

Jonathan Wilfrid

Physician Assistant

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Tampa, FL

Education

The University of Tampa

Tampa, FL
Master of Physician Assistant Medicine
Anticipated Graduation – Dec. 2023

The College of New Jersey

Ewing, NJ
Bachelor of Science in Finance
Graduated 2013

Certifications

NCCPA Board Certification – *Anticipated January 2024*
Point of Care Ultrasound Training – *January 2023*
Advanced Cardiovascular Life Support (ACLS) – *December 2022*
Pediatric Advanced Life Support (PALS) – *December 2022*
Basic Life Support (BLS) – *July 2021*

Clinical Rotation Experience

Emergency Medicine: *HCA Florida, Clearwater Freestanding ER – Largo, FL*

- Performed and documented focused histories, physical examinations, and interpreted lab values, imaging studies, EKGs, and formulated treatment plans to diagnose and manage various acute, chronic and emergent conditions
- Performed pelvic exams, digital rectal exams, and various procedures including endotracheal intubation, incision and drainage with packing of skin abscesses, suture placement, staple placement, venipunctures, joint reductions, administered local anesthetic and digital nerve blocks, and wound care
- Performed emergent cardiac arrest protocol with CPR, stroke protocol, and sepsis protocol

Orthopedic Surgery: *AdventHealth Tampa, Florida Medical Clinic – Tampa, FL*

- Performed focused histories and physical examination in the outpatient setting to evaluate for surgical intervention and formulated medical treatment plans
- Served as first assist and closed surgical sites in total knee arthroplasty, total hip arthroplasty, and various orthopedic trauma surgeries, all while maintaining a sterile field and utilizing sterile technique
- Performed pre-op and post-op patient care, monitored lab values, imaging studies, intake and output, and pain assessments and formulated treatment and discharge plans
- Performed suturing and stapling placement and removal, wound care, dressing application and intraarticular joint injections for both the hip and knees

Internal Medicine: *HCA Largo – Largo, FL*

- Performed comprehensive adult and geriatric histories, presented patient cases, assisted in documenting encounters and patient admission, and implemented patient treatment plans in an inpatient setting
- Interpreted lab values, imaging studies and EKGs

Family Medicine: *Tampa Family Health Nebraska – Tampa, FL*

- Performed focused and comprehensive adult and geriatric histories, physical examinations, and interpreted lab values, imaging studies and EKGs and

formulated treatment plans to diagnose and manage various acute and chronic conditions in an outpatient setting

- Provided patient education and counseled patients on preventative screening
- Performed pelvic examinations, breast examinations, skin lesions biopsies, wound packing removal, suture removal, shave biopsy of skin lesions, and administrated local anesthetic

Women's Health: *New Tampa OB/GYN – Tampa, FL*

- Performed and documented focused histories, physical examinations, and interpreted lab values, imaging studies and formulated treatment plans in the outpatient setting
- Performed pelvic examinations, cervical cancer screenings, breast examinations and utilized microscopy and pH strips to analyze for infection
- Performed routine obstetric visit and screenings, including fetal heart tones, assessing fetal placement, and performed routine post-partum encounters

Pediatric Medicine: *Tampa Family Medicine, W. Hillsborough – Tampa, FL*

- Performed well visits, sick visits, and physical examinations, documented pediatric histories from birth until adulthood, and managed various acute and chronic conditions in an outpatient setting
- Provided patient education and counseled patients and parents on disease treatment and prevention

Behavioral Medicine: *HCA Indian Rocks Hospital – Indian Rocks, FL*

- Provided psychiatric care and prescription management to patients at in-patient psychiatric hospital setting
- Performed and documented histories on patients with diagnoses from anxiety to severe psychosis
- Performed mini mental status examinations, cognitive assessments, and suicide assessments on both voluntarily and involuntarily admitted patients

**Professional
Work
Experience**

Somerset Orthopedics & Sports Medicine – Bedminster, NJ.

Medical Assistant - April 2019 – August 2021

- Recorded detailed patient intake, medical history, vital signs, medication list
- Prepared injections, sterilized equipment, removed sutures, changed wound dressings
- Obtained authorization for surgery, coordinated surgical schedule between different facilities and teams, organized appointment schedule and charts
- Conveyed clinical information on behalf of physician, explained procedures and recovery, transcribed medical dictation

SportsCare Physical Therapy Medicine – Bedminster, NJ

Physical Therapy Aide. May 2018 – April 2019

- Demonstrated and explained physical therapy exercises to patients
 - Reviewed plan of care with therapist to ensure exercise programs suited patient goals
 - Monitored and recorded patient progress for therapist's notes
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**Professional
Affiliations**

Florida Academy of Physician Assistants – *Student member*
American Academy of Physician Assistants – *Student member*

**Community
Service**

Special Olympics Polar Plunge – Orlando, FL - March 2022
Army Medic Orthopedic Training Course – MacDill AFB Tampa, FL – July and Sept ‘22
Back to School Physical Day – Tampa, FL – July 2023

References

Available upon request.
