

Adrian Grzegorz Poniatowski, M.D., Ph.D.

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EDUCATION

Jagiellonian University Medical College, Kraków, Poland
Doctor of Philosophy degree in Medical Sciences, September 2022.
Faculty Advisor: Prof. Ryszard Gryglewski

Jagiellonian University Medical College, Kraków, Poland
Doctor of Medicine degree, May 2019.

Cornell University, College of Arts and Sciences, Ithaca, NY
Bachelor of Arts degree in History, May 2014.

CLINICAL TRAINING

Vassar Brothers Medical Center, Poughkeepsie, NY, USA (Jun 2022 – Present)
Internal Medicine Residency, Program Director: Susan Collins, M.D., F.A.C.P.

VA Hudson Valley HCS, Castle Point, NY, USA (Aug 2022 – Present)
Primary Care Clinic, Primary Care Preceptor: Shariyar Shah, M.D.

SUNY Downstate Health Sciences University, Brooklyn, NY (Aug 2023 – Sept 2023)
Endocrinology Away Rotation, Program Director: Agnieszka Gliwa, M.D.

University Hospital in Kraków, Kraków, Poland (Mar 2020 – May 2021)
Medical Internship, Program Director: Janusz Kąkol, M.D.

SCIENTIFIC PUBLICATIONS

Notes about telocytes and immunity.

Aleksandrovych V, Gil A, **Poniatowski A**. Folia Med Cracov. 2022; 62(3):101-109.

Microvascular angina (Cardiac Syndrome X) from a historical overview, epidemiology, pathophysiology to treatment recommendations - a minireview.

Jarczewski J, Jarczewska A, Boryczko A, **Poniatowski A**, Furgała A, Surdacki A, Gil K. Folia Med. Cracov. 2021; 61(3):95-114.

Cardiotoxicity of Fluoropyrimidines: Epidemiology, Mechanisms, Diagnosis, and Management.

Jurczyk M, Król M, Midro A, Kurnik-Łucka M, **Poniatowski A**, Gil K. Journal of Clinical Medicine. 2021; 10(19):4426.

Past strong experiences determine acute cardiovascular autonomic responses to acoustic stress.

Jurczyk M, Boryczko A, Furgała A, **Poniatowski A**, Surdacki A, Gil K. Folia Med. Cracov. 2020; 60:79-95.

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Cardiovascular response to different types of acute stress stimulations.

Jarczewski J, Furgała A, Winiarska A, Kaczmarczyk M, **Poniatoski A**. *Folia Med Cracov.* 2019; 59(4):95-110.

Association between low-grade chronic inflammation and depressed left atrial compliance in heart failure with preserved ejection fraction: A retrospective analysis.

Sani CM, Pogue EPL, Hrabia JB, Zayachkowski AG, Zawadka MM, **Poniatoski AG**, Długosz D, Leśniak W, Kruszelnicka O, Chyrchel B, Surdacki A. *Folia Med Cracov.* 2018;58(2):45-55.

HONORS AND AWARDS

Dr. Magdalena Tolścik Medical Scholarship, Kościuszko Foundation, New York, NY (2014-2015, 2017-2018)

George C. Boldt Scholarship, Cornell University, Ithaca, NY (2012-2013)

PROFESSIONAL EXPERIENCE

Adjunct Lecturer, Jagiellonian University Medical College (January 2020 – March 2022)

Lecturer in the Department of Pathophysiology lecturing in English and Polish with basic science research duties in various animal-based studies conducted by the Department. Designated course instructor for an elective in the 2021/2022 Academic Year: *The Pathophysiology of Addictive Substances*.

Sole Physician Proprietor, Telemedicine and House Call Service (May 2021 – June 2022)

Full-service general practice telemedicine service for patients in Poland offering house calls in the greater Kraków, Poland metropolitan area, Registration No. 000000240241.

Staff Physician, Prokocim Medical Center (May 2021 – June 2022)

Staff physician at a Primary Care outpatient clinic and urgent care in Kraków, Poland.

LICENSURES AND ADDITIONAL QUALIFICATIONS

American and Polish (EU) Citizenship, Native-Level Fluency in English & Polish

ECFMG Certification, No. 1-020-517-7 (Issued October 7, 2019)

USMLE Examinations, Step 1 – 2019, Step 2 CK/CS – 2019, Step 3 – 2023

Polish Medical License, Unlimited License No. 3601216 (Issued May 12, 2021)

Norwegian Medical License, Full Authorization No. 10094898 (Issued July 25, 2019)

General Medical Council (UK) Full Registration, Reference No. 7849745 (Issued Feb 9, 2021)

Notary Public, State of New York, Commission No. 01PO6329310 (Valid thru August 24, 2027)