

## ALEXA LANDSMAN

**Licensed Psychologist, North Carolina License #6415**

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Alexa's clinical interests include health psychology; global public health; culturally competent care; consulting; operational/military psychology

Alexa is currently interviewing for clinical opportunities. She has been on a career development break from January 2023 to present preparing for licensure. Alexa earned her North Carolina Psychologist license on 07 September 2023 and is able to practice with no restrictions.

She is currently participating in a volunteer opportunity at the Babes-Bolyai University in Romania on 25 October. She will return to the United States on 24 November.

## EXPERIENCE

### **U.S. Department of Veterans Affairs, Fayetteville, NC** — *Graduate Psychologist*

September 2021 – December 2022

Provided therapy and assessment services to a diverse cohort of military Veterans within an outpatient interdisciplinary medical team setting. Assisted various Veterans with suicide/homicide assessment and warm handoffs to emergency room as needed.

### **U.S. Department of Veterans Affairs, Martinsburg, WV** — *Psychology Intern*

August 2020 – August 2021

Provided therapy and assessment services in inpatient and outpatient settings. Clinics included primary care, acute inpatient (groups only), PTSD inpatient (groups and individuals)

Internship is APA accredited.

**PsyD Practica Student – Portland, Oregon greater area**  
Oregon Health Science University (Year 4)  
Assessment, interviewing families for ADHD research study

Senior Connections (Year 3)  
Therapy services for older adults, adults with movement disorders

Pacific Psychology and Comprehensive Health Clinic (Year 2)  
Therapy and assessment services for surrounding community

## SKILLS

Trauma therapy: Eye Movement Desensitization and Reprocessing, Prolonged Exposure

General therapy modalities: Cognitive Behavioral therapy, Acceptance and Commitment therapy

Suicide assessment/prevention

Health behavior education (e.g., chronic pain management, smoking/drug cessation)

Effective interdisciplinary communication and leadership skills on a medical team

Comfortable working with children, adults, older adults (clinical experience with adults/older adults only)

## EDUCATION

### **Pacific University, Hillsboro, Oregon — *PsyD***

August 2016 - August 2021

Earned MA degree in 2019 in Clinical Psychology

Program is APA accredited.

### **East Carolina University, Greenville, NC — *MPH***

January 2011 - May 2013

Community Health & Health Behavior concentration

### **University of North Carolina at Charlotte, Charlotte, NC — *BA***

September 2008 - December 2010

Earned minor in Criminal Justice

## PROJECTS

### **Dissertation — *Risk Factors Impacting Reenlistment in the Oregon Army National Guard***

Successfully defended in 2019

## VOLUNTEERING

### **University Clinic of Psychology "Babeş-Bolyai PsyTech"**

October 2023 - November 2023

I will provide mental health support and training to students and the larger community. I will be involved in an open course currently organized by the Clinic in partnership with the International Organization for Migration.

