

# ZINA PATEL MSN, FNP-BC

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## Work Experience

### Sevid Medical Spa

September 15th, 2022 -December 7th, 2022

- Collaborated with and educated patients on treatment plans
- Managed day to day duties of medspa as lead RN
- Collaborated with owners/medical director on treatment protocols
- Administered botox neurotoxin
- Participated in dermal filler and kybella trainings
- Assessed patients prior to administration to rule out contraindications

### Northwest Vision Institute/Northwest Laser and Surgery Center

November 15th, 2021 - September 8th, 2022

#### Assistant Director of Nursing/ PREOP and PACU

- Assisted Director of Nursing with managing ASC (quarterly checks, contractors, inventory)
- Inserted IV's, managed IV's
- Prepared OR medications
- Provided pre and post-op education
- Collaborated with surgeons and anesthesia providers regarding patient status
- Trained in sterilization of equipment with use of autoclave
- Responded to acute events ; new onset AFib, vasovagal, providing fluids and medications per anesthesia provider verbal orders

### Virginia Mason Medical Center : Cardiac Registered Nurse

August 28th, 2020 - October, 2021

- Treated high acuity patients : post-op CABG day 1, STEMI, NSTEMI, chest pain, third degree heart block, TAVR etc.
- Initiated, titrated, and maintained cardiac drips ; diltiazem, dopamine, dobutamine, nitro, amiodarone, heparin
- Responded to acute events; STEMI, flash pulmonary edema, pneumothorax, loss of consciousness, stroke, code blue etc.
- Maintained lines, tubes, and drains ; chest tubes, JP drains, pain pumps, pericardial drains, epicardial pacer, wound vac, nephrostomy drains etc.
- Assisted resource RN during code blues and rapid responses

## Clinical Rotations Experience - Simmons University MSN FNP

### Pacific Northwest Primary Care PS (primary care)

January 15th 2023-April 20th 2023

- Collaborated with ARNP to see 8-12 patients per day across the lifespan
- Assessed patients independently by collecting HPI and PE
- Rationalized findings and care plan with preceptor
- Assisted in choosing medications and treatment modalities
- Educated patients and empowered them to make health care choices
- Assisted with management of psych medications
- Observed the process of referrals and prior authorizations
- Conducted well woman visits - pap smears, breast exams, HRT
- Participated in minor benign dermatological procedures (solar lentigos, punch biopsies, cyst removals)

May 15th 2023 - August 17th 2023

### Medical Arts Associates PS (primary care)

July 10th 2023 - August 14th 2023

- Collaborated with MD to see 20-30 patients per day
- Assessed patients independently through HPI and PE
- Discussed assessment and plan with MD and patient
- Managed medications for chronic issues (HTN, DM, Cholesterol)
- Conducted well woman visits- pap smears and breast exams, HRT
- Conducted annual physical exams across the lifespan
- Educated patients on various health diagnoses
- Conducted referrals appropriately based on patient case

## References

Henry Puciato ARNP  
Clinical Professor  
Simmons University  
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Clinical Preceptor  
Medical Arts Associates  
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Clinical Preceptor  
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Director of Nursing  
Northwest Vision Institute  
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## Certifications

- Bachelors of Science in Nursing - May 3rd 2020
- RN license- June 3rd 2020 - current
- Basic Life Support AHA - current
- Advanced Cardiac Life Support AHA - current
- MSN FNP - August 31st 2023
- ANCC FNP-BC - board certified Oct 10th 2023

## Education

- Ridgefield High School Diploma: August 2012 - June 2016
- University of Portland BSN: August 2016 - May 2020
- Simmons University MSN FNP - September 2021 - August 2023