

# DR. RACHEL ISMA

CHIEF RESIDENT PHYSICIAN, POST GRADUATE YEAR 3  
PODIATRIC MEDICINE AND SURGERY  
ISMA.RACHEL@GMAIL.COM 786-657-9538

## PROFESSIONAL SUMMARY

I am an empathetic and highly skilled Doctor of Podiatric Medicine and Surgery, who is passionate about medicine and committed to providing exceptional patient care. I will contribute immensely to a team that has the same passion and dedication to provide transformative care through podiatric medicine. Capable of devising appropriate treatment and management plans, performing forefoot, midfoot and rearfoot surgeries as well as performing thorough physical examinations.

## EDUCATION

**Barry University**, Miami Shores, FL  
**Doctorate of Podiatric Medicine Candidate, 2020**

**Cornell University**, Ithaca, NY  
**Bachelor of Science** in Human Development, January 2010

## WORK EXPERIENCE

**University of Texas Health Science Center at San Antonio**, San Antonio, TX  
**PGY-3 Chief Resident Physician, Podiatric Medicine and Surgery (2020-Present)**

Diabetic Foot Care and Infections	Warts
Crush Injuries	Sports related injuries
Trauma	Bedside care
Wound Care	EMR
Ingrown toenails	Diagnostic services
Forefoot and Rearfoot surgery	Pharmaceuticals prescription
Soft tissue procedures	Treatment regimens
Plantar Fasciitis	Interdisciplinary team coordination

**Family Central**, Miami, FL  
**Child Facilitator**, 2015- October 2019

- Instruct children using nurturing curriculum
- Assisted in uniting families after trauma

**PACE Center for Girls Miami**, Miami, FL  
**Science Teacher**, 2014- 2016

- Instruct students in Chemistry, Biology and Physical Science for grades 6-8
- Collaborated with the science coach for instructional planning and delivery

**Miami-Dade County Public Schools, Hialeah Miami Lakes Senior High School**, Miami, FL  
**Biology Interventionist**, 2012- 2013

- Collaborated with the science coach for instructional planning and delivery
- Prepared and delivered focused interventions in small group settings to students

**Eden Roc Hotel**, Miami Beach, FL  
**Night Auditor**, 2011- 2013

- Provide guest services, including assisting guest with arrivals, departures, and handling visitors concerns

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**Miami Beach Resort, Miami Beach, FL**

***Front Desk Agent, 2010-2011***

- Provide guest services, including assisting guest with arrivals, departures, and handling visitors concerns

**Healthy Aging Lab, Cornell University, Ithaca, NY**

***Research Assistant, 2008-2010***

- Assisted on a study focusing on age differences in personality traits, emotional experience, and social relations, as well as their effects on health related behaviors and outcomes
- Duties included making appointments, testing the participants, and analyzing the results.
- Design and conduct curriculum to better initiate physical activities among the Kindergarteners

## **AWARDS and LANGUAGES**

**Dean's List, Spring and Summer 2018, Spring of 2019**

**Podiatric Merit Scholarship, 2016-2017**

**Professional Educator's Certificate: Chemistry 6-12, 2016-2021**

**Language: Fluent in Haitian Creole**

## **CLUBS**

**Texas Podiatric Medical Association (FPMA)**

**American Podiatric Medical Association (APMA)**

**Vice President of the Spanish Club at Barry University, 2017-2018**

**Member of FPMSA, 2016- 2020**

**Member of Spanish Club at Barry University, 2016- 2020**

**Vice President of Spanish Club at Barry University, 2017- 2018**

## **VOLUNTEER EXPERIENCE**

**Medical mission trip in Mexico, Texas Podiatric Medical Association, August 2022**

**Foot screening and care for the homeless**

- Doctors Hospital Mother Teresa Clinic, May 2017
- First United Methodist Church, February 2018

**Foot Screening for the competing athletes**

- Step Out: South Florida ADA Diabetes Walk, October 2018
- Special Olympics, May 2017

**Medical mission trip in Dominican Republic • Jose's Hands, July 2017**