

## **Mark A. Rudberg, M.D., M.P.H.**

Dr. Rudberg earned his Doctor of Medicine from the Medical College of Wisconsin, where he was elected into AOA, a national honors society. Dr. Rudberg then completed his training in Internal Medicine at Boston University Medical Center. Next, he completed a fellowship in Geriatrics and received a Masters of Public Health, both at Boston University.

After training, Dr. Rudberg became a full-time faculty member at University of Chicago with the Section of General Internal Medicine. There, his patient care focused on both Geriatrics and General Internal Medicine of younger adults. He was an attending on the General Internal Consultative Service and the General Inpatient Units. Among his many teaching activities, he was the Fellowship Director of Geriatrics, a member of the Committee of Nutritional Biology and Human Nutrition, and the Medical Director of the teaching nursing home of the University of Chicago. Dr. Rudberg's primary research interest was to develop ways to maintain independence of frail older persons. He has published over 40 articles on dementia, falls, incontinence, delirium, nutrition and exercise. In 1987, he was promoted to a senior faculty member of the University of Chicago.

Dr. Rudberg is an international lecturer on the ethical and clinical challenges facing both families and physicians. He has presented a paper to the United States Senate on ways to improve care of older persons. He has been a member of several national working groups such as the Ethics Committee of the American Medical Directors Association, and Mentoring Group of the Society of General Internal Medicine.

Since June 1998, Dr. Rudberg has been on staff at Northwestern Medicine Lake Forest Hospital. He presently in his solo private practice. There, he devotes his time to caring for his patients in a variety of settings including hospital, clinic, nursing home and home care. Through his affiliations there, he was asked to serve on Congressman Mark Kirk's Healthcare Task Force Advisory Board, and again on a similar board when Kirk became a Senator in 2010. Among his many interests, Dr. Rudberg is an avid cyclist, swimmer and traveler.

**MARK AARON RUDBERG, M.D., M.P.H.**

Internal Medicine

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**EDUCATION**

- 1989 M.P.H. with Concentration in Epidemiology and Biostatistics, Boston University School of Public Health
- 1984 M.D., Medical College of Wisconsin
- 1981 B.S., University of Wisconsin – Milwaukee

**POSTDOCTORAL TRAINING**

- 1987 - 89 Fellow in Geriatrics, Evans Memorial Department of Clinical Research and Department of Medicine, University Hospital, Boston University Medical Center, Boston, MA
- 1985 - 87 Resident in Medicine, Evans Memorial Department of Clinical Research and Department of Medicine, University Hospital, Boston University Medical Center, Boston, MA
- 1984 - 85 Intern in Medicine, Evans Memorial Department of Clinical Research and Department of Medicine, University Hospital, Boston University Medical Center, Boston, MA

**FACULTY POSITIONS**

- 1999 – Present Medical Staff Northwestern Medicine Lake Forest Hospital
- 1998 Director, Fellowship in Geriatrics, The University of Chicago
- 1996- Associate Professor of Medicine, Department of Medicine, The Pritzker School of Medicine, Division of Biological Sciences, The University of Chicago
- 1996- Associated Faculty, Department of Health Studies, The University of Chicago
- 1994- Research Associate, Population Research Center, The University of Chicago and NORC
- 1994- Training Faculty, Committee on Demographic Training, Population Research Center, The University of Chicago
- 1993- Faculty Associate, The Center for Health Policy Research, The Harris Graduate School of Public Policy Studies, The University of Chicago
- 1993- Faculty Committee Member for the Robert Wood Johnson Clinical Scholars Program: Priority Area in Demography and Epidemiology, The University of Chicago
- 1993- Associated Faculty, The Committee on Human Nutrition and Nutritional Biology, The University of Chicago
- 1991 - 94 Medical Director, Montgomery Place, a teaching nursing home of The University of Chicago
- 1989 - 91 Attending Physician, Oak Forest Hospital, a teaching chronic disease hospital of The University of Chicago and Cook County Hospital
- 1989 - 96 Assistant Professor of Medicine, Department of Medicine, The Pritzker School of Medicine, Division of Biological Sciences, The University of Chicago

