

Harpreet Kaur, MD

Internal Medicine

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Dedicated and knowledgeable Internal Medicine PGY3 Resident with the commitment to providing exceptional patient care, who will complete residency in July 2024 seeking a position as early as July-August, 2024 as a hospitalist or outpatient clinician where I can apply my clinical expertise, compassionate approach and research acumen to contribute to the well-being of patients.

Education:

Residency in Internal Medicine | Hemet Global Medical Center, 2021-present

- Developed strong clinical skills in diagnosing and treating a wide range of medical conditions using evidence-based medicine with attending physician guidance.
- Honed expertise in patient management and care coordination.
- Patient load ranged from 7 to 10 patients per day during PGY1 and between 15 to 25 patients per day leading the team as a PGY2 and PGY3.
- Manage complex medical conditions, coordinate care with specialists, and ensure continuity of care for all patients.
- Participated in multidisciplinary rounds, case presentations, quality improvement initiatives, patient safety protocols and research initiatives.
- Collaborate with case managers, social workers, and other healthcare professionals to optimize patient outcomes.

Residency and Transitional Year | Hemet Global Medical Center, 2020-2021

- Added experience of transitional year with multiple extra months of internal medicine, family medicine, cardiology, nephrology, emergency medicine rotations.

Medical School: Government Medical College, Patiala, India

- Completed rigorous clinical rotations in diverse medical specialties.
- Gained comprehensive understanding of medical theory and practice.

Leadership and Academic Experience:

Junior Resident Mentor, July 2023-Present

- Maintaining resident well-being and attitude of program.
- Monitor and provide resident with help to improve performance on various rotations.

Residency Program Academic Committee Member, July 2022-Present

- Assist in overseeing curriculum development and program evaluation.
- Liaison between residents and faculty, presenting residents suggestions or concerns at meetings.
- Planning educational activities involving fellow residents in the program.

Outpatient Team Leader, July 2023-Present

- Responsible to teach junior residents on management of patients, helping them learn how to communicate with patient and other staff members at the clinic.
- Review study modules with junior residents for keeping up with medical knowledge.

Lead for HIV QI Project at Hemet Global Medical Center, Nov 2022-Present

- Initiated HIV screening testing at Hemet Global Medical Center for all patient as per CDC recommendations.
- Put together a team of Infectious disease attendings, case managers, residents, social workers to help HIV positive patients to get the care they need (linkage to care).
- Multiple talks given on HIV screening, linkage of care and same day treatment initiation.

Research and Publications:

- Umeh CA, Maguwudze S, Kaur H, Dimowo O, Naderi N, Safdarpour A, Hussein T, Gupta R. **Bradycardia and Outcomes in COVID-19 Patients on Remdesivir: A Multicenter Retrospective Study.** *Cardiol Res.* 2023 Jun;14(3):192-200. doi: 10.14740/cr1493. Epub 2023 May 26. PMID: 37304919; PMCID: PMC10257499.
- Umeh CA, Torbela A, Saigal S, Kaur H, Kazourra S, Gupta R, Shah S. **Telemonitoring in heart failure patients: Systematic review and meta-analysis of randomized controlled trials.** *World J Cardiol.* 2022 Dec 26;14(12):640-656. doi: 10.4330/wjc.v14.i12.640. PMID: 36605424; PMCID: PMC9808028.
- Arcerito M, Jamal MM, Perez MG, Kaur H, Sundahl A, Moon JT. **Esophageal Achalasia: From Laparoscopic to Robotic Heller Myotomy and Dor**

Fundoplication. JSLS. 2022 Jul-Sep;26(3):e2022.00027. doi:

10.4293/JSLS.2022.00027. PMID: 35967962; PMCID: PMC9355798.

