

Gabriela Flit, MSN, APRN, FNP-C

flitgabriela@gmail.com | 917-544-3443

<https://www.linkedin.com/in/gabriela-flit-33b407188/>

Boynton Beach, FL 33426

EDUCATION

Master of Science: Family Nurse Practitioner

University of Miami | Miami, FL | August 2022

- Full Time Track

Bachelor of Science: Nursing

Long Island University | Brooklyn, NY | May 2020

- Cum laude graduate

CLINICAL EXPERIENCE

Dermatology Nurse Practitioner

RSB Dermatology | Deerfield Beach, FL | December 2022 - Present

- Performed comprehensive patient exams and assessments to formulate, implement individualized plans of care.
- Diagnosed common ailments such as skin cancers, acne, rashes, and nevi to advise on severity of condition as well as pros and cons of treatment options.
- Detected and identified potential conditions using KOH preps, punch and shave biopsies, and culture testing
- Administered therapies such as cryotherapy, oral, and topical medications, and various injections to reduce symptoms and treat underlying conditions.

Dermatology Nurse Practitioner Fellow

Dermatology and Skin Surgery | Brooklyn, NY | August 2022 – December 2022

- Worked collaboratively with Dr. Vergilis-Kalner to perform head to toe skin cancer screenings using a dermatoscope
- Assisted in MOHS procedures and excisions following sterile technique
- Administered therapies such as cryotherapy, photodynamic therapy, oral, and topical medications to reduce symptoms and treat underlying conditions.

Testing/Vaccination Registered Nurse

NYU Langone Health | Brooklyn, NY | August 2022 – Present

- Obtained specimens or samples for laboratory work.
- Set up, maintained and calibrated medical laboratory equipment for POC testing.
- Provided patients with vaccinations with consideration for dosage requirements, contraindications, and possible side effects.
- Coordinated patient and family teaching and health education.

Family Nurse Practitioner Student

Florida DOH- Family Planning | Miami, FL | May 2022 – August 2022 (168 Hours)

- Worked directly with patients under the direct supervision of Desiree Rengifo-Glasgow APRN to perform physical exams, order and evaluate lab test as well as medications.
- Performed initial consultations with patients to determine best suited contraceptive methods.
- Treated diseases of female reproduction system by administering therapies, medications and specialized medical care in accordance with the LARC method.

Family Nurse Practitioner Student

University of Miami- Neurosurgery | Miami, FL | Jan 2022-May 2022 (224 Hours)

- Worked directly with patients under the direct supervision of Ruth E. Perez, APRN to evaluate medical histories, medication allergies, physical conditions, and examination results to formulate individualized plan of care and determine best procedure.
- Examined patients to check for neurological deficits to further develop plans of care.

- Ordered and interpreted results of laboratory tests, radiographs, and advanced imaging.
- Conducted follow up appointments after surgery to discuss findings and ongoing symptoms for proper care and healing.

Family Nurse Practitioner Student

University of Miami - UHealth Minute Clinic | Miami, FL | Aug 2021-Dec 2021 (224 Hours)

- Worked directly with pediatric and adult patients under direct supervision of Aracelly Herrera, APRN. to obtain patients' medical histories and acute problems to inform of diagnosis and treatment plan.
- Performed comprehensive patient exams and assessments to formulate, implement and continuously update individualized plans of care.
- Ordered and interpreted results of point of care testing devices, laboratory tests and radiographs.
- Prescribed therapies and medications to ameliorate symptoms and treat underlying conditions as well as further referrals to other specialists, social services, or other necessary resources.

Staff Registered Nurse, Level III Float Pool

Northwell Lenox Hill Hospital | New York, NY | Dec 2021-Present

- Cared for patients admitted under medical and surgical disciplines across regional, telemetry, and step-down acuity units.
- Monitored and recorded patient condition, vital signs, and recovery progress.
- Maintained thorough, accurate and confidential documentation in electronic medical records.
- Evaluated intensive care patients, recognized and addressed complications and coordinated treatment with other members of critical care team.

Staff Registered Nurse, MICU Stepdown

Northwell Lenox Hill Hospital | New York, NY | Aug 2020-Aug 2021

- Collaborated with interdisciplinary teams to create, implement, and adapt individualized care plans.
- Facilitated strategic goals aimed at increasing satisfaction and outcomes through compassionate, high-quality nursing care.
- Mentored new nurses on practices and procedures to drive patient outcome goals.
- Supervised nurse administration of PO, IM, and IV medications prescribed, monitoring responses for adverse reactions.
- Delivered nursing care to critically ill patients in the MICU step-down unit and parallel telemetry units.

LANGUAGES

English:

Native/ Bilingual

Russian:

Native/ Bilingual

ACTIVITIES AND HONORS

- APRN Student Volunteer, The Women's Breast and Heart Initiative, Miami, FL
- APRN Student Volunteer, University of Miami Healthy Canes Employee Health Clinic, Miami FL
- Northwell Lenox Hill Hospital, Nominated for Nursing Excellence Awards for "Teamwork" and "Preceptor of the Year" during Nurses Week 2021
- Active Member of the American Association of Nurse Practitioners (AANP)

CERTIFICATIONS

- Board Certified by the American Academy of Nurse Practitioners Certification Board (AANPCB)
- Licensed Nurse Practitioner, Florida – License # APRN 11022117 Expiration: 07/2024
- Licensed Registered Nurse, Florida - License # RN9563362 Expiration 07/2024
- American Heart Association - Basic Life Support (BLS) Expiration: 06/2024
- American Heart Association - Advanced Cardiac Life Support (ACLS) Expiration: 10/2024