**HONORS**

- 1996 Member, Central Society for Clinical Research
- 1994 New Investigator Award, presented at the 1994 national meeting of the American Geriatrics Society
- 1990 - 91 Board of Directors, The Gray Panthers, Chicago chapter
- 1984 Alpha Omega Alpha

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**TEACHING**

- 1998 Director, Fellowship in Geriatrics, The University of Chicago
- 1998- Faculty for “Reading in Geriatrics”: BioMed 460, The University of Chicago
- 1997- Master’s Research Project, “Social Networks in Nursing Home Use”: Public Policy 520, The University of Chicago
- 1996- Course Co-Director with John C. Bailar, M.D., Ph.D., “Advanced Epidemiology”: A Course for the Robert Wood Johnson Clinical Scholars Program; also listed as Health Studies 311, The University of Chicago
- 1994- Course Co-Director with A. Toledano, Ph.D., “Fundamentals of Epidemiology”: A Course for the Robert Wood Johnson Clinical Scholars Program; also listed as BioMed 307, Statistics 330, and Public Policy 367, The University of Chicago
- 1994- Course Co-Director with S. J. Olshansky, Ph.D., “Human Aging”: Public Policy 365, The University of Chicago
- 1993 - 94 Advisor/Mentor for a Master’s Student in the Harris Graduate School of Public Policy Studies on “SES and its impact on disability in older Americans,” The University of Chicago
- 1992- Course Director for “Readings in Long Term Care”: BioMed 605, The University of Chicago
- 1992- Faculty for “Readings and Research in General Medicine”: BioMed 609, The University of Chicago
- 1991- Faculty for “Junior Clerkship on Inpatient Service”: Med 303, The University of Chicago

**SELECTED PRESENTATIONS**

“Humanistic Aspects of Research in Long-Term Care.” A U.S. Senate Conference sponsored by Senator Paul Wellstone, Washington, D.C., October 1995.

“Functional Limitations in Older Persons: Patterns, Pathologies, and Pathways.” The University of Pennsylvania, July 1995.

“Old Age in the 21<sup>st</sup> Century: The Baby Boom and Policy Issues.” Presented with L.K. George, R.H. Binstock, and V.I. Greene at the 1994 Gerontological Society of America Meeting, November 1994.

“Postponing Disability: Identifying Points of Decline and Potential Interventions.” Presented at a Conference Entitled “Public Health Agenda for an Aging Society” sponsored by the CDC, AOA, GSA, and NIA, September 1994.

“Disability in Older Persons: Nature, Numbers, and Nutrition.” Graduate Seminar Lecture Series, The Committee of Human Nutrition and Nutritional Biology, The University of Chicago, January 1994.

“Public Policy Perspectives 1993: Resident and Research in the Long Term Care Facility: Policy Considerations.” American Geriatrics Society 50<sup>th</sup> Annual Scientific Meeting, New Orleans, Louisiana, November 1993.

“Education in the Nursing Home.” American Medical Directors Association 16<sup>th</sup> Annual Scientific Symposium, Quality Management: Implications for the Long Term Care Medical Director and Physician, Phoenix, Arizona, March 1993.

“Secondary Data Analysis.” Lecture Series for the Geriatrics and Clinical Medical Ethics Fellowship, The University of Chicago, 1992.

“Longitudinal Study of Aging: Implications for Active-Life Expectancy.” Workshop in Biostatistics, Departments of Statistics and Anesthesia and Critical Care, The University of Chicago, 1992.

“Active Life Expectancy: Practical Considerations.” Medical College of Wisconsin, 1991.

“Measurement Issues in Preventative Strategies: Past, Present, and Future.” Nutrition and Aging Meeting, Marbella, Spain, November 1991.

“Active Life Expectancy: Implications for the Future.” Health Policy Seminar Series, Northwestern University, 1990.

“Active Life Expectancy.” In the class “Epidemiology of Aging.” The School of Public Health at the University of Illinois at Chicago, 1990.

“Active Life Expectancy.” In the class “The Study of Aging: Multidisciplinary Perspectives.” The University of Chicago, 1990.

“Neuroleptic Use in Persons with Dementia.” Grand Rounds, Department of Medicine, The University of Chicago, September 1990.

