
Rashidat Akinsanya, DNP, ANP-C, PMHCP-BC, RN

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Summary of Experience

Dr. Rashidat Akinsanya holds dual board certifications in Adult Nurse Practitioner and Psychiatric Mental Health Nurse Practitioner. She has over ten years of experience managing adult medicine patients and over two years of experience in managing psychiatric patients. She is versed in inpatient, outpatient, and skilled nursing settings. Dr. Akinsanya provides mental health services to clients across the life span, including medication management, psychiatric evaluations, competency evaluations, substance use disorder management, and crisis management. Dr. Akinsanya holds a Master's degree in Adult Nurse Practitioner from Johns Hopkins University, a Post Masters Psychiatric NP certification, and a Doctor of Nursing Practice degree, both from Brandman University.

Certifications

Board certified psychiatric mental health nurse practitioner – AANC (2019)

Board certified Adult nurse practitioner - American Academy of Nurse Practitioners (2012)

Registered Nurse Practitioner in the State of MD, license number R162214

Data 2000 Waiver for Buprenorphine MAT.

Highlights

- Nurse Practitioner Association of MD
- Skilled cardiac care nurse
- Lab result evaluation
- Preventative care specialist
- American Academy of Nurse Practitioners member
- Patient-centered care

Education

Brandman University 2019

Irving, CA, USA

Nursing

Doctor of Nursing Practice/ Post Masters Psychiatric NP

Johns Hopkins School of Nursing 2011

Baltimore, MD, USA

Adult Nurse Practitioner

Master of Science

University of MD School of nursing 2005

Baltimore, MD, USA

Nursing

Bachelor of Science

Prince George's community college 2003
Largo, MD, USA
Nursing
Associate of Science

Employment History

Total health care

4/2020 - present

- Provides clinical assessments; treatments; behavioral and medication management across multiple setting, nursing homes and health facilities in Maryland.
- Works in collaboration with the behavioral health consultants as a member of the interdisciplinary team.
- Provides consultation on psychopharmacology practice as appropriate.
- Responds to emergent calls from facilities and facilitates problem solving.
- Emergency petition recommendation for inpatient psychiatric hospitalization when risk to the resident or others is imminent.
- Works collaboratively with physicians, Care Coordinators, facility staff, family members, key care givers and any appropriate ancillary medical personnel as appropriate.

UnitedHealth Care

5/2017 - 12/2021

- Conducts home health assessments on Medicare advantaged members
- Provide education to members and their families about health promotion practices
- Collaborate with the members PCP at the end of each visit
- Provide care, resources, and support for elderly patients with disabilities in their homes
- Collaborate with other healthcare professionals to maximize patient's physical and mental wellbeing in their homes

Psychogeriatric Services LLC

2/2019 - 3/2020

- Provides clinical assessments; treatments; behavioral and medication management across multiple setting, nursing homes and health facilities in Maryland.
- Works in collaboration with the behavioral health consultants as a member of the interdisciplinary team.
- Provides consultation on psychopharmacology practice as appropriate.
- Responds to emergent calls from facilities and facilitates problem solving.
- Emergency petition recommendation for inpatient psychiatric hospitalization when risk to the resident or others is imminent.
- Works collaboratively with physicians, Care Coordinators, facility staff, family members, key care givers and any appropriate ancillary medical personnel as appropriate.

Axis Health care

7/2016 -5/2017

- Take histories and perform comprehensive assessments of physical and mental status
- Coordinate patient care, social work referrals, and outpatient treatment
- Perform psychiatric consults on patient in the emergency room

- Remain on call on weekends to cover hospital admissions

Total Health Care

5/2015 - 7/2016

- Conduct physical exams and perform diagnostic tests and procedures
- Help patients manage acute and chronic illnesses
- Diagnose and treat patients in adulthood
- Prescribe medications and teach health promotion and disease prevention to patients

David Harding LLC

3/2013-5/2015

- Provided care for critically ill and injured patients that need intense ongoing 24 hr. monitoring
- Provided education to patient and family members and also provided emotional support.
- Acted as the patient advocate at all times especially for patients that were on ventilators and sedated

University of MD Medical Center- Medical ICU

02/2006-12/2012

- Worked on the medical ICU
- Cared for patients on respiratory ventilators and those on sedation and cardiac drips
- Assisted the doctors with procedures such as emergent chest tube placement, emergent intubation, and central line placement at bedside.

Washington Hospital Center- Telemetry

5/04-02/2006

- Supervised and cared for patients with serious heart conditions
- Performed and interpreted EKGs
- Provided education to patients and families.
- Involved in discharge planning rounds with interdisciplinary team

Mariner Health Care of Laurel- Nursing home and Rehab facility

2/99-05/04

- Worked as a licensed practical nurse and Registered nurse
- Provided care to the elderly
- Administer meds
- Assist during meal times

Volunteer Work

American Red Cross:

- provided direct services in times of disasters, such as fires
- involved in health fairs
- helped recruit blood donors
- blood collection team

High Point High School:

- Assisted the nurse in providing health education for high school students
- Provided first aid care to students with minor sports injury.

Temple of Praise International Church: Community Health Fair

- . Health and wellness screenings e.g. vital signs, blood sugar and lipid checks etc.
- . Coordinating members of the community to different stands for bone scans
- . Educating the community of health promotion and prevention of diseases