

# ABIGAIL ABRAHAM JONES, MS LAC-17136

14404 West Dahlia Dr. Surprise, AZ 85379

Cell: (949) 606-4918

Email: aajones689@gmail.com

## Education

- 2014-2017 **CALIFORNIA STATE UNIVERSITY, FULLERTON** **FULLERTON, CA**  
Masters of Science in Counseling, GPA 3.7
- 2011-2014 **ARIZONA STATE UNIVERSITY** **TEMPE, AZ**  
Bachelors of Art, Psychology Major, GPA 3.8
- 2008-2011 **UNIVERSITY OF PUGET SOUND** **TACOMA, WA**  
Psychology major, GPA 3.8, Dean's List 2008-2011, Phi Eta Sigma National Honors Society,  
Psi Chi National Psychology Honors Society, Vice President of Gamma Phi Beta

## Experience

- 2019- current **DOORWAYS, LLC**  
**Counselor and Clinical Lead of Eating Disorder IOP Programming**
- Specializing in eating disorders, trauma, mood disorders and family therapy
  - Previous clinical lead of DBT IOP programming
  - Primary modalities used: DBT, CBT, ACT, TF-CBT, EMDR, psychodynamic
- Contact: Jan Hamilton, Owner, (602)997-2880
- 2017- 2019 **MEADOWS BEHAVIORAL HEALTHCARE- THE MEADOWS RANCH** **WICKENBURG, AZ**  
**Primary Therapist**
- Specializing in eating disorders and trauma
  - Collaborate with multidisciplinary treatment team to create and help patient achieve individualized treatment goals
  - Primary modalities used in individual therapy: EMDR, DBT, CBT, Motivational Interviewing, psychodynamic, family systems and attachment theory informed interventions
  - Weekly family therapy sessions and participating in The Meadows family week program providing psychoeducation around eating disorder support and recovery process
  - Group therapy: Psychodrama, DBT, CODA, relapse prevention, process group, body image, psychoeducation, expressive arts, trauma-informed yoga, meditation and mindfulness
- Contact: Mike Gurr, Executive Director, (928) 668-4235
- 2016-2017 **MEADOWS BEHAVIORAL HEALTHCARE- REMUDA RANCH** **WICKENBURG, AZ**  
**Continuing Care Coordinator**
- Coordinate aftercare services for patient continuing care
  - Maintain and create on-going relationships with continuing care agencies and providers nationally
  - Collaborate with clinical team to create individualized treatment plan for patients upon discharge to prevent relapse
- Contact: Michael Gurr, Executive Director, (928) 668-4325
- 2015-2017 **COVENANT HILLS TREATMENT CENTER** **SAN JUAN CAPISTRANO, CA**  
**Marriage and Family Therapy Intern**
- Offer individual, conjoint, and family therapy sessions
  - Provide counseling to clients with variety of presenting problems including but not limited to: substance abuse disorders, eating disorders, depressive disorders, bipolar disorders, anxiety disorders, personality disorders, adjustment disorders, domestic violence, trauma, and PTSD
  - Collaborate with treatment team to create, modify, and reinforce treatment goals
  - Lead psychodynamic and psychoeducational groups weekly (codependency, living sober, process group, 12-Step recovery group, IOP, family education group)

- Refer clients to appropriate community resources based on individual need
  - Maintain progress and process notes for all clients to ensure proper documentation of session content and interventions
  - Primary modalities utilized: Motivational Interviewing, CBT, DBT, EMDR, psychodynamic, Gestalt and EFT
- Contact: Dr. Rigo Brueck, Clinical Director, (760) 846-4688

2014-2015 **RA YOGA** **COSTA MESA, CA**

**Yoga Instructor and Client Advocate**

- Customer service representative while handling all payment and billing transactions
- Class scheduling and teacher coordination
- Lead yoga classes (including trauma-informed sessions) for all skill levels, from beginning to advanced

2013-2015 **A MISSION FOR MICHAEL, INC.** **DANA POINT, CA**

**Clinical Intern and Patient Coordinator**

- Interacted with clients in accordance with the goals and interventions outlined in their respective treatment plans
- Introduced 12-step approach to recovery and engaged in processing when necessary
- Performed client supervision in accordance with established policies and procedures.
  - Ensured client compliance with facility rules and guidelines
  - Engaged in a group therapy environment with clients and their families
- Performed intake duties and assessments

Contact: Drew Fischer, Clinical Director, (949) 903-3479

2012-2013 **JOHNNY WAS CLOTHING** **NEWPORT BEACH, CA**

**Assistant Manager, Key Holder, Head of Sales, Sales Associate**

- Highest monthly sales in company history (\$40,000)
- Managed team of 7 employees to exceed store and personal sales goals
- Promoted from sales associate to assistant manager within 6 months of employment based on performance and sales

Spring 2011 **STUDY ABROAD: IES ABROAD VIENNA** **VIENNA, AUSTRIA**

**Volunteer and Student**

Participated in a study abroad program studying German language and psychology and English instruction

- Focus on child development and psychoanalytic theory

2004-2008 **CAMP SWIFT** **PRESCOTT, AZ**

**Counselor and Volunteer**

Worked as counselor, staff member, and fundraiser for this non-profit organization working to send underprivileged children to summer camp

- Helped to reveal to the children that they are worthy and capable of achieving their dreams regardless of circumstance
- Worked through art and music to give children a sense of belonging and security
- Inspired kids to continue their education and to look toward a successful and rewarding future

**Certificates** EMDR-II (EMDRIA) trained and pursuing certification, First Aid certified, CPR certified, CPI certified, 200-hour Yoga Alliance Registered Yoga Instructor

**Skills** Can converse intermediately in Spanish