#### **NATIONAL COMMITTEE WORK**

- 1998 Member, National Summit on Clinical Research: sponsored by the AMA and the Association of American Medical Colleges
- 1998 NIA: Behavior and Social Sciences: Concepts Reviewer for the Longitudinal Study on Aging II
- 1997 Mentor for the American Geriatrics Society Mentoring Program
- 1996 Planning Committee Member, Geriatrics Council in the Central Society for Clinical Research
- 1995 Mentor for the One-on-One Mentoring Program, The Society of General Internal Medicine, Midwest Regional
- 1995 - Ethics Committee Member, The American Geriatrics Society
- 1994 - Co-Chairman, Epidemiology Interest Group, The Gerontological Society of America
- 1994 - Member, House of Delegates, The American Medical Directors Association
- 1994 Abstract Chairman, American Medical Directors Association (AMDA) National Meeting,
- 1994
- 1991 - 1993 Member, Task Force on the Feasibility for Recognizing Diabetes Treatment Program, American Diabetes Association
- 1991 - Member, International Network on Health Expectancy (REVES)

#### **CERTIFICATION**

- 1990 American Board of Internal Medicine: Added Qualification in Geriatric Medicine
- 1987 American Board of Internal Medicine

#### **EDITORIAL BOARDS**

- 1996 - 1998 Nursing Home Medicine – The Annals of Long Term Care

**GRANT SUPPORT**

NIA. P01. "Early Indications of Later Work Levels, Disease and Death." The Principal Investigator is Robert W. Fogel. I am a Senior Investigator. 10% salary support. 12/1/98 - 11/30/00. \$2,193,774.

NIA. R01. "The Clinical Outcomes of Tube-Fed Nursing Home Residents." I am the Principal Investigator. 7/1/98 - 6/30/00. \$237,386.

NIA. R01. "Clinical Functional Outcomes of Nursing Home Residents." I am the Principal Investigator. 7/1/98 - 6/30/00. \$237,386.

Retirement Research Foundation. "Improving Quality of Nursing Home Care." I am the Principal Investigator. 10/1/98 - 09/30/99. \$48,000.

AHCPR. R03. "Nursing Home Outcomes as Quality Indicators." I am the Principal Investigator. 10/1/98 - 09/30/99. \$49,937.

The University of Chicago Clinical Nutrition Research Unit. Pilot and Feasibility Study. "Nutrition and Function in Nursing Home Residents." I am the Principal Investigator. 4/97 - 3/98. \$10,000.

NIA. R03. "Home Resident Functional Transitional Correlates." I am the Principal Investigator. 7/1/98 - 6/30/99. \$50,000.

Center of Demography and Economics of Aging and NIA. "Incidence, Duration, and Prevalence of Chronic Diseases, in the Union Army Veterans Dataset." I am listed as the Principal Investigator. 10/1/96 - 09/30/97. \$10,000 for research support services.

NIH. K Award. "Geriatric Academic Program Award." Principal Investigator: Leif Sorensen, M.D., Ph.D. I am a Faculty Trainee. 9/1/96 - 8/31/01. \$50,000 Cap.

Population Research Center, The University of Chicago and NIA. "The Impact of Social Factors on Functional Limitations in Older Persons." 1/96 - 12/96. I am the Principal Investigator. \$10,000 for research support purposes.

Home Health Care Grant from the University of Chicago. "The Transition from Nursing Home to Community: Characteristics of Older Persons and Institutions." I am listed as the Principal Investigator. 7/95 - 6/96. \$21,825 for research expenses.

John A. Hartford Foundation. "Geriatrics in Primary Care Training." Principal Investigator: Greg A. Sachs; I am listed as Participating Geriatrics Faculty (5% time). 1/95 - 12/95. \$4,539 for salary support.

NIA. "Early Indicators of Later Work Levels, Disease, and Death." Principal Investigator, Robert Fogel; I am listed as a Consultant. 12/1/94 - 11/30/95. No salary support due to K Award Limits.

NIA Center Grant Entitled "Alterations of Circadian Timing in Aging: Project #1: Manipulations of External Zeitgebers in the Elderly." Principal Investigator: Eve Van Cauter; I am listed as a Collaborator (5% time). 4/94 - 3/99. No salary support due to K Award limits.