- Anand S, Umeh CA, Giberson C, Wassel E, Nguyen A, Porter H, Choday P, Kaur H, Kundu A, Penaherrera J. **Septic Portal Vein Thrombosis, Clinical Presentation, and Management.** Cureus. 2021 Nov 23;13(11):e19840. doi: 10.7759/cureus.19840. PMID: 34963853; PMCID: PMC8702393.
- Wassel E, Umeh CA, Giberson C, Anand SK, Nguyen A, Porter H, Choday P, Kaur H, Kundu A, Penaherrera J. **Elevated Adrenocorticotrophic Hormone, Hypercortisolism, and Marked Hyponatremia.** Cureus. 2021 Nov 18;13(11):e19714. doi: 10.7759/cureus.19714. PMID: 34934578; PMCID: PMC8684410.
- Umeh C, Gupta RC, Gupta R, Kaur H, Kazourra S, Maguwudze S, Torbela A, Saigal S. **Acetone Ingestion Resulting in Cardiac Arrest and Death.** Cureus. 2021 Oct 3;13(10):e18466. doi:10.7759/cureus.18466. PMID: 34754632; PMCID: PMC8564060.
- Umeh C, Maguwudze S, Torbela A, Saigal S, Kaur H, Kazourra S, Aseri M, Gupta R, Chaudhuri S, Gupta R. **Predictors of Mortality in COVID-19 Patients in Southern California - Retrospective Multicenter Study.** Cureus. 2021 Sep 20;13(9):e18137. doi: 10.7759/cureus.18137. PMID: 34692345; PMCID: PMC8525677.
- Harpreet Kaur, Ningbo Xu, Desislava Met Doycheva, Jay Malaguit, Jiping Tang and John H. Zhang, **Recombinant Slit2 attenuates neuronal apoptosis via the Robo1-srGAP1 pathway in a rat model of neonatal HIE.** Neuropharmacology. 2019, Jul.
- Doycheva D, Xu N, Kaur H, Malaguit, J Tang J, Zhang JH. **Gene Delivery of Adenoviral-TMBIM6 Vector Restores ER Stress Induced Apoptosis in a Neonatal Hypoxic-Ischemic Rat Model.** Neurobiology of Disease. 2018, Jul.
- D Doycheva, N Xu, H Kaur, T Tang, JH Zhang. **Bax inhibitor -1 Attenuated Endoplasmic Reticulum Stress Induced Apoptosis in Neonatal HI Rat Model.** Nature Communications. 2018, Jan.
- D McBride, D Nowrangi, H Kaur, G Wu, T Lekic, J Tang, JH Zhang. **A Composite Neurobehavioral Test to Evaluate Acute Functional Deficits after Cerebellar Hemorrhage in Rats.** J Cereb Blood Flow Metab. 2017, Jan.
- W Xu, H Kaur, X Wang, H Li. **The role of MRI in the prediction of minimally conscious state after traumatic brain injury.** World Neurosurgery, Jul 2016.
- W Xu, H Kaur, X Li, X Wang. **Benign glandular schwannoma in basal ganglia.** World Neurosurgery. 2016, Jul.

Poster Presentation:

- M Arcerito, H Kaur, John T Moon. **Robotic Fundoplication for Giant Paraesophageal Hernia: Role of Biosynthetic Tissue Reinforcement after Cruroplasty.** DDW 2019.

Book Chapters:

- Neuraminidase Inhibitors: Pharmacology in Clinical Neurosciences by Springer, 2019.
- Vancomycin: Pharmacology in Clinical Neurosciences by Springer, 2019.
- Other Anti-50S Antimicrobials: Pharmacology in Clinical Neurosciences by Springer, 2019.

Professional Skills:

- Expertise in diagnosing and managing a wide range of acute and chronic medical conditions.
- Proficient in interpreting diagnostic tests, including EKG, X-ray, and laboratory results.
- Strong focus on evidence-based medicine and continuous learning to stay abreast of latest medical advancements.
- Exceptional communication skills with patients, families, and interdisciplinary healthcare team members.
- Skilled in clinical decision-making, prioritizing patient safety, and ensuring high-quality care delivery.
- Proficiency in EMR systems and other healthcare IT tools for documentation and information management.

Certifications and Licensure:

- Board Eligible in Internal Medicine.
- Licensed to practice Internal Medicine in the state of California.

Professional Memberships:

- Member, American College of Physicians.
- Member, ISCOPI.

Languages:

- Fluent in English, Punjabi, and Hindi, facilitating effective communication with diverse patient populations.

References:

- Dr Jose Penaherrera
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- Dr Chukwuemeka Umeh
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- Dr Vee Tae
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Please feel free to reach out for any additional information or to schedule an interview. Thank you for considering my application. I look forward to contributing my expertise and passion for patient care to your healthcare team.