agencies and provides various services to children, adolescents, and adults. Services include: outpatient substance abuse treatment; individual, group, and family psychotherapy; medication management; positive parenting program, and psychological evaluations, among others.

- Provide individual and group supervision to licensed and unlicensed therapists, community outreach, and emergency calls/support.
- Provide weekly individual and family therapy with adults, adolescents, and children with mental illness and familial conflicts.
- Provide weekly individual therapy sessions with adults and adolescents that present with substance use issues.
- Facilitate process and psycho-educational substance abuse treatment groups with adults in Intensive Outpatient Program and Drug and Alcohol Intervention levels of care.
- Conduct mental health intake assessments and level of care evaluations to determine suitability for outpatient treatment.

PENNSYLVANIA PSYCHIATRIC INSTITUTE

Intern

Harrisburg, PA 01/2014-05/2014

Outpatient clinic that provides a broad range of outpatient consultation, evaluation and treatment interventions for emotional, psychological or cognitive problems. Each person is provided with an initial assessment and an individualized treatment plan.

- Maintained a caseload of five to six clients.
- Provided individual and family therapy to children, adolescents, and adults.
- Provided group therapy to adolescents in the partial program.
- Attended weekly team meetings.
- Participated in weekly individual and group supervision.

PHILHAVEN CHILD/ADOLESCENT INPATIENT UNIT

Psychiatric Assistant II

Mount Gretna 06/2010-05/2014

Behavioral health organization that treats children and adolescents who are experiencing significant mental health problems. The focus of treatment is to address the crisis or behaviors which led up to the hospitalization. The goal of treatment is to develop a plan which will help the child or adolescent to stabilize and function in a more healthy way after discharge.

- Conducted group therapy sessions.
- Worked as part of a team that included psychiatrists, nurses and therapists.
- Observed and recorded patients' participation and progress during treatment sessions.
- Recorded and maintained patient information, such as vital signs, eating habits, behavior, progress notes, treatment plans, and discharge plans.
- Participated in weekly staff meetings

PHILHAVEN RESIDENTIAL UNIT

Intern

01/2010-05/2010

Short-Term Residential Treatment Program that provides an intensive, multi-level treatment environment designed to promote skill and goal attainment for residents who have experienced multiple treatment failures. The program addresses the needs of youth with multiple severe problems in a non-inpatient. • Reviewed medical charts and treatment plans.

- Observed individual and family therapy sessions.
- Observed psychiatric evaluations
- Translated for therapists during family sessions with Spanish speaking clients.
- Co-facilitated group therapy sessions with adolescents.

RESEARCH EXPERIENCE

Social Emotion Lab, Lebanon Valley College

Research Assistant

Annville, PA 08/2009-05/2011

- Conducted experiments with psychology students concerning social exclusion, emotional distress, religion, perseverance and identity versus regulatory capacity.
- Administered surveys and/or questionnaires to participants; compiled results and organized quantitative data; and issued credit to subjects for their participation in study.

PUBLICATIONS AND PRESENTATIONS

Eastern Psychological Association Meeting

Cambridge, MA 03/2011 • First author of a poster titled "Individual Differences in Religious Strain and Social Rejection Influence the Preference for Religious Affirming Information."

Society for Personality and Social Psychology Conference

San Antonio, TX 01/2011 • Coauthor of poster titled "Individual Differences in a Bias Preference for Positively Oriented Religious Information."

Challenges of the 21st Century Conference

Annville, PA 02/2010 • Cooperated with Dr. Kitchens and other research assistants on the presentation of a poster titled "Identity versus Regulatory Capacity: Examining Two Explanations of Perseverance."

ORGANIZATIONAL EXPERIENCE

PSY CHI, Lebanon Valley College

Annville, PA 04/2010-05/2011 • Organized fundraisers.

- Tutored at Annville Cleona High School.

Tutoring Program, Lebanon Valley College

Annville, PA 10/2007-05/2011 • Tutored students in Spanish courses and integrated study and learning strategies to promote independent learning.

Multicultural Fellowship, Lebanon Valley College

Annville, PA 08/2007-05/2011 • Participated in activities to further develop human understanding of different cultures.

REFERENCES

Valerie Sweet McNicholl, LCSW, CADC

Outpatient Therapist and Team Leader

Pennsylvania Counseling Services

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Rachel Barnhart, MA, LPC

Outpatient Therapist

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