

Wendi Helsabeck

531 Grouse Ridge Road

Max Meadows, Virginia

276-235-3645

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Interests: Interested in an exciting and rewarding position within your facility. I was a hospital nurse for years and that has been my ultimate wish is to get back into the hospital setting. It is hard in the primary setting when you realize and capable of treating something but unable due to the lack of materials and/or equipment.

License

Family Nurse Practitioner Board Certified

Number: 5011117

Expiration: 01/31/2023

DEA: Expiration: 2023

License

Obtained license since 6/2011

License to Practice as a Registered Nurse

Number: 0001231119

Multi-state Privilege

Renewal due: 01/2023

WORK EXPERIENCE

BLUE RIDGE CARDIOLOGY AND INTERNAL MEDICINE PA

06/2018-PRESENT

BUSY CARDIOLOGY AND INTERNAL MEDICINE PRACTICE WITH MULTITUDE OF DIFFERENTIAL DIAGNOSIS PATIENTS SUCH AS: COPD/ASTHMA, CHF, CAD, CKD, PSYCHIATRY, OBSTRUCTIVE SLEEP APNEA, ETC. OUR PRACTICE PERFORMS EKG'S, ECHOCARDIOGRAMS, VENOUS DUPLEX, STRESS TESTING. PATIENT LOAD CAN CONSIST OF UP TO THIRTY PATIENTS DAILY. LAB EVALUATION AND INTERPRETATION IS A MUST IN OUR ENVIRONMENT. EDUCATING AND CONSISTANT TEACHING PATIENTS TO BECOME COMPLIANT AND INVOLVED ACTIVELY IN THEIR HEALTH FOR PREVENTION OF WORSENING OF SYMPTOMS AND/OR CONDITION. BLS/ACLS CERTIFIED AND RENEWED 12/2021.

HOST HEALTHCARE TRAVEL NURSING

1/2017 – 6/2018

WORKED NUMEROUS THIRTEEN WEEK ASSIGNMENTS CONSISTING OF STEP DOWN ICU/PCU FLOORS, FLOATED TO ICU'S, EXTREMELY FAST PACED WITH MULTIPLE DIFFERENTIAL DIAGNOSES WITH PATIENTS. WORKED WITH VENTILATOR PATIENTS, NUMEROUS DRIPS, TUBES AND LINES. HAVE LARGE AMOUNT OF EXPERIENCE WITH EPIC AND HAVE HAD MEDITECH AND MEDHOST ELECTRONIC DATABASES. VERY USE TO WORKING IN A HIGH STRESS, FAST PACED ENVIRONMENTS.

WYTHE COMMUNITY HOSPITAL

7/2016 – 1/2017

MEDICAL/SURGICAL UNIT-TELEMETRY MONITORING, VERY BUSY, HIGH PACED FLOOR WITH MULTIPLE ADMISSION RATES FROM THE EMERGENCY UNIT WITH PATIENT'S WILL ALL DIFFERENT TYPES OF DISEASE PROCESSES.

WAKE FOREST BAPTIST MEDICAL CENTER, WINSTON-SALEM, NC

Registered Nurse September 08, 2015 – 7/2016

Registered Nurse August 2011 - September 2012

- Very busy cardiac floor dealing with multiply heart catheterizations daily, LVAD patient's and heart transplant patients.
- Monitor, record, and report symptoms or changes in patients' conditions.

- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Order, interpret, and evaluate diagnostic tests to identify and assess patient's condition.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Modify patient treatment plans as indicated by patients' responses and conditions.
- Prepare patients for and assist with examinations or treatments.
- Assess the needs of individuals, families, or communities, including assessment of individuals' home or work environments, to identify potential health or safety problems.
- Prepare rooms, sterile instruments, equipment, or supplies and ensure that stock of supplies is maintained.
- Observe nurses and visit patients to ensure proper nursing care.

Carilion New River Valley Hospital Christianburg, VA

Registered Nurse September 2012 - 2015

- Monitor, record, and report symptoms or changes in patients' conditions.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Order, interpret, and evaluate diagnostic tests to identify and assess patient's condition.
- Modify patient treatment plans as indicated by patients' responses and conditions.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Monitor all aspects of patient care, including diet and physical activity.
- Instruct individuals, families, or other groups on topics such as health education, disease prevention, or childbirth and develop health improvement programs.
- Observe nurses and visit patients to ensure proper nursing care.
- Direct or coordinate infection control programs, advising or consulting with specified personnel about necessary precautions.
- Monitor, record, and report symptoms or changes in patients' conditions.
- Charge Nurse position
- Preceptor for nursing students and new hires

Carilion Roanoke Memorial Hospital Roanoke, VA

Registered Nurse August 2011 - September 2012

- Monitor, record, and report symptoms or changes in patients' conditions.
- Maintain accurate, detailed reports and records.
- Record patients' medical information and vital signs.
- Order, interpret, and evaluate diagnostic tests to identify and assess patient's condition.
- Direct or supervise less-skilled nursing or healthcare personnel or supervise a particular unit.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.
- Modify patient treatment plans as indicated by patients' responses and conditions.
- Prepare patients for and assist with examinations or treatments.
- Assess the needs of individuals, families, or communities, including assessment of individuals' home or work environments, to identify potential health or safety problems.
- Prepare rooms, sterile instruments, equipment, or supplies and ensure that stock of supplies is maintained.
- Observe nurses and visit patients to ensure proper nursing care.

Poor Boys Rodeo Gear and Farm Corp Galax, VA

Owner/Operator January 2001 - Present

- Selling retail products at rodeo's Buying, Selling, and treating livestock Managing employees

EDUCATION-

CHAMBERLAIN COLLEGE OF NURSING FNP MASTERS PROGRAM

- GRADUATED 2018
GRADUATED WITH A GPA 3.6

Chamberlain College of Nursing Downers Grove, IL BSN Degree

- Graduated with a 3.4 GPA
- Learned how to critic web sites
Obtained a broad knowledge expanding on what was learned in the associate program
- Learned about more leadership roles in nursing

Wytheville Community College Wytheville, VA

Associate Degree Nursing, May 2011

- Provided total new education concerning the field of nursing
- Assessment skills obtained
- Critical Thinking skills
- Developed education on Psychiatric, OB, Med-Surgical rotations
- Learned how to calculate Drugs

North Forsyth High School Winston-Salem, NC

High School Diploma, Jun 1990

College Prep courses 3.5 GPA maintained

References:

Katlyn Farley- Wythe County Animal Clinic (276)235-3064

Haley Shinault- Wytheville Community Hospital (540)632-3938

Elaine Strickland- Blue Ridge Cardiology and Internal Medicine. (336)719-2440,
(743)900-6144

Dr. Thomas Vybiral Blue Ridge Cardiology and Internal Medicine. (336) 719-2440

Additional Skills

ACLS/BLS certified, attended cardiac and stroke conferences. Educating and teaching patient's regarding how to improve their health conditions via dietary, exercise and proper medication management. Currently helping with educating and guiding new grad nurse practitioner in treatment, orders, lab evaluation concerns. Very good in stressful situations and taking charge of treatment options. I have a lot of hospital skills that was able to bring into primary practice.