NIA. "Center on Demography and Economics of Aging." Principal Investigator: Linda Waite; I am listed as a Research Associate. 9/30/94 - 8/31/99. Total direct costs: \$622,429.

NICHD. "Interdisciplinary training in Demography." Principal Investigator: Linda Waite; I am listed as a Program Faculty. 9/1/86 - 8/31/96. Total direct costs: \$744,079.

NIA. "Specialized Training Program in the Demography and Economics of Aging." Principal Investigator: Linda Waite; I am listed as a Program Faculty. 9/30/94 - 9/30/99. Total direct costs: \$812,881.

NIA. "Geriatric Academic Program Award." Principal Investigator: Leif Sorensen; I am listed as a Faculty Trainee (75% time). 9/1/95 - 8/31/96. I receive \$50,000/year (the Federal Cap for K Awards) and \$20,000/year for research expenses.

NIA. "Geriatrics Academic Program Award." Principal Investigator: Christine Cassel, M.D.; I am a Faculty Trainee (75% time). 9/1/93 - 8/31/95. I receive \$50,000/year (the Federal Cap for K Awards) and \$20,000 year for research expenses.

The University of Chicago Home Health Care Grant. "Statistical Modeling of Disability States and Transitions Among Non-Institutionalized Older Persons." I am listed as Principal Investigator. 6/93 - 5/94. \$17,181 for research purposes.

NIDDL and the Diabetes Research and Training Center of The University of Chicago. "Diabetes Chart Audit Instrument for Geriatric Care." I am the Principal Investigator (20% time). 12/1/91 - 11/30/93. \$49,975 for research purposes.

John A. Hartford Foundation. "Early Detection, Evaluation, and Treatment of Delirium in the Hospitalized Elderly." Principal Investigator: Peter Pompei, M.D.; I am listed as an Investigator (25% time). 9/90 - 8/91. Salary recovery of \$17,460.

NIA. Projecting Active Life Expectancy." Principal Investigator: Christine Cassel, M.D.; I am listed as an Investigator (15% time). 8/1/89 - 7/31/90. Salary recovery of \$5,700.

Clinical Research of the Framingham Heart Study. 1989.

## **PUBLICATIONS**

### **Original Articles**

Egleston BL, Rudberg MA, Brody JA. "State Variation in Nursing Home Mortality Outcomes According to Do Not Resuscitate Status." Journal of Gerontology: Medical Sciences 2000;55(4):M215-20.

Rudberg MA, Egleston BL, Grant MD, Brody JA. "Effectiveness of Feeding Tubes in Nursing Home Residents with Swallowing Disorders." The Journal of Parental and Enteral Nutrition 2000;24(2):97-102.

Suri DN, Rudberg MA, Egleston BL, Brody JA. "Nursing Home Resident Use of Care Directives." Journal of Gerontology: Medical Sciences 1999;54(5):M225-9.

Kobayashi K, Cooper GS, Grant MD, Rudberg MA. "Gastrostomy Placement and Mortality Among Hospitalized Medicare Beneficiaries." Gastrointestinal Endoscopy 1999;49(6):810-1.

Egleston BL, Rudberg MA, Brody JA. "Prior Living Arrangements and Nursing Home Resident ADL Characteristics: A Study of Two States." Journal of Gerontology: Psychological Sciences and Social Sciences 1999;54(4):S202-6.

Mikkelinni, SA, Gorbien, M, Rudberg, MA. "The Phantom Boarder Syndrome." The Annals of Long-Term Care 1998; 6(12):401-405

Grant MD, Rudberg MA, Brody JA. "Gastrostomy Placement and Mortality Among Hospitalized Medicare Beneficiaries." Journal of the American Medical Association 1998;279: 1973-76

Sager MA, Rudberg MA. "Functional Decline Associated with Hospitalization for Acute Illness." Clinics in Geriatric Medicine 1998;14(4):669-79.

Rudberg MA, Teno JM, Lynn J. "Developing and Implementing Measures of Quality of Care at the End of Life: A Call for Action." The American Geriatrics Society 1997;45:528-530

Rudberg MA, Pompei P, Foreman MD, Ross RE, Cassel CK. "The Natural History of Delirium in Older Hospitalized Patients: A Syndrome of Heterogeneity." Age and Ageing 1997;26:169-174.

Rudberg MA, Sager MA, Zhang J. "Risk Factors for Nursing Home Use After Hospitalization for Medical Illness." The Journal of Gerontology: Medical Sciences 1996;51A(5):M189-M194.

Rudberg MA, Parzen MI, Leonard LA, Cassel CK. "Functional Limitation Pathways and Transitions in Community-Dwelling Older Persons." The Gerontologist 1996;36(4):430-440.

Rudberg MA, Brody JA. "A Research Perspective on Challenges to Performing Research in the Nursing Home: Past and Future." Nursing Home Medicine: Journal of the American Medical Directors Association 1996;4(1):30-32.

Cox Hayley D, Cassel CK, Snyder L, Rudberg MA. "Ethical and Legal Issues in Nursing Home Care." Archives of Internal Medicine 1996;156:249-256.

Sager MA, Rudberg MA, Jalaluddin M, Franke T, Inouye SK, Landefeld CS, Sibens H, Winograd CH. "Hospital Admission Risk Profile (HARP): Identifying Older Patients at Risk for Functional Decline Following Acute Medical Illness and Hospitalization." The Journal of the American Geriatrics Society 1996;44(3):251-7.

Sager MA, Franke T, Inouye SK, Landefeld CS, Morgan TM, Rudberg MA, Siebens H, Winograd CH. "Functional Outcomes of Acute Medical Illness and Hospitalization in Older Persons." Archives of Internal Medicine 1996;156:645-652.

Furner SE, Rudberg MA, Cassel CK. "Medical Conditions Differentially Affect the Development of Instrumental Activities of Daily Living Disability: Implications for Medical Care and Research." The Gerontologist 1995;35(4):444-450.

Rudberg MA, Lazaridis EN, Furner SE, Cassel CK. "Population Differences in Activities of Daily Living: Implications for Scaling." Facts and Research in Gerontology 1995;8:95-107.

Pompei P, Foreman M, Rudberg MA, Inouye SK, Braund V, Cassel CK. "Delirium on Hospitalized Older Persons: Outcomes and Predictors." The Journal of the American Geriatrics Society 1994;42(8):809-815.

Krieger LM, Rudberg MA. "Health Care Costs of Older Persons with Non-Insulin Dependent Diabetes Mellitus: A Perspective from the United States." Facts and Research in Gerontology 1994;7:287-293.

Rudberg MA, Barr G, Cassel CK, Hayward RSA, Sussman EJ, Roizen MF. "Guidelines, Practice Policies and Parameters: The Case for Geriatrics." The Journal of the American Geriatrics Society 1994;42(6):665-669.

Foreman MD, Wootton JD, Pompei P, Rudberg MA. "Sentences Written by Older Adults During Mental Status Testing." Applied Nursing Research 1993;6:169-171.

Lazaridis E, Rudberg MA, Furner SE, Cassel CK. "Do Activities of Daily Living Have a Hierarchical Structure?: An Analysis Using the Longitudinal Study of Aging." Journal of Gerontology: Medical Sciences 1994;49(2):M47-M51.

Rudberg MA, Furner SE, Dunn JE, Cassel CK. "The Relationship of Visual and Hearing Impairments to Disability: An Analysis Using Longitudinal Study of Aging." Journal of Gerontology: Medical Sciences 1993;48(6):M261-M265.

Rudberg MA, Cassel CK. "Are Death and Disability in Old Age Preventable?" Facts and Research in Gerontology 1993;7:191-202.

Cassel CK, Rudberg MA, Olshansky SJ. "The Price of Success: Health Care in an Aging Society." Health Affairs 1992 Summer:87-99.

Dunn JE, Rudberg MA, Furner SE, Cassel CK. "Mortality, Disability and Falls in Older Persons: The Role of Underlying Disease and Disability." American Journal of Public Health 1992;82(3):395-400.

Rudberg MA, Furner SE, Cassel CK. "Measurement Issues in Preventive Strategies: Past, Present and Future." American Journal of Clinical Nutrition 1992;55:1253S-6S.

Stathopoulos G, Rudberg MA, Harig JM. "Subcutaneous Emphysema Following PEG." Gastrointestinal Endoscopy 1991;37(3):374-376.

Olshansky SJ, Rudberg MA, Carnes BA, Cassel CK, Brody JA. "Trading Off Longer Life for Worsening Health: The Expansion of Morbidity Hypothesis." Journal of Aging and Health 1991;3(2):194-216.

### **Books**

Oz MC, Roizen MF, Rudberg MA. *You: Staying Young: The Owner's Manual for Extending Your Warranty*. New York: Free Press; 2007.

### **Book Chapters**

Cox Hayley D, Cassel CK, Snyder L, Rudberg MA. "Ethical and Legal Issues." Medical Care of the Nursing Home Resident: What Physicians Need to Know, (eds, Besdine RW, Rubenstein LZ, Snyder L), 1996;143-154.

Olshansky SJ, Rudberg MA. "Postponing Disability: Identifying Points of Decline and Potential Intervention." Public Health and Aging, (eds, Hickey T, Spers MA, Prohaska TR), 1997;13:237-251.

### **Book Reviews**

Rudberg MA. Review of "The Merck Manual of Geriatrics, Second Edition" (eds, Abrams, Beers, Berkow) in Journal of the American Medical Association 1996;275(18):1452-1453.



Rudberg MA. Review of “Geriatrics Review Syllabus: A Core Curriculum in Geriatric Medicine.” Annals of Internal Medicine 1992;117(4):351.

Rudberg MA. Review of “The Merck Manual of Geriatrics” (eds, Abrams, Berkow) in Journal of the American Medical Association 1990;264(24):3204.

### **Letters to the Editor**

Rudberg MA, Sachs GA, Cassel CK. “The Trajectory of Dying: Commentary and Response.” Journal of the American Geriatrics Society 1990;38(9):1059-1060.

### **Invited Commentaries**

Rudberg MA. Commentary on Insua JT, Sacks H, Lau T-S, Lau J, Reitman D, Pagano D, Chalmers T. “Drug Treatment of Hypertension in the Elderly: A Meta-Analysis.” Annals of Internal Medicine 121;(5):355-362, The Journal of the American Geriatrics Society 1995;43:458-461.

Rudberg MA. “Research to Improve Nursing Home Care: It’s All Our Responsibility.” The Annals of Long Term Care (in press).

### **Abstracts**

Rudberg MA. “Nursing Home Resident Admission ADL Characteristics.” Presented at the Building Bridges Conference of the 1998 Annual Meeting of the American Association of Health Plans.

Grant MD, Rudberg MA, Brody JA, Miller S, Sager MA. “Life on the ‘Slippery Slope’: Tube-Fed in the Nursing Home.” Presented at the 1996 Gerontological Society of America Meeting.

Sager M, Rudberg M, Jalaluddin M. “Clinical Characteristics of Hospitalized Older Patients at Risk of Functional Decline: Implications for Hospital Practice.” Presented at the 1996 Gerontological Society of America Meeting.

Sager M, Rudberg M, Siebens H. “The Role of Physical Exercise in Protecting Against Functional Decline Following Hospitalization.” Presented at the 1995 Gerontological Society of America Meeting.

Sager M, Hansen K, Rudberg M, Jalaluddin M. “Does Physical Exercise Protect Against Functional Decline Associated with Acute Hospitalization.” Presented at the 1995 Gerontological Society of America Meeting.

Rudberg MA, Parzen MI, Leonard LA. “Disability Pathways and Transitions: Implications for Health Expectancy Measures.” Presented at the 8<sup>th</sup> International 1995 REVES Meeting.

Rudberg MA, Sager MA, Zhang J. “Which Hospitalized Older Persons Enter a Nursing Home?: Predictors, Processes and Prognoses.” Presented at the 1995 American Geriatrics Society Meeting.

Sager M, Rudberg M, Jalaluddin M. “Hospital Admission Risk Profile (HARP): Identifying Elderly at Risk of Functional Decline During Hospitalization.” Presented at the 1995 American Geriatrics Society Meeting.

