

# Christina Huynh

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## Education

### **The University of the Pacific**

**Winter 2023**

- Master of Science in Clinical Nutrition

### **The University of Arizona Honors College**

**Spring 2021**

- Bachelor of Arts in Nutritional Sciences, Nutrition Emphasis
- Bachelor of Science in Biochemistry
  - Minor in Spanish

## Awards

Commission on Dietetic Registration Diversity Scholarship

**Fall 2023**

Academy of Nutrition and Dietetics AAPI MIG Scholarship

**Summer 2023**

Chan Family School of Health Sciences Endowed Scholarship

**Fall 2022**

Graduated Cum Laude with Honors

**Spring 2021**

College of Agriculture Recognition of Exceptional Accomplishments

**Spring 2021**

Outstanding Senior Award Candidate

**Spring 2021**

Academic Year with Academic Distinction

**Fall, Spring 2020**

University of Arizona Endorsed Leader

**Fall 2020**

Dean's List with Distinction

**Fall 2019, 2020**

Dean's Distinction Award

## Research Experience

### **The University of the Pacific School of Health Sciences**

**Winter 2023**

#### ***Masters Thesis with Jessica Beaudoin, MS, RDN***

- Conducted a quantitative, longitudinal pilot study assessing the impact of an interdisciplinary diabetes-focused nutrition-education intervention on patient self-efficacy among Hispanic/Latino adults in the larger Sacramento Area.
- Recruited participants and led interventions fully in the Spanish language.

### **The University of Arizona Nutritional Sciences Department**

**Fall 2020**

#### ***Honors College Senior Thesis with Ashlee Linares-Gaffer, MS, RDN, FAND***

- Completed research identifying opportunities to alleviate food and oral health insecurities in Pima County by integrating oral health preventative programming into SNAP-Ed.
- Adopted A. Priori and inductive coding techniques to organize collected interview transcripts from dental and nutrition professionals.
- Formulated an action plan that outlines grassroots and legislative pathways towards modifying SNAP-Ed material.

### **The University of Arizona Chemistry and Biochemistry Department**

**Fall 2018**

#### ***Introduction to Biochemical Research with Pascale G. Charest, Ph.D.***

- Analyzed biochemical experimental design and interpreted raw data.
- Presented on experimental controls, conclusions and explanations regarding biochemical publications.

## Conferences and Presentations

### **2021 AZAND Virtual Annual Conference Summer 2021 *Poster Presenter***

- Presented *The Oral Health Partition: Assessing the Needs and Opportunities for Integrating Oral Health and Hygiene into Existing Nutrition Education Programs for Low-Income Adults and Children*.
- Lead discussions regarding the significance of a comprehensive approach to health that exceeds the population of Pima County.

### **Annual Spanish and Portuguese Department Conference Fall 2018 *Invited Speaker***

- Presented *Maintaining Originality and Authentic Self Identity Through the Construction of a New Nation: Analysis of Films The Lion's Den and Like Water For Chocolate*.
- Facilitated discussions addressing the depiction of Hispanic and Latino culture in films, art, and modern society.

## Leadership Experience

### **The University of Arizona New Start Summer Program Summer 2018 *Academic Mentor and Conference Coordinator***

- Instructed 17 incoming freshmen during a 7-week intensive program with a 100% student completion rate.
- Oversaw the logistics of an academic poster conference alongside faculty for 500+ students.
- Collaborated with a diverse group of coworkers to construct a daily curriculum for freshmen students.

### **The University of Arizona Nutritional Sciences Department 2018, 2019, 2021 *Preceptor***

- Preceptored *General Chemistry I, Foundational Skills in Nutrition, and Applied Nutrition and Disease*.
- Facilitated effective delivery of curricula over the course of 14 weeks by relaying feedback to the professor.
- Provided direct support to 60+ students by staying in frequent contact in person and over email.

## Field Experience

### **California Medical Facility**

**Summer 2023-Present**

#### ***Graduate Student Dietetic Intern***

- Provides medical nutrition therapy counseling and education for inmates in the psychiatric inpatient program.
- Administers nutritional care for diverse conditions including, but not limited to: bariatric surgery, diabetes, obesity, malnutrition, and oncology patient populations.
- Conducted a total of 22 patient consultations including: patient charting, assessments, interviews and follow up appointments.
- Currently developing the nutrition component for a state-wide educational pilot program, "Serious Illness Social Group Support," that aims to deliver clinical support to those with serious illnesses in the

prison system.

**Pima County Expanded Food and Nutrition Education Program**

**Summer 2021-Present**

*Volunteer & Student Intern*

- Developed healthy and culturally sensitive recipes aimed towards benefiting limited-resource audiences.
- Performed live and pre-recorded food demonstrations for the Pima County community.
- Managed social media by uploading self-created content in the form of articles and infographics for Pima County residents.

**Pima County Ward 3 Council**

**Winter 2021 - Present**

*Grant Author*

- Authored a successful proposal totalling \$700+ with the intention of providing infrastructure improvements.
- Collaborated with city ward members, field technicians and project managers to develop a cohesive proposal.
- Researched the value of introducing dusk to dawn lighting and the legal requirements to do so.

**The University of Arizona Campus Pantry**

**Fall 2021 - Winter 2021**

*Volunteer*

- Recorded incoming food supply before and during distribution hours.
- Serviced the Wildcat community by processing and distributing food, health and safety staples.
- Communicated with the Wildcat community about additional food resources upon request.

**Banner University Medicine North**

**Summer 2021 - Winter 2021**

*Shadow and Project Partner*

- Gained clinical experience through nutrition counseling and medical plan development for patients.
- Assessed patient nutritional needs and calculated caloric intake values specific to patients with Cystic Fibrosis.
- In the process of implementing nutrition education materials for patients taking Trikafta, a common Cystic Fibrosis prescription drug.

**The Garden Kitchen**

**Fall 2020**

*Volunteer*

- Coordinated with a group of volunteers to promote healthy living to the local community by providing nutrition education and food demonstrations at The Garden Kitchen's Farmers Market booth.
- Attained food service experience and maintained professionalism during fast-paced and high-volume operations.
- Wrote 5 exercise plans for a physical activity campaign and newsletter aimed towards local residents.

## **References**

**Ashlee Linares-Gaffer**, MS,RDN, FAND  
Associate Professor of Practice  
The University of Arizona Department of  
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