

VANESSA OHAKAM

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Doctorally-prepared nurse practitioner with over 9 years of professional nursing experience. Experienced at providing wellness exams and chronic disease management for a variety of populations. Skilled at analyzing patient histories and preliminary test results to make a diagnosis. Certified as an adult-gerontology primary care NP.

PROFESSIONAL NURSING EXPERIENCE

CLINICAL LEAD/NURSE PRACTITIONER, NURSE PRACTITIONER GROUP, AUG 2019-PRESENT

- Manage day to day operations of various clinics in NY, NJ, DE, PA, RI, ME.
- Provide clinical expertise for the providers
- Perform History and Physicals on VA veterans and active duty
- Analyze and interpret patient histories, symptoms, physical findings, or diagnostic information to develop appropriate diagnoses of up to 8 patients daily
- Manage patients with chronic conditions including diabetes, hypertension, hyperlipidemia, asthma, COPD
- Collaborate with Behavioral Team in managing patients with PTSD, depression, anxiety, bipolar and other behavioral issues including medication management
- Perform diagnostic testing and screening evaluations
- Provides health consultation, education and treatment for patients via telehealth

CLINICAL NURSE II, SUBURBAN HOSPITAL, PRE-SURGICAL TESTING, DEC 2017-AUG 2019

- Completed pre-operative screening checklists and identify/discuss patient findings which need to be communicated to the surgeon/anesthesiologist
- Provided pre-op testing of surgical patients, such as phlebotomy, EKGs, according to policy/procedure and care standards
- Communicated and collaborated with inter-professional groups to ensure coordination, continuity and safe care

CLINICAL NURSE II, SIBLEY MEMORIAL HOSPITAL | FEB 2013-MAY 2017

- Performed ongoing physical and psychosocial assessments on up to 8 patients daily/nightly, updating members of the healthcare team as needed
- Participated on Comprehensive Unit-Based Safety Program (CUSP) as a unit representative to initiate “safety sitter” pamphlets, initiative recognized as innovative by CEO
- Served as a preceptor to new nurses and students
- Participated on Nurse Practice Council

EDUCATION

MAY 2018

DOCTORATE OF NURSING PRACTICE, UNIVERSITY OF MARYLAND

- GPA 3.75

MAY 2012

BACHELOR OF NURSING, HOWARD UNIVERSITY

- Magna cum laude

SKILLS

- Advanced physical assessment
- Medication management
- Collaboration
- Laboratory results evaluation
- Basic Life Support
- Infection control
- Communication
- EMR Systems

PUBLICATIONS/ACCOMPLISHMENTS

- **Khan, N., Meekins, L., Ohakam, V. (2018).** Development and evaluation of a clinical practice guideline to improve antibiotic stewardship in a post-acute/long-term care setting. *Journal of the American Medical Directors Association*, 19, B16. 10.1016/j.jamda.2017.12.053.
- Created clinical practice guideline on antimicrobial stewardship for scholarly project
 - Guideline was chosen for poster presentation and podcast interview at AMDA 2018 National Conference
- Capstone Scholar