

Sandra Gomez

Contact

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Education

Texas State University
Doctorate in Physical Therapy
May 2020

University of Texas at Austin
Bachelor of Science in Applied
Learning and Development
Minor in Educational Psychology
May 2014

Awards

Frist Humanitarian Award
Award given in recognition to an
employee, volunteer, and physician
who goes above and beyond their
work and who are generously
committed to serving the
community as well.
St. David's Medical Center
April 2017

Key Skills

Joint Manipulation/Mobilization
Advanced Problem Solving
Soft tissue Mobilization
Movement Impairments Analysis
Advanced Evaluation & Treatment

Work Experience

Doctor of Physical Therapy- Laredo Sports Med Clinic *July 2020- Current*
Evaluate and treat hispanic community with an array of diagnoses such as general orthopedic post-surgical cases, athletes suffering from ligamentous injuries, low back pain, impaired balance, and vestibular impairments.

Graduate Research Assistant- TX State University *Sept 2018- June 2019*
Assisted respiratory care professor with qualitative research and data collecting.

Physical Therapy Tech- St. David's Rehab Hospital *July 2015- May 2017*
Assisted physical, occupational, and speech therapists with treatment for patients who have mostly suffered from a CVA, TBI, SCI, recent amputations and other orthopedic impairments.

Physical Therapy Tech- HealthSouth IP Hospital *Jan 2015-2017*
Helped physical and occupational therapists with patient care during therapy sessions for patients with a variety of diagnoses.

Clinical Experience

Spero Rehab Austin *Austin, TX Jan- April 2020*
Outpatient neurological clinic that focuses on treating patients with neurological disorders such as SCIs, TBIs, CVAs, etc. with utilization of advanced technology.

Laredo Medical Center *Laredo, TX Oct – Dec 2019*
Exposure to evaluating and treating patients with acute and chronic complex medical diagnoses in acute care, ICU, NICU, and SNU.

Mondo Sports Therapy *Austin, TX Aug- Oct 2019*
Exposure to evaluating and treating a variety of patients such as international athletes to geriatrics with heavy emphasis in manual therapy and advanced critical thinking skills

Manual Therapy International @ The WAC *Seattle, WA June- Aug 2019*
Exposure to evaluating and treating a mixed caseload of high-level athletes to post-op patients with concentration in manual therapy and pain science

Texas State University @ Outpatient Clinic *Round Rock, TX March- May 2019*
Evaluated and treated patients with musculoskeletal issues and neurological disorders