Rudberg MA, Carter K. “Activities of Daily Living (ADL) Profiles in the Older Non-Institutionalized Population: A Study of Heterogeneity and Flux.” Presented at the 1994 Gerontological Society of America Meeting.

Rudberg MA, Furner SE, Cassel CK. "Medical Conditions Differentially Affect the Development of Activities of Daily Living (IADL's) Disabilities: An Analysis Using the Longitudinal Study of Aging." Presented at the 1994 American Geriatric Society Meeting.

Rudberg MA, Lazaridis E, Furner SE, Cassel CK. "Does the Katz Scale Describe Profiles of Activities of Daily Living (ADL's) in Older Persons?: A Three Population Study." Presented at the 1993 Gerontological Society of America Annual Meeting.

Lazaridis E, Rudberg MA, Furner SE, Cassel CK. "Do Activities of Daily Living Have a Hierarchical Structure?" Presented at the 1993 American Statistics Association Meeting.

Rudberg MA, Hodges C. "Development of a Health and Quality of Life Survey for Older Persons with Diabetes." Acted as Mentor for Student Summer Research Program. The University of Chicago, Division of the Biological Sciences, Pritzker School of Medicine, Dean of Students Office, Summer 1992.

Foreman MD, Pompei P, Rudberg MA, Cassel CK. "Changing the Behavior of Nurses Caring for Elderly Delirious Patients." Presented at the 1992 Gerontological Society of America Meeting.

Rudberg MA, Pompei P, Foreman MD, Cassel CK. "The Natural History of Delirium in Hospitalized Older Patients: A Varied Syndrome." Presented at the 1992 Gerontological Society of America Meeting.

Pompei P, Rudberg M. "Outcomes of Hospitalized Older Persons Who Develop Delirium." Presented at the 1992 Society for General Internal Medicine Meeting.

Pompei P, Rudberg M, Cox D. "Identifying Hospitalized Older Persons at Increased Risk for Developing Delirium." Presented at the 1992 Society of General Internal Medicine Meeting.

Cox DM, Pompei P, Rudberg M, Foreman MD. "Use of Simple Bedside Tests for the Detection of Delirium in Hospitalized Elderly." Presented at the 1992 Illinois Geriatric Society Meeting.

Foreman MD, Pompei P, Ross R, Rudberg MA. "Detecting Delirium in Hospitalized Elderly Patients." Presented at the 1991 National Institute of Mental Health Research Meeting.

Furner SE, Rudberg MA, Cassel CK. "Self-Reported Health Status as a Predictor of Mortality for the Non-Institutionalized Population 70 Years of Age and Over." Presented at the 1991 Gerontological Society of America Meeting.

Rudberg MA, Furner SE, Cassel CK. "The Relationship of Visual and Hearing Impairments to Disability and Mortality: An Analysis Using the Longitudinal Study of Aging (LSOA)." Presented at the 1991 Gerontological Society of America Meeting.

Dunn JE, Rudberg MA, Furner SF, Cassel CK. "Do Falls Predict Mortality in the Elderly?: An Analysis of the Longitudinal Study on Aging." Presented at the 1990 American Public Health Association Meeting.

Rudberg MA, Dunn JE, Furner SF, Cassel CK. "Vision and Hearing Impairments in Older Age Groups: An Analysis Using the Longitudinal Study of Aging (LSOA)." Presented at the 1990 Gerontological Society of America Meeting.

Rudberg MA, Kannel WB. "Congestive Heart Failure as a Result of Coronary Artery Disease in the Elderly: The Framingham Experience." Presented at the 1989 American Geriatrics Society Meeting.

**Reviewer for:**

Journal of the American Medical Association  
Gerontological Society of America (abstracts)  
Annals of Internal Medicine  
Journal of Gerontology: Medical Sciences  
Encyclopedia of Bioethics  
Journal of Aging and Health  
Journal of the American Geriatrics Society  
Nursing Home Medicine  
Alzheimer's Association: Grant Reviewer  
The American Journal of Medicine  
Journal of General Internal Medicine  
The Gerontologist  
Retirement Research Foundation  
Journal of Gerontology: Social Sciences  
Effective Clinical Practice