Gertrude Nwachukwu, RN, BSN, PMHNP-BC

10400 Nalee Road Silver Spring, MD 20903 (240) 853-4298 Nobleinvestment@yahoo.com

A board certified Psychiatric Mental health Nurse practitioner, driven by safety, quality, efficiency and efficacy, team oriented with solid diverse clinical nursing and Psychiatric experience, seeks employment to provide a holistic approach to assisting individuals with mental health challenges across the lifespan to gain control and overcome across

EDUCATION

2019 - 2022	Walden University of Minneapolis. Masters of Science in nursing School of Nursing
	Psychiatric Mental Health Nurse practitioner
2007-2010	Trinity Washington University of Washington, DC
	Bachelors of Science, School of Nursing
1987-1992	University College Hospital Ibadan, Oyo state, Nigeria
	Sacred Heart School of Midwifery Ogun state, Nigeria
	Registered Nurse Midwife

LICENSURE/ CERTIFICATION

ANCC Board Certified Psychiatric Mental Health Nurse Practitioner 2022
Registered Nurse/Nurse Practitioner State of Maryland
First Aid and Basic Caregivers Life Support Certified
Maryland Registered Nurse-License

July, 2022
Expires July ,2023

District of Columbia Registered Nurse-Licensure Expires July, 2023

WORK EXPERIENCE

2018 - Present Psychiatric Institute of Washington Washington, DC

Charge Nurse:

- Psychiatric intake history, initial admission assessment and identification of patient need
- Psychoeducation and guidance about the disease process, expectations and treatment plan.
- Documented comprehensive patient histories, clinical presentations and form part of a coordinated treatment plans with team members.
- Discussed with attending Psychiatrist about medication changes, identified side effects compliance issues and patient behavior and medications' efficacy.

- Monitored patients on psychotropics and reports need for increase or decrease
- Evaluations and ongoing psychiatric care to adults, children and families with mental
- Provided comprehensive evaluation for psychiatric needs.
- Psychiatric evaluations, assessments for medication needs, administration.
- Crisis identification and intervention as needed.
- Daily assessment of progress, interactions, suicidality, hallucinations and delusions
- Member of a multidisciplinary in-patient acute team.
- Coordination, supervision making sure safety and individual patients needs are met.
- Ongoing evaluation and re-evaluation of treatment modalities
- Oriented and coached new employees to stability.
- Took care of patients from ages 11 to 17 18 to 64 and across the lifespan.
- Took diagnosed with Psychiatric illness and non psychiatric conditions
- Collaborated with a team in referral, medication management, psychotherapy and care coordination.
- Discharge planning and discharge instructions and expectations in the communication
- Reinforced medication compliance and need to report promptly and adverse effects as taught.

2008-2018

LINAC Home Health Agency

Washington, DC

Clinical Nursing Supervisor

- Performed admission, initial assessment and plan of care utilizing the nursing process
- Perform monthly supervisory visits to assess client present health needs, overseeing, educating clients and direct caregivers and quality of care given to diverse populations.
- Skilled nursing care of pediatric and adult client on Ventilator, Tracheostomy tube, Gastrostomy tube, Nasogastric tube, Total parenteral nutrition/lipids, Wounds VACS and Central lines
- Revised policy and procedures with caregivers
- Coordination of care.

2012-2014

Althea Woodland, Silver Spring, Maryland Silver Spring, MD

Nursing Supervisor: (supervised staff of 20 and performed direct skilled nursing care to residents in a nursing home setting).

- Developed and initiated individualized care plans for admission
- Enhanced quality of care by monitoring, identifying and reporting deviation from normal
- Coordinated appointments and follow up visits
- Assessed need for, reported, obtained and interpreted appropriate lab test
- Precept new employees and conducted quality/safety improvement sections
- Prepared monthly Physician Order Sheet (POS)
- Educated resident and family about disease process, plan of care, expectation of caregivers

2003-2008

Washington Hospital Center, Washington DC

Washington, DC

Clinical Nurse III

- Provided skilled nursing care to patients with diverse medical/surgical conditions in a thirty-three--bed telemetry hospital setting)
- Assessed and drew individualized care plans on daily basis to assess progress
- Conducted daily acuity levels and furnished nursing office to meet staffing needs
- Initiated hourly rounds to reduce incidence of falls and code blue
- Preceptor as providing orientation, supports to new graduates and staff

Ongoing assessment, evaluation and revaluation to meet expectation set for each patient

2000 -2002 Med-link Hospital, Washington, DC

Washington, DC

Charge Nurse: Provided skilled nursing care to patients in a twenty two-bed critical care unit

- Maintained critical thinking skills to provide competent and dignified care
- Inserted IV lines in emergencies and drew blood specimen for hemodynamic monitoring
- Conducted patients safety and quality improvement activities

2006 – 2008 Montgomery College Silver Spring Silver Spring, MD

Instructor

- Taught theoretical and clinical certified Nursing Assistant for Montgomery College and other agenciesI
- 1997 to 1999 Worked as agency nurse in hospitals and nursing homes in MD/ DC Metro area.
- 1992 to 1996 worked overseas as a Nurse/ midwife.

PROFESSIONAL ORGANIZATIONS/AWARDS

2021 American nurses' association2021 Nurse Practitioner Association of Maryland

AWARDS/HONORS

2010 Sigma Theta Tau Academic award School of Nursing Trinity Washington University, Washington DC

1987-1992: School of Nursing, University College Hospital, Ibadan Academic award School of Midwifery Sacred Hospital Lantoro, Abeokuta Academic award .

CONTINUING EDUCATION

2019-2022 Walden University Master's Degree program

2013 Legal nurse consultant certification

June 2023 General overview and management of psychiatric Disorders at PIW February, 2023

Cultural Competence Background and Benefit-knowledge

February, 2023 Customer Service -knowledge

February, 2023 Diversity in the workplace

February, 2023 UHS BH use and Utilization of PPE4.9 20 N95-UHS ORG

February, 2023 UHS Compliance Program and Corporate integrity Agreement Training-UHS ORG February 2023 Correct Removal of COVID-19 PPE- UHS ORG Post traumatic Traumatic Stress Disorder Lecture from